

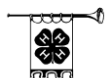


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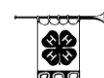
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## 4-H News



SEPTEMBER 2012

### Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications  
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings  
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

### New County 4-H Membership Guide

<http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf>

### Welcome to the 2012-13 Texas 4-H Year!

It is that time of year for your 4-H enrollment to go inactive and to start re-enrolling for the 2012-13 Texas 4-H year. The 2011-12 year has come to an end and a special thanks goes out to all the 4-H members, volunteers, parents, county Extension Agents, and county support staff that helped make it a great year. It was truly a year for many firsts in our 4-H and youth development program, from participation fees, to Texas 4-H Roundup in Lubbock, to horse validation being on-line. Regardless of the changes, we all continued to make 4-H in Texas the largest and best 4-H program in the country.

As we kick-off the 2012-13 4-H year, a couple of significant changes will be happening to 4-H on the management side. While many of these changes will not directly affect the youth members of our program, the changes will impact every club structure, and our adult volunteers. Here are some of the highlights of the 2012-13 4-H year changes:

- **Club Chartering.** Because of oversight changes at the national level for 4-H and Youth Development, each state has moved forward with a strategy to ensure oversight of their 4-H clubs. Therefore, starting on September 1, 2012, all 4-H Clubs in Texas are now subordinates of Texas 4-H, Inc. This new entity provides a federal IRS tax-exempt status for fully chartered and recognized clubs. Due to Texas 4-H, Inc, all club managers will

need to work closely with their County Extension Agents to ensure all requirements for chartering have been met and submitted by **October 31, 2012**. Because of the new standards, all 4-H clubs for the 2012-2013 year must be fully chartered and recognized as an active club by October 31, 2012. Additional information will be provided to all county Extension Agents in September at district trainings concerning the new chartering process and requirements.

- **Child Protection Training.** Many of us have seen the news of unfortunate situations in which young people have been taken advantage of. In Texas, the last legislative session resulted in Senate Bill 1414 being passed and signed into law, requiring adults who work with youth in camp or over-night program settings to be trained on how to identify and properly report such incidents. As the largest youth development program in Texas, 4-H is committed to ensuring the proper training of our volunteers so we can continue a safe and healthy environment for our youth members. In the coming months, County Extension Agents will be working with adult volunteers in assessing their need to be trained through the Child Protection Program. The training can be completed on-line through 4-H CONNECT and takes approximately 30 to 45 minutes to complete.

- **Texas AgriLife Extension Service changing to Texas A&M AgriLife Extension Service.** We are the same great agency, just with a new name! During the August Texas A&M System Board of Regents meeting, the regents voted to include "A&M" in the names of those agencies under the Texas A&M System. Effective September 1, 2012 you will see this change occurring.

We look forward to continuing the growth and success of our 4-H program in Texas. While the new changes in management and training will affect some of us, it continues to allow the Texas 4-H and Youth Development Program to have some of the most positive, well-trained volunteers working with our youth across this state. Thanks to all our 4-H

members and volunteers for their service and involvement in the largest youth program in Texas!

### **Rick Baxter Receives Silver Clover Award**

Texas AgriLife Extension Service District 7's annual Silver Clover Recognition Banquet celebrated its 45th year Aug. 1 at the Zentner's Daughter Steak House in San Angelo. The banquet is sponsored by the rural electric cooperatives serving the 23 counties in AgriLife Extension's District 7 in West Central Texas.

Each county selects nominees who are then chosen by a committee comprised of area electric cooperative personnel and AgriLife Extension officials. Rick Baxter, the Shooting Sports program leader was Lampasas County's recipient. He received a Silver Clover pin.

This year's event recognized 28 individuals who are instrumental to the success of AgriLife Extension's West Central District 4-H youth program. Top volunteers are the backbone of all successful 4-H programs. They put in countless hours of work helping 4-H members become successful

### **QUALITY COUNTS**

Quality Counts Verification will be a part of the process for entry in all 2012-2013 major shows. This year at the Heart O' Texas Livestock Show, we will be following along with other Major Livestock Shows across Texas and supporting the Quality Counts Program. Along with the State Fair of Texas, this fall we will be requiring the Quality Counts Verification Number to be included on the entry forms in order for the exhibitors to show at any of our Junior, Jackpot and Scramble Shows.

This means youth exhibitors will need to demonstrate their knowledge of the Six Pillars of Character and the Eight Core Concepts presented in the Quality Counts Curriculum. **To do this, they will need to pass an online test on the website ( <http://qualitycounts.tamu.edu/> ) and acquire a Quality Counts Verification number.** A Verification number is obtained by answering 80% of the questions correctly on an online test. You will need it when entering majors. If you lose it then you will have to take the test again and get a new number. You will not be allowed to enter without it.

***ALL Livestock, Poultry, & Rabbit exhibitors for the County Show- MUST have taken "Quality Counts" certification test. If a student is not "Quality Counts" certified, they will not show!***

### **Broiler Orders for County Stock Show**

Ideal Hatchery will again supply our County Broilers. The cost per bird (straight run hatch), delivered on November 14 will be \$1.57 each. This will include vaccination, de beaking, and wing banding. All validation forms, family memberships, & entries due by October 1 along with payment for the chicks. Order forms are available at the Extension office or on the county website. You must use this form to place your order! **If you don't order AND pay for your chicks by October 1, you will not be allowed to show broilers at county!!!** Order forms and payments need to be turned in at the Extension office.

### **Junior Leadership Retreat 2012**

The Texas 4-H Conference Center will be hosting the Texas 4-H Junior Leadership Retreat November 9-11, 2012 at Lake Brownwood. The program will focus on leadership, team building, new 4-H projects, community service and much more.

The goal of the retreat is to empower youth with skills they need to become leaders in their community clubs and county programs. Texas 4-H State Council members will provide leadership for this program and mentor the younger 4-H members. Council members will conduct five concurrent workshops to introduce and strengthen your knowledge and skills in the 4-H program. It is a weekend retreat for learning, sharing and fun.

The retreat is open to junior and intermediate age 4-H members. Participants must be under 14 years of age. Youth registration is \$105 and \$70 for adult chaperones. For registration information visit: [texas4hcenter.tamu.edu](http://texas4hcenter.tamu.edu)

### **Leaders 4 Life**

The goals of the program are to:

- increase the leadership skills of youth to equip them for future leadership opportunities in adulthood by:
  - ✓ providing counties with a toolbox of resources to effectively train youth in leadership, parliamentary procedure and service learning
  - ✓ develop a state leadership contest for County teams to demonstrate their skills
  - ✓ recruit adult volunteers to serve as Leaders 4 Life Project Leaders and equip them to be effective teachers in leadership, parliamentary
- procedure and service learning

The Leaders 4 Life Program is being implemented for the County 4-H Council and any other 4-H member. A second target audience is to identify, recruit and train adult volunteers to serve as a Leaders 4 Life Project Leader. Counties could involve these volunteers as the County 4-H Council advisors, while others may choose to just refer to them as Leadership Project Leaders. Are you interested in being a project



leader? The training that counties will be providing the County 4-H Council would also be excellent training for 4-H Club Managers. As the program grows, it will be important for 4-H Club Managers to be effective in teaching these leadership, parliamentary procedure and service learning skills to their 4-H Club Officers. Another goal is for counties to send teams to District Leaders 4 Life Skill-A-Thon contest where teams compete against each other. Each District will now be able to send 3 qualifying teams to State 4-H Round-up. Here is the link to the Leaders 4 Life webpage:  
[http://texas4-h.tamu.edu/project\\_leadership/leaders](http://texas4-h.tamu.edu/project_leadership/leaders)

The county extension staff and volunteer project leaders will work with teams to prepare them for district competition. Let's work together to allow Lampasas County to have representation for this project. Training dates will be set.

**Heart of Texas Stock Show (Waco)**  
Entries are due in the Extension office no later than September 11. For more info visit:  
<http://www.hotfair.com/>

**Livestock Judging**  
Practices and contests will start soon so if you're interested in learning how to evaluate livestock, let Heath know asap! The district contest will be in San Angelo on December 7 but we will go to as many contests this fall as possible.

**District 7 4-H Community Service Project**  
The 2012-2013 Community Service Project for our 4-H district will be to collect funds to provide gift baskets for families who have a child with pediatric cancer and are staying at Trent's Retreat. Be thinking of a way to raise the funds. Each county in the district is being asked to raise money which will purchase as many of the \$50 gift baskets as possible. Funds are due to the District 7 office by Spring of 2013.

**Awards Ceremony  
and Pool Party on Aug. 19**



4-H award winners – Zac Dishman Rookie Award and Sydney Dishman Silver Star Award



2012 Friend of 4-H Award given to Commissioner Jack Cox



Lane Cardenas, Jemma Carroll, Taylor Loeffler, Emily Lusty, LeAnn Parker



Casey Gautier, Elizabeth Allen, Sydney Dishman, Hannah Kirk, Alissa Erwin, and Taylor Loeffler



### **4-H Food Show & Food Challenge**

Announced in last month's newsletter were some changes in the 4-H **Food Show**. The categories aligned with MyPlate are: Protein, Fruit & Vegetable, Grains, and Dairy. A theme has been selected for this 2012-2013 4-H Food Show, which is **HEALTHY HOLIDAYS**. When selecting recipes, 4-H members should choose one that coincides with the current year's theme. Please note that a new theme will be selected for each year.

This year's County Food Show will be **Saturday, November 3<sup>rd</sup>** in the Lampasas County Conference Room from 1-4 p.m. The District food show will follow on November 17 in Abilene with county entries due to district by November 7<sup>th</sup>.

Lampasas 4-H is looking for members to be a part of 4-H - **Food Challenge** which is similar to TV's Iron Chef. The 4-H Food Challenge is a contest that allows 4-H members to demonstrate their culinary knowledge and skills. From a set of predetermined ingredients provided, teams of 3 to 5 4-H members must develop a recipe and prepare the dish within 40 minutes. Teams then make a presentation to a judging panel, explaining the preparation steps, serving size, food safety concerns, nutrition value and cost of the dish.

We're also hoping to begin Food and Nutrition Teams of 3-4 to compete in the District **Nutrition Quiz Bowl**. A Quiz Bowl helps 4-H members enhance and demonstrate their knowledge and skills in a competitive setting. Two teams compete against each other at one time, answering questions related to the subject matter with the use of an electronic buzzer system. [http://fcs.tamu.edu/food\\_and\\_nutrition/4-h\\_youth.php](http://fcs.tamu.edu/food_and_nutrition/4-h_youth.php)

For those that register ahead of time Karen DeZarn will hold practices every Thursday from 4-5 through October. She will pick up from Lampasas schools if need be.

### **2012 National 4-H Week**

National 4-H Week will be October 7th through the 13th, 2012. The Texas 4-H and Youth Development Program will be releasing the 4-H Week Kit to help County Extension Offices, 4-H members, and volunteers design a National 4-H Week plan that works for them will be ready for distribution by Sept.1.

### **PET APPRECIATION DAY Aug. 18**



Cory Menard, Becca , Zac and Sydney Dishman



Cory and Taylorann Menard

## **Fall District 4-H Meeting Aug. 18**



Back row: Elizabeth Allen, Emily Lusty, Matthew Kepner  
Front row: Andrew Allen, Rowan Pratt, Fern Pratt, Sarah Lusty, LeAnn Parker and Angela Beisel

## **Changes to the Rabbit division for the 2013 County Show**

I'm happy to announce that big changes were approved by the board for the 2013 rabbit division at the County Stock Show! Please review the attached rules and contact me or Rod Freeman if you have any questions.

Highlights are:

- *Format changed to 4-class/6-class system. This should be a familiar format to those of you that show rabbits anywhere else.*
- *Breeds greatly expanded! You now have the option to choose from over 40 different breeds instead of the 3 we had in the past.*
- *Added sale slots! All first place rabbits will qualify for the premium sale for a total of 12. In addition, showmanship winners will sell!*

Be sure to thank your Board of Directors for approving these changes. I sincerely believe they will make the rabbit project and show more fun and interesting but most importantly be more appealing to kids who don't show which will help the rabbit project grow! *SEE RULES AT END OF NEWSLETTER.*

If you are interested in participating in the Rabbit Project for the upcoming year, contact Rob Freeman at 254-535-9583.

## **4-H Years of Participation Pins**

Participation pins were distributed at the Awards Ceremony and Swim Party. So, if you were unable to attend and would like your pin, come by the Extension office to pick yours up.

## **State 4-H Newsletter**

[http://texas4h-tamu-edu.wpengine.netdna-cdn.com/files/2012/08/TX4H\\_Standard\\_August\\_2012.pdf](http://texas4h-tamu-edu.wpengine.netdna-cdn.com/files/2012/08/TX4H_Standard_August_2012.pdf)

## **4-H on the Internet**

Lampasas County 4-H is readily available on the internet. Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.  
<http://texas4-h.tamu.edu/> Texas 4-H website.  
<http://d74-h.tamu.edu/> District 7 website contains information on District events.  
<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.  
<http://4-h.org/> National 4-H site including the 4-H mall.  
<http://www.national4-hheadquarters.gov/> National 4-H site.  
Clothing & Textiles Packet (will be updated for 2012)  
<http://fcs.tamu.edu/clothing/4h/packet/index.php>  
Share the Fun Information  
[http://texas4-h.tamu.edu/library/files/youth\\_roundup\\_resources\\_share.pdf](http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf)  
District 7 4-H Events  
<http://d74-h.tamu.edu/>  
4-H Record Books  
<http://www.4hreports.com>  
4-H Shooting Sports  
<http://texas4-h.tamu.edu/shootingsports/index>  
4-H Round-Up  
<http://texas4-h.tamu.edu/youth/roundup/index.php>  
Leaders 4 Life  
<http://texas4-h.tamu.edu/projects/leaders4life/index.php>

## **FACEBOOK**

Check out Lampasas 4-H on Facebook. Become a friend!

[http://www.facebook.com/home.php?sk=group\\_199928750048104](http://www.facebook.com/home.php?sk=group_199928750048104)

## 4-H Club Meetings\*

### OAKALLA/KEMPNER 4-H

The next meeting will be on Monday, September 10 at 6:00 p.m. at the Oakalla Community Center.

Leaders: Robin Allen at 713-530-6545 & Steffani Seaver at 254-238-2532.

### TAYLOR CREEK 4-H CLUBM

Next meeting is 5:00 p.m. September 11 at the Taylor Creek Elementary School Cafeteria. Leader: Alicia Menard at 254-449-2007.

### SULPHUR CREEK 4-H

Next meeting will be Tuesday, Sept. 18 at 5:30 p.m. in the County Annex conference room.

Contact: Becca Dishman [becs@sbcglobal.net](mailto:becs@sbcglobal.net) or 512-556-3763 or Many Gautier 713-504-5223 for additional information.

### (NEW) Lampasas 4-H Club (including Clover Kids for K-2)

First meeting will be Tuesday, Sept. 19 at 5:00 p.m. at the Lampasas Boys & Girls Club (do not need to be a member of Boys & Girls to be member of 4-H club). Leaders: Karen DeZarn and Karen Longoria at 512-556-8271.

### (NEW) Swine Club

First meeting will be Tuesday, September 4 at 5:30 p.m. in the Lampasas County Youth Livestock Association (LCYLA) Showbarn. Leaders: Judy Kennedy 512-734-0180 and Heath Lusty 817-584-6628.

Sincerely,

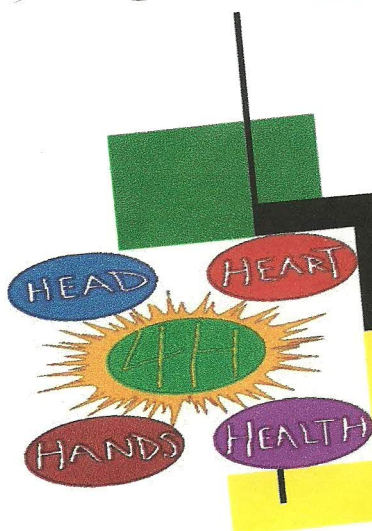


Heath Lusty  
CEA – AG/NR



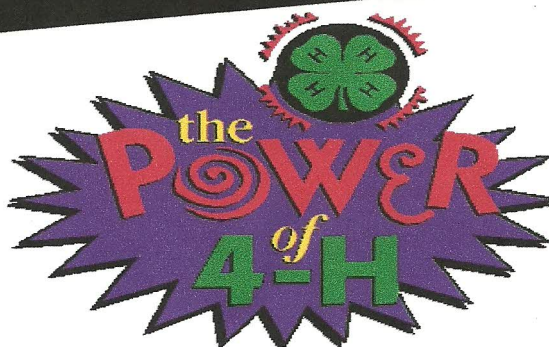
Karen DeZarn  
CEA – FCS





## JOIN 4-H OR CLOVER KIDS 2012-2013

The 1st meeting is  
on Tuesday,  
09-18-2011,  
at the Boys and  
Girls Club at 5PM.



## WHAT IS 4-H?

### What is 4-H?

4-H is a National Club that was organized by the Cooperative Extension. It is carried out as a "cooperative" effort by the United States Department of Agriculture, the local land grant institution in each state (Texas A&M in Texas) and County Governments.

The 4-H Club is the largest youth organization in the world. 4-H is an educational program designed especially for youth. The primary purpose of 4-H is youth development. It is a supplement to training received at home, church and school. Boys and girls age 9 to 19 can become 4-H members, and Boys and Girls from Kindergarten to 2nd grade can become Clover Kid members. The local 4-H Club is organized under the guidance of County Extension Agents. The theory of 4-H education is to "learn by doing." 4-H'ers can enroll

in a wide variety of projects, activities, camps and events.

Today, 4-H'ers may select one of more than 50 projects to explore and share. One opportunity to share what you know is Project Achievement. During Project Achievement, 4-H'ers present demonstrations or illustrated talks about their subject. It's not all work, though, 4-H'ers competing have lots of fun and are honored with ribbons and other awards for their work.

4-H'ers are also encouraged to participate in Judging Events. 4-H'ers will judge everything from clothes to cows and they don't have to know anything about the topic to begin with. The 4-H leader will offer information and practice sessions. In a judging contest, 4-H'ers put their knowledge to the test

by comparing and grading similar items.

Lots of 4-H'ers still raise animals and show livestock and horses in state and area shows and events. Whether a meat goat, heifer or market hog, 4-H'ers may be judged on how well they show the animal or on the animal they own. 4-H'ers who do not own animals may also enter several local and state fairs with everything from mini-booths to creative painted pumpkins.

4-H'ers learn by doing. Emphasis in 4-H is placed on learning practical life skills, learning to better make intelligent decisions, improving skills in communication, and increasing leadership and citizenship capabilities. 4-H strives to make the best ever better.



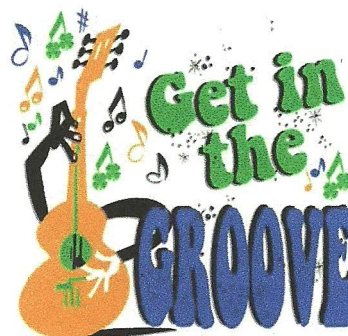
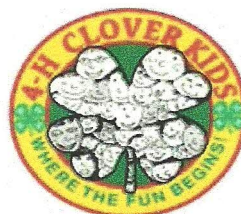
### REMEMBER:

- ✓ September 1 - October 31st - reduced enrollment (20.00 for 4-H no charge for Clover Kids)
- ✓ All First meetings will be in September, with dates to be announced.

## NEW THIS YEAR

This year we are happy to announce that we will have a Clover Kids Club. This club will be for kids that are in Kindergarten through the 2nd grade. The club will meet the third Tuesday of the month for about an hour to an hour and a half each time.

There will be lots of interesting activities. Definitely worth attending!! Meetings will be held at the Lampasas Boys and Girls Club. You DO NOT have to be a B&G Club member to attend these 4-H or Clover Kids Meetings.





## **One day can make a difference. One day 4-H is going to change Texas.**

This October 13th, all over our state, 4-H clubs will once again be going out into their communities to lend a helping hand in exciting new ways. What will you do? Choose something as simple as mowing a local neighbor's lawn, or organize hundreds of your 4-H friends and design a project that benefits your entire county. Whether you work by yourself or with other community groups—it's all good! Sponsors and donors, we need your help! Get behind this unprecedented opportunity for outreach and help us show Texas, our country, and the world why 4-H IS the future! Be creative—the sky's the limit! Let's join together and show everyone the power of 4-H—one day! Information for organizing your communities one day 4-H event are available on-line now at the Texas 4-H and Youth Development Site. As more ideas are shared and more information is developed it will be available on the site, so check back on regular basis.

### **What will you do, *one day*?**

The One Day 4-H Community Service event for the Lampasas County 4-H program will be supporting the Save Our Senior Center Food Drive for the Lometa senior center. The Lometa Senior Center has lost funding for meals, however the City of Lometa and Lampasas County will keep the doors open, but they need our help to fill their pantry. We will be collecting canned goods and nonperishable food items at the Extension office. Please have all your items turned in by Friday, September 28. Heath and Karen will coordinate the delivery with the help of 4-H officers. Use your HEADS to come up with creative ideas to collect food. Let's use our HANDS to show our HEARTS for the HEALTH of our senior citizens, showing our community that 4-H is here to help when needed.



|  |  |  |  |  |         |
|--|--|--|--|--|---------|
| Lampasas County Youth Livestock Association              |  |  |  |  |         |
| 2013 Couty Stock Show                                    |  |  |  |  |         |
| Chicken Order Form                                       |  |  |  |  |         |
|  |  |  |  |  |         |
|  |  |  |  |  |         |
|  |  |  |  |  |         |
| Number of chickens to order                              |  |  |  |  | _____   |
| 1.57 each - must order a minimum of 15                   |  |  |  |  |         |
| Total amount due   |  |  |  |  | _____   |
|  |  |  |  |  |         |
| LCYLA Family Dues  |  |  |  |  | \$20.00 |
|  |  |  |  |  |         |
| Entry Fee per pen 20.00                                  |  |  |  |  | _____   |
| *Can show two pens                                       |  |  |  |  |         |
|  |  |  |  |  |         |
| Total Amount Owed  |  |  |  |  | _____   |
|  |  |  |  |  |         |
| *****  |  |  |  |  |         |
| Please make checks to LCYLA. All orders and full payment |  |  |  |  |         |
| must be turned into your county agent or ag teacher by   |  |  |  |  |         |
| October 1, 2012 - No Exceptions.                         |  |  |  |  |         |
|  |  |  |  |  |         |
| *****  |  |  |  |  |         |

September 2012  
4-H Calendar

| SUNDAY |  | MONDAY |   | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |   | SATURDAY |   |
|--------|--|--------|---|---------|--|-----------|--|----------|--|--------|---|----------|---|
| 2      |  | 3      | HOLIDAY   | 4       | * <i>Swine Club</i> meeting 5:30 p.m. showbarn   | 5         |  | 6        |  | 7      |   | 8        |   |
| 9      |  | 10     | * <i>Oakalla/Kempner 4-H</i> @ 6:00 p.m. Oakalla/Kempner community center | 11      | * <i>Taylor Creek Club</i> * meeting 5:00 p.m. in school cafeteria.<br>* Deadline for Heart of Texas Stock show entries.   | 12        |  | 13       |  | 14     |   | 15       |   |
| 16     |  | 17     |   | 18      | * <i>Sulphur Creek 4-H</i> @ 5:30 p.m. County Annex conf. rm.<br><i>Lampasas 4-H @ B&amp;G Club</i> @ 5:00 p.m.<br>* <i>Clover Kids @ B&amp;G Club</i> @ 5:00 p.m. | 19        |  | 20       |  | 21     |   | 22       | Paper Clover Drive  |
| 23     |  | 24     |   | 25      | <i>4-H Council Mtg</i> @ 5:30 pm County Annex conf. rm   | 26        |  | 27       |  | 28     | Turn in non-perishable food items for Lometa Senior Center. | 29       | Paper Clover Drive<br>* Photography project meeting at 10 a.m. in the county annex conference |
| 30     |  | 31     |   |         |  |           |  |          |  |        |   |          |   |