



Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550 (512) 556-8271, x140 E-mail: <u>lampasas-tx@tamu.edu</u> Home Page: <u>http://lampasas-tx.tamu.edu</u>







APRIL 2013

Learn More About 4-H

http://texas4-h.tamu.edu/ Use this link to learn All about state 4-H programs find publications (project guides, record keeping information, etc.) http://d74-h@tamu.edu Use this link to learn about District 7 4-H happenings (district contests, etc.) http://texas4h-ctr.tamu.edu/

Lampasas 4-H Shooting Sports to Begin

Emails will be sent announcing future meetings and shooting practice as soon as they are determined. Anyone else wanting to participate in this project contact Casey Garret at 972-838-5777 or **cg2929@yahoo.com** or more information.

Relay for Life

The second 4-H team for Relay for Life is ready for you to join. The relay is scheduled for May 3. The team name is *Clover for a Cure*. The team captain is Becca Dishman. If you would like to join, go to relayforlife.org, put in 76550 zip code and go to the Lampasas RFL page. If you've been a participant before, login first and then join the Clovers for a Cure team! Fill in the rest and you are set to go. Let Becca Dishman know if you have any questions! Let's beat last year's total of \$2600!!

Bloomin' Fest

Please help at the festival, April 6. There may be a 4-H/Extension booth at the festival. Call the office and volunteer for a shift at the booth. Shift times will be 9-11, 11-1:00, and 1:00- 3:00. There is also a need for *bake sale* items bring to office on Friday or to the booth on Saturday. RSVP/ASAP or no booth will be set up.

Leadership Lab

Check attachment for information regarding the 2013 District 7 Leadership Lab in New Mexico, June 25 - 28. Lab is for ages 13 - 19.

ANIMAL TAGS & VALIDATIONS

Steer Tag Orders – Due by April 12

State Fair Sheep, Goat, Pig Tag Orders – Due by April 19

State Fair Swine tag orders are due to my office no later than April 30. Tags will cost \$10 each and pigs will be validated in June. Please call Heath if you have any questions.

Lampasas 4-H Club

will be baking dog treats on Friday April 5th 2013 at 4PM in the County Building Conference Room. These will be given to the Lampasas Animal Shelter at the meeting at the Boys and Girls Club on April 9th 2013 at 5PM. Please join us! What a wonderful community service project to add to your record books!

For more information call 512-556-8271 Ext 140-----EVERYONE IS INVITED-----

Juniors and Intermediates Fashion Show/Clothing Project

County Deadline is Mid June

Work dates are scheduled upon request with Karen.

- Fashion Show Construction
 - Categories
 - Dressy
 - Single Garment
 - Specialty
 - Sportswear/Casual
- Fashion Show Buying
 - Categories
 - A: Pant Type i.e. Pants, shorts, capris, swimsuits, pajamas
 - B: Dress Type i.e. Dresses, skirts,
- night gowns ➤ Embellished Apparel

 - TopsBottoms
- Jewelry Making Necklace/Earring Set is the only category
- Non Apparel Sewing
 - Pillows

- Quilts or Throws
- Tote Bags
- Small Electronic Device Cover
- Aprons
- Other (of your choice)

Fashion Storyboard – The theme this year is Be True to Who You Are As Dr. Seuss says, "Why fit in when you were born to Standout!" Who cares what anyone

else thinks. Go with your emotion. Show your passion! Sow the you that is you in your original fashion.

Categories

- Wearable
- Accessory
- Jewelry
- Non-Wearable
- Pet Clothing

Record Keeping and Record Books



Recordkeeping is a very valuable skill taught to members of the Texas 4-H program. Members are encouraged to keep project records and have these records reviewed annually by submitting a Texas 4-H Record book. The primary purposes of completing a record book are for a young person to develop the skills necessary to set goals, work toward achieving those goals, reflect on his/her experiences, and set new and higher goals for themselves. A secondary benefit is to prepare young people for the process of completing quality academic scholarship applications.

Record book forms can be found at <u>http://texas4-</u> <u>h.tamu.edu/youth_recordbooks</u> and the Family Guide to the Texas 4-H Record book can be picked up at the extension office or found at <u>http://texas4-</u> <u>h.tamu.edu/files/2012/04/rb_family_guide.pdf</u>

A record book must be turned in to receive awards such as Rookie, Silver Star & Gold Star Awards. The County Record book deadline is July 1 to be turned in to the Extension Office.

<u>Photography</u> County Contest Results

All photos advanced to district. Category – People 1st. Monica Garza Category – Animals/Wildlife 1st Monica Garza 2nd Luke Kepner Category – Animals/Domestic 1st Luke Kepner 2nd Monica Garza Category – Marine/Aquatic 1st Monica Garza Category – Elements of Design 1st Monica Garza Category – Nature & Landscape 1st Sydney Dishman 2nd Monica Garza 3rd Zak Dishman Category – Plant/Flora 1st Monica Garza 2nd Luke Kepner

Category – Storyboard 1st Monica Garza 2nd Luke Kepner Category – Details & Macro 1st Luke Kepner 2nd Monica Garza Category – Digital Darkroom **Champion Luke Kepner** 2nd Monica Garza Category – Theme 1st Monica Garza Category – Night Photography 1st Monica Garza 2nd Luke Kepner Category – Food **Reserve Champion Monica Garza Category – Dominant Color** 1st Monica Garza Category – Catch All ^t Monica Garza 2nd Luke Kepner

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

4-H on the Internet

Lampasas County 4-H is readily available on the internet. Below are links to many sites you may find useful.

http://lampasas.agrilife.org/ Lampasas County Extension website. http://texas4-h.tamu.edu/ Texas 4-H website. http://d74-h.tamu.edu/ District 7 website contains information on District events. https://texas.4honline.com/ State 4-H registration page, 4-H Connect. http://4-h.org/ National 4-H site including the 4-H mall. http://www.national4-hheadquarters.gov/ National 4-H site. Clothing & Textiles Packet (will be updated for 2012) http://fcs.tamu.edu/clothing/4h/packet/index.php Share the Fun Information http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf District 7 4-H Events http://d74-h.tamu.edu/ 4-H Record Books http://www.4hreports.com 4-H Shooting Sports http://texas4-h.tamu.edu/shootingsports/index 4-H Round-Up http://texas4-h.tamu.edu/youth/roundup/index.php Leaders 4 Life http://texas4-h.tamu.edu/projects/leaders4life/index.php

FACEBOOKCheck out Lampasas 4-H on Facebook. Become a friend! http://www.facebook.com/groups/199928750048104

County 4-H Membership Guide

http://lampasas-agrilife-org.wpengine.netdnacdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf

Update your 4-H New Membersguide by downloading it from the Lampasas **Extension websit.**

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting will be on the 2^{nd} Monday (April 8) of the month at 7:00 p.m. at the Oakalla Community Center. Leaders: Robin Allen at 713-530-6545 & Lisa Kepner at 512-489-2275.

SULPHUR CREEK 4-H

Meetings are held the 3rd Tuesday (April 16) of every month at 5:30 - 6:30 p.m. at the County Annex conference room.

Contact: Becca Dishman becs@sbcglobal.net or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

Lampasas 4-H Club

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Meetings are held the 2nd Tuesday of every month (April 9) at 5:00 at the Lampasas Boy & Girls Club. Leaders: Karen DeZarn and Karen Longoria at 512-556-8271.

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Swine Club

No meeting in April. Leaders: Judy Kennedy 512-734-0180 and Heath Lusty 817-584-6628.

Sincerely,

11-58 Karen Dezann

Heath Lusty CEA - AG/NR

Karen DeZarn CEA – FCS

2013 Texas 4-H Volunteer Conference July 12-14, Plano, Texas

Featuring more than 40 educational workshops for Club Managers, Project Leaders, and Parents wanting to learn more about 4-H and project work. Event features include Friday afternoon preconference on 4-H club management and how to conduct effective meetings. Friday night opening session features a keynote speaker that will make any volunteer feel like a movie star!

Conference registration is **\$150.00** per person, additional **\$30.00** for preconference session. Register on 4-H CONNECT from **April 15th** to **June 30th**.

For more information: http://texas4-h.tamu.edu/volunteer_conference





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District 7 Leadership Lab

Sacramento Assembly Sacramento, New Mexico June 25-28, 2013

District 7 Leadership Lab is held in New Mexico ONLY every 4 years! This is a rare opportunity for 4-H members to develop leadership skills while enjoying the beauty of the New Mexico Mountains. This event is designed for delegates to bring back to the county skills they have learned in order to train others.

Leadership Lab participants will attend workshops that are fun and interactive and everyone will have the opportunity to participate in the Sacramento Assembly Challenge Course!

We will be electing 8 officer positions for the 2013-14 District 7 4-H Council. Eligible 4-H members interested in running for District Council must fill out and submit an application by June 3. If you are interested please talk to your County Extension Agent.

Texas A&M AgriLife Extension Lampasas County 512-556-8271 Ext. 140

FEES & REGISTRATION The cost of Leadership Lab is \$300

This includes transportation, limited insurance, meals, lodging, activity fees, T-shirt and more! Register on 4-H Connect! <u>https://texas.4honline.com/</u> **Registration open from May 15—June 3.** Spots are limited! Get your registration in ASAP! There will be NO REFUNDS after registration has been made on 4-H Connect. Late Registration: June 4-6 for an additional \$20

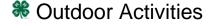


District 7 4-H Leadership Lab

Sacramento Assembly, Sacramento, New Mexico June 25 - 28, 2013

Join us as we take the "Journey" to the 2013 District 7 Leadership Lab in Sacramento, New Mexico! The event will be held June 25-28, 2013. Come and join other 4-Her's from District 7 and enjoy of fun as we work together to build leadership skills and character necessary for success! There will be three outstanding and innovative sessions that will help build your leadership and teamwork skills while having a blast! They include:

- Challenge Course Activities
- Leaders 4 Life Program



District 4-H Council Officer Elections and Business Meeting...

4-H members who are eligible according to their District by-laws can run for a District Office on their District Council. We are looking for a strong group of candidates to run and lead District 7 for the 2013-2014 year! If you are interested in running for an office or learning how you can pursue this in the future, talk with you County Extension Agent before it is too late. Applications for District 7 are due June 3, 2013.





The Dances...

Yes, as always, there will be dances! Come prepared to move around the dance and look for some other fun evening activities as well!



Registration...

Registration will be conducted via the 4-H Connect May 15 – June 3. Late registration will be June 4-6. If you have not set up a profile on 4-H Connect, **do so NOW** so that the county can verify and certify you as a 4-H member on the system. This must be done **before** you can actually register for the event! The 4-H connect website is: <u>https://texas.4honline.com/</u>



The Cost...

The cost of Leadership Lab will be \$300. This fee includes 8 meals, 3 nights lodging, limited insurance, a T-shirt, and

more! However, if you wait too long, the registration fee goes up! Late registration will open on June 4-6 for an additional late fee of \$20.00.

What to Bring

- Sack lunch for trip
- Sheets, blankets/ sleeping bag
- Pillow
- Towels, wash cloths, personal toiletries
- Shoes for outdoor activities/free time
- Clothes for 4 days and 3 nights
- Jacket (New Mexico weather is cool!)
- Sun Screen, Lip Balm, Flashlight

What NOT to Bring

- S Cell Phone (no phone service in mountains)
- S Radios/iPods/iPads, etc.
- OCD's
- Video Games
- Solution Roping Dummies
- Sireworks
- S Water Balloons, Water Guns, Silly String, etc.
- S Expensive Jewelry
- S Excessive snacks or drinks

What NOT to Wear

- "Daisy Duke" shorts
- S Halter tops
- Spaghetti strap tops (straps must be at least 3" wide)
- Shirts that show the mid-riff
- Clothing or caps that advertise alcohol/tobacco products or obscene material

For more information, contact your local county Extension agent:

Karen DeZarn or Heath Lusty 512-556-8271 Ext 140

kjdezarn@ag.tamu.edu rhlusty@ag.tamu.edu