

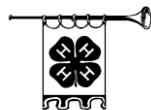


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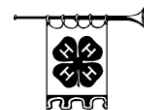
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4-H News



DECEMBER 2013

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>



Lometa Stock Show

Will be held December 21 at the Lometa ISD ag barn. For more info call Lometa AST Brad Barnett at 512-734-3587.



Carol of Lights

Karen is requesting help for the 4-H fundraiser. 4-H will sell glow lights during the Christmas parade, which is part of the Carol of Lights festival. Middle and high school age 4-Hers (elementary age with parents) interested in helping contact the office. We will meet at 4pm on Saturday December 7th at the extension office. Call Karen DeZarn if you have questions.



County Wide

4-H Christmas Party - Update

All Lampasas 4-H members are invited to the 2013 4-H Christmas Party on Dec 16 from 4:30-6:30 at the Lampasas Old Middle School Cafeteria located at Main and Ave. A in Lampasas. (You can park behind to the Boys and Girls Club on Western Ave.)

There will be games and community service and PIZZA!! Please bring a warm pair of socks and fruit to put in the gift bags, other toiletries or goodies are OK, too. Forty bags will be filled and delivered following the meeting/party to the elderly residents at Pecan Creek Apartments. We would like boys to bring snacks and girls bring desserts.



RABBIT WORKSHOPS

Howdy 4-Hers! We will be having rabbit workshops starting in September, twice a month on Saturday mornings from 10 to 11:30. The dates of the workshops and what we will be working on at each workshop are listed below. If you have questions or would like to sign up contact Elizabeth Allen at sweetesue@gmail.com or 713-962-6077.

12/14 – Practice Makes Perfect

1/4- Preparing for Stock show

County Council Report!

The county council would like to thank everyone who came out Saturday to help decorate at TSC for the Carol of Lights contest it looks fantastic! Also thanks to the Longoria family for donating the decorations and lights!

We would also like to remind the entire county about some upcoming events!

- First the county Christmas party will be held December 16th at 4:30 at the middle school. If you have any questions contact the extension office.
- Second we are still selling tickets for the pig raffle. If you have already checked out tickets remember to have your money in to the

County office by January 3rd. If you have not checked out some tickets please stop by the county office and do so.

- Third our next open County Council Meeting is January 6th at 5:30 so please come out and be a part of any decisions that are going to be made for the new year.
- Fourth keep rocking Lampasas 4-H, you guys are awesome! Hope everyone has a good Thanksgiving!

Lampasas County Council President,
Elizabeth Allen



Photography Project Meeting

There will be a 4-H photography meeting on Tuesday Jan. 14 from 5:30-6:30pm at the county annex conference room. There will be an opportunity to take pictures for this year's theme – "What is your why?" Think about why you are a 4-Her and take a photo. This project is open to any registered 4-Her. Invite your friends to join and participate, too. For more about the project link to:

<http://texas4-h.tamu.edu/photography-contest>
County/ District guidelines are different from the State guidelines. Be taking pictures now. County contest will be mid-March. Date for contest to be determined.



2014 4-H Quilt Challenge Contest and Community Service Project

The 4-H Quilt Challenge has a new look! It is now the 4-H Quilt Challenge Contest and Community Service Project. We are proud to announce the changes to the statewide program that will allow more youth to be involved. The Quilt Challenge contest will be focusing on creation of quilts for two specific organizations, Project Linus and Quilts of Valor. The Community Service portion of the Quilt Challenge will focus on the creation and donation of blankets, afghans, and quilts to either Project Linus or a local charity selected by the individual or group. Karen will have a an informational meeting for all interested on Thursday Dec. 13th at 4:30 at the Extension Office.

4-H members will have the opportunity to participate at various levels:

Quilts that will not be judged.

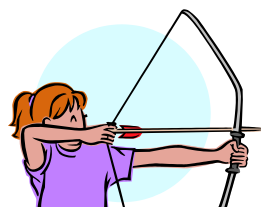
- Individuals or groups can create fleece blankets, knitted or crocheted afghans, or

quilts to be donated to a charity determined by the individual or group. These blankets, afghans, and quilts **will not be judged**. Individuals and groups should report their donations to the Community Service on-line tracking site.

- Individuals or groups can create fleece blankets and knitted or crocheted afghans to be donated to a local Project Linus (**<http://www.projectlinus.org/volunteer/>**). Check with your local Project Linus or charity of your choice for their specific needs and requirements. These blankets, afghans, and quilts (infant and toddler sized) will **not be judged**. Individuals and groups should report their donations to the Community Service on-line tracking site.

Quilts that will be judged.

- Individuals or groups can create a children's or teen quilt to be donated to Project Linus. Approximate sizes of quilts can be the following: Child (45" x 54") Teen (45" x 65") completed quilts to be registered on 4-H Connect - \$15 fee.
- Individuals or groups can create a quilt for the Quilts of Valor program. Quilts of Valor is a nationwide program that provides a tangible token of appreciation to our warriors and wounded soldiers here and abroad. The approximate quilt top size is a width of 55" to 72" by a length of 65" to 90" with the backing 3 to 4 inches larger on all four sides. Review the attached handout with the detailed requirements for Quilts of Valor.



Archery Update

Hello Everyone,

I wanted to give you an update on the archery shooting club. We ARE going to have this!! The targets have already been bought. We are waiting until hunting season is over. Please continue to check your email after hunting season for updates. Looking forward to seeing everyone again! Hope everyone has a wonderful Thanksgiving & a Merry Christmas!!!

Jamie Smart

QUALITY COUNTS

Quality Counts Verification will be a part of the process for entry in all 2013-2014 major & county shows. This year at the Heart O' Texas Livestock Show, we will be following along with other Major Livestock Shows across Texas and supporting the

Quality Counts Program. Along with the State Fair of Texas, this fall we will be requiring the Quality Counts Verification Number to be included on the entry forms in order for the exhibitors to show at any of our Junior, Jackpot and Scramble Shows.

This means youth exhibitors will need to demonstrate their knowledge of the Six Pillars of Character and the Eight Core Concepts presented in the Quality Counts Curriculum. **To do this, they will need to pass an online test on the website (<http://qualitycounts.tamu.edu/>) and acquire a Quality Counts Verification number.** A Verification number is obtained by answering 80% of the questions correctly on an online test. You will need it when entering majors. If you lose it then you will have to take the test again and get a new number. You will not be allowed to enter without it.

New Team Project – Consumer Decision Making

Good consumer skills can help you get more for your money. Consumer Decision Making gives youth the opportunity to make wise decisions when shopping. Consumer Decision Making is a judging contest designed to teach kids to observe, compare and make consumer based decisions based on facts. 4-Hers use their consumer knowledge to rank similarly based products to fit a given scenario. Kids learn to organize their thoughts and to defend their decisions in oral reasons. Consumer Decision Making is a great way to learn how to shop better! The Consumer project's first meeting will be held **Thursday December 5th**, at 5pm, at the Extension Office Meeting Room! Make sure and come and learn all about the project and what it has to offer. We will be discussing the new classes for this year and preparing for the project! There are 3-5 members per team. Weekly practices will be scheduled tentatively on Thursdays at 4p.m. on Dec. 19 and Jan. 16 or as scheduled.

Friday January 31 is County Deadline for Consumer Decision Making Teams.

Friday February 28 is the District Consumer Contest– at the San Angelo Stock Show. There is a possible large cash award for the senior division.

Guidelines can be found at:

http://texas4-h.tamu.edu/project_consumer/cdm



New Photography Invitational Contest

The Texas 4-H and Youth Development Program is excited to announce a new opportunity for 4-H members and youth involved, or interested, in the photography project. Starting in 2014, Texas 4-H will host an Invitational Photography Judging Contest at Texas 4-H Roundup. This contest, similar to livestock, consumer decision making, or horse judging will challenge the 4-H members to ability to evaluate and select the correct order for four photographs in a class. In addition to the placing of

photographs, contest participants will also participate in problems classes testing their knowledge about cameras, camera settings, photography effects, and more.

The 2014 contest will be held as an invitational contest on Tuesday, June 10, 2013 during Texas 4-H Roundup. Counties can enter as many teams and individuals as they wish and participants must be either intermediate or senior age 4-H members. Registration will be conducted on the Texas 4-H Roundup registration event through 4-H CONNECT.

In an effort to educate our 4-H members, volunteers, parents, and county Extension Agents on the photography judging contest, a website has been created which contains multiple types of resources to help instruct on the contest. The website is **texas4-h.tamu.edu/photographyjudging**.

Resources on the website are:

- **Photography Judging Contest Rules**
- **Photography Judging Contest Basics (powerpoint).** This power point, developed by Bell County 4-H Volunteer, Elizabeth Coffman, provides an outstanding overview and teaching outline for the photography judging contest.
- **Information on how to organize and host a photography judging contest.**
- **Resource for volunteers and coaches to use on explaining judging contest cuts.**
- **Thirty-four (34) classes of practice photos, and six (6) classes of problems classes.**



Recipe Rally

In the 4-H Recipe Rally, intermediate and senior 4-H members are challenged with selecting, creating, and/or altering a recipe and submitting a video, via YouTube. The video should highlight the 4-H member demonstrating the preparation of the recipe while also highlighting nutrients; food safety practices, serving size and cost analysis, as well as their inspiration for selection or creation of the recipe. The theme for the 2014 contest is “Breakfast” Information such as guidelines, online entry form and training video can be found at

http://texas4-h.tamu.edu/healthy_lifestyles.

The due date is March 1st.

County and District Food & Nutrition Contests



L to R Megan Longoria, Andy May, Lindsay May, Alyson Lancaster, Aspen Pena, & Anaya Yancy All competed in the 2013 Lampasas County Food Show.

The **County 4-H Food Show** as held on Nov. 2. Those showing were:

Juniors:

Anaya Yancy, Aspen Pena, Rebekah Pearce, Megan Longoria, and Andy May

Intermediates:

Lindsey May, Alyson Lancaster, Katie Kozma, and Brandon Longoria

The **District 7 Food Show** was held in Abilene on November 16th. Lampasas 4-H members competed in the following categories.

Fruits & Vegetables: Lindsey May 5th place

Dairy: Katie Kozma

Protein: Brandon Longoria

Updated County 4-H Membership Guide ..HandbookLampasas 4-H New Member's Guide - 13-14.pdf

(The updated version says "Let's Go Let's Grow on the front cover.)



Food Challenge Junior Team
L-R: Rebekah Pearce, Andy May, Megan Longoria



Food Challenge Intermediate Team
L-R Katie Kozma, Lindsey May and Brandon Longoria

District 7 Food Challenge

Competition was held November 21st in Abilene.

The Junior Team competitors were Megan Longoria, Andy May, & Rebekah Pearce. They competed in the Bread & Cereal category.

The Intermediate Team competitors were Brandon Longoria, Lindsey May & Katie Kozma. They placed 2nd in the Nutritious Snack Category.

Lampasas County 4-H is readily available on the internet

Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.

<http://texas4-h.tamu.edu/> Texas 4-H website.

<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.

<http://4-h.org/> National 4-H site including the 4-H mall.

<http://www.national4-hheadquarters.gov/> National 4-H site.

Clothing & Textiles Packet (will be updated for 2012)

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

Share the Fun Information

http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf

District 7 4-H Events

<http://d74-h.tamu.edu/>

4-H Record Books

<http://www.4hreports.com>

4-H Shooting Sports

<http://texas4-h.tamu.edu/shootingsports/index>

4-H Round-Up

<http://texas4-h.tamu.edu/youth/roundup/index.php>

Leaders 4 Life

http://texas4-h.tamu.edu/project_leadership/leaders

Better Living for Texans

<https://www.facebook.com/BetterLivingForTexansLampasasCounty>



FACEBOOK Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The December meeting will be the countywide Christmas party December 6 at the old Lampasas Middle School cafeteria. Please read the article about party to see what to bring. Next month's meeting will be January 13th at 6:30.

We will be doing bell ringing with the Salvation Army from November 29th through December 24th on Mondays, Wednesdays, and Fridays from 12:00 – 4:00. If anyone would like to help, contact Tricia Pratt at 512-277-0120.

Also, we will be decorating a Gingerbread House for the Museum, come out to the Oakalla Community Center and help on Tuesday, December 3rd from 6:00 – 8:00.

Leaders: Trisha Pratt at 254-247-6573 & Lisa Kepner at 512-489-2275.

SULPHUR CREEK 4-H

This month's meeting will be the countywide Christmas party December 16th at the Old Middle School cafeteria. Please read the article about party to see what to bring. Contact: Becca Dishman becs@sbcglobal.net or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

Lampasas 4-H Club

This month's meeting will be the countywide Christmas party December 16th at the Old Middle School cafeteria. Please read the article about party to see what to bring. Club Managers: Karen DeZarn and Karen Longoria at 512-556-8271.

Swine Club

This month's meeting will be on December 10th at 6:00pm in the Show Barn. Dinner will be provided. 2013-14 club managers are Bobby Gene Carroll 512-525-1540 and Chad Hopson 512-734-2122.

**HAPPY HOLIDAYS
TO ALL!!**



Heath Lusty
CEA – AG/NR



Karen DeZarn
CEA – FCS