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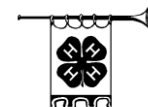
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4-H News



FEBRUARY 2013

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

Photography

The photography project encourages self-expression and teaches proper case use of equipment for ages 14-18. You can check the District 7 Extension website for a link to the 4-H Photography Contest Rules for year 2012-2013.

<http://d74-h.tamu.edu/district-events/photography-contest/>

These district rules will apply to the Jr. and Intermediate age 4-Hers and will be the same rules for the county competition. Senior photography members advancing to state should go to the site above and click on the State 4-H Photography contest. Photographs will be turned in/are due March 14 or 15 by 5:00 PM in the conference room of the county annex. Megan will be available for help/consultation at 5 PM on these days. Judging will take place on March 16. 4-Hers can talk to the judge at 3:00 PM that Saturday. Anyone interested in the 4-H Photography project be snapping those photos. The theme category this year is Holiday Season in Texas. For those 4-Hers that need to mount their pictures there will be a \$1.00 charge for each mounting board. For those that advance to district the cost will be \$5.00 for the first photo and \$1.00 for each additional one. If you have any questions, please contact Megan Lusty at megan.lusty@yahoo.com.

4-H Fashion Show/Clothing project

Senior level 4-Hers interested in the 4-H Fashion Show project which includes buying, sewing/construction and fashion storyboard need to begin working on this project. The deadline for the county will be the beginning of April with the district deadline April 15th. For the Jr. and Intermediate levels the county deadline will be in early July with

the district deadline July 16. Call Karen to schedule one on one or group lessons.

Thank-You Notes

This is a reminder to any 4-Her, who participated in the Lampasas Youth Livestock Association Auction, to send a Thank You note to your buyer. If you need the name(s) contact the Extension office.

Blooming Fest

Save the date of April 6. There are discussions regarding a 4-H/Extension booth at the festival. Face painting anyone? Plant & bake sale, games etc.

Share the Fun

Do you have a talent to share with your fellow 4-H members? Singing? Dancing? Playing an instrument? Acting? Then sign up for Share-The-Fun! Guidelines have been released and you can plan on the same six categories as last year: Celebrate 4-H, Choreographed Routines, Musical/Instrumental, Solo/Band Performance, Poetry/Prose, and Vocal. An entry can be an individual or in teams up to 9 4-H members. Check out the Texas 4-H Roundup webpage for the rules and more information!

4-H Educational Presentations

If you aren't already doing demonstrations or presentations at your 4-H club meetings now is the time to begin. Also if you want to participate in the district or state 4-H Roundup you need to begin practicing. An educational presentation or demonstration can be done in so many different areas. The best way to see all the categories is to refer to the current Texas 4-H Roundup Participant Guidelines.

View or download at:

http://texas4-h.tamu.edu/files/2012/01/youth_roundup_guidelines12.pdf

Texas 4-H Roundup is the event where all educational presentations are given for competition. The Texas 4-H Roundup Guide provides the updated categories and detailed rules related to each category. Educational presentations can be presented in subjects, such as beef, food & nutrition, clothing & textiles, companion animal, shooting sports, and family life, to name just a few. There is also one category that is called "open" or all those other cool

projects 4-H members are doing on their own. The district roundup in San Angelo is May 4 at West Texas Training Center and the state 4-H Roundup in College Station is June 10-14. County Agent, Karen DeZarn has printed material, a PowerPoint, and a VCR video describing demonstrations/educational presentations and talks.

Let's see some involvement at the club, county, district and state level!!

Educational Presentation - any number of junior entries /3 senior entries per county

Share-the-Fun - 2 entries for juniors and 2 entries for seniors per county. Wouldn't it be nice for there to be so many entries that we could have a county Share-the-fun/Roundup???



Recipe Rally

In the 4-H Recipe Rally, intermediate and senior 4-H members are challenged with selecting, creating, and/or altering a recipe and submitting a video, via YouTube. The video should highlight the 4-H member demonstrating the preparation of the recipe while also highlighting nutrients; food safety practices, serving size and cost analysis, as well as their inspiration for selection or creation of the recipe. The theme for the 2013 contest is "Dairy?"

Information such as guidelines, online entry form and training video can be found at

http://texas4-h.tamu.edu/healthy_lifestyles.

The due date is February 1st.



2013 4-H Quilt Challenge Contest and Community Service Project

Contact Karen if you are interested in participating.

The 4-H Quilt Challenge has a new look! It is now the 4-H Quilt Challenge Contest and Community Service Project. We are proud to announce the changes to the statewide program that will allow more youth to be involved. The Quilt Challenge contest will be focusing on creation of quilts for two specific organizations, Project Linus and Quilts of Valor. The Community Service portion of the Quilt Challenge will focus on the creation and donation of blankets, afghans, and quilts to either Project Linus or a local charity selected by the individual or group.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.
The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Texas 4-H Roundup

Texas 4-H Roundup is a qualifying and invitational event for youth between the ages of 11 and 18 that have successfully placed in a qualifying event at the district level or signed up to compete in an invitational event at the state level. County and district Roundup's are open to all ages of 4-H members from 9 to 18. Texas 4-H Roundup includes approximately 50 different contests and workshops that test 4-H members on life skills in such attributes are decision making, public speaking, organization, and working with others. These contests include such things as Fashion Show, Food Show, an assortment of judging contests, and educational presentations. The 2013 Texas 4-H Roundup will be held in College Station, Texas on the campus of Texas A&M University from June 10th to June 14th, 2013.

<http://texas4-h.tamu.edu/roundup>

The qualifying event is the District 7 4H Roundup to be held on May 4 at the West Texas Training Center in San Angelo. The county deadline for submission is April 8th so be getting ready.

4-H on the Internet

Lampasas County 4-H is readily available on the internet. Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.

<http://texas4-h.tamu.edu/> Texas 4-H website.

<http://d74-h.tamu.edu/> District 7 website contains information on District events.

<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.

<http://4-h.org/> National 4-H site including the 4-H mall.

<http://www.national4-hheadquarters.gov/> National 4-H site.

Clothing & Textiles Packet (will be updated for 2012)

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

Share the Fun Information

http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf

District 7 4-H Events

<http://d74-h.tamu.edu/>

4-H Record Books

<http://www.4hreports.com>

4-H Shooting Sports

<http://texas4-h.tamu.edu/shootingsports/index>

4-H Round-Up

<http://texas4-h.tamu.edu/youth/roundup/index.php>

Leaders 4 Life

<http://texas4-h.tamu.edu/projects/leaders4life/index.php>



FACEBOOK Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

County 4-H Membership Guide

<http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf>

Update your 4-H New Membersguide by downloading it from the Lampasas Extension websit.

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting will be on the 2nd Monday (February 11) of the month at 7:00 p.m. at the Oakalla Community Center. Leaders: Robin Allen at 713-530-6545 & Lisa Kepner at 512-489-2275.

SULPHUR CREEK 4-H

Meetings are held the 3rd Tuesday (February 19) of every month at 5:30 – 6:30 p.m. at the County Annex conference room.

Contact: Becca Dishman becs@sbcglobal.net or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

Lampasas 4-H Club

Starting in 2012 the meetings will be held the 2nd Tuesday of every month (Feb 12) at 5:00 at the Lampasas Boy & Girls Club. Leaders: Karen DeZarn and Karen Longoria at 512-556-8271.

Swine Club

No meeting in February. Next meeting will be Tuesday, March 5 at 5:30 p.m. in the Lampasas County Youth Livestock Association (LCYLA) Show barn. Leaders: Judy Kennedy 512-734-0180 and Heath Lusty 817-584-6628.

Sincerely,

Heath Lusty
CEA – AG/NR

Karen DeZarn
CEA – FCS

TEXAS A&M AGRI LIFE EXTENSION

County Camp 2013



County Camp allows counties to bring youth who have completed grades 2 thru 11 *

Session 1 — July 1-3, \$175 youth \$80 adult
Session 2 — July 8-10, \$175 youth \$80 adult
Session 3 — July 10-13, \$225 youth \$105 adult

Camp arrival 2:00—3:00 pm

Early registration, March 1—June 14
Late registration, June 15-23 (additional 5%)

Registration covers all meals, lodging, refreshments, health care services, facility and programming fees. Registrations accepted on a first come first served basis until camp is filled. Counties are required to provide Adult Chaperones. County groups (youth and adult) are housed together, by gender. Special room requests should be noted on Registration.

Please note any food allergies or special meal requests (gluten free, vegetarian, etc.) on the Registration form.

Camp T-shirts may be purchased in advance, during the Registration process. Initial registration can be made with a \$25 non-refundable deposit through June 14. All payments must be received by June 23. Canceled registrations result in forfeit of the \$25 deposit, if received ten days prior to start of camp; otherwise a 50% forfeiture of registration.

Register at texas4hcenter.tamu.edu
Youth Camps & Programs
Register Now! link

What is County Camp?

A co-educational residential camp featuring traditional camp experiences such as kayaking, shooting sports, challenge course, environmental education, arts and crafts, dancing, swimming and lots more. * **Upon arrival, participants are assigned to “activity groups” based on their age.** More than just camping, we strive to provide opportunities for young people to:

- Understand self and others.
- Live and work with a small group of peers, cooperatively making decisions that affect the group.
- Experience adventure and challenge not usually found in daily home life.
- Respect and enjoy nature and the outdoors.
- Develop lifelong environmental issues.
- Apply knowledge, skills, and attitudes to real life situations.
- Make new friends.
- Have FUN!



Tell me about the Texas 4-H Conference Center

The 4-H Conference Center is part of Texas A&M AgriLife Extension Service and has been in the youth camping business since 1975! The Center is located on Lake Brownwood in the geographic center of the State.

Accredited by the American Camp Association (ACA), families are assured of a quality program and facility that meets rigorous standards.

Accommodations — youth are housed, by gender, in air-conditioned dormitories. Each dorm has its own restroom and shower facilities.

Staff — program coordinated by Youth Professionals of AgriLife Extension and college interns.

Health Care — nurse on duty 24/7. All medications are administered by the nurse.

Meals — a full time staff provides three wholesome, balanced meals each day. Lunch and Dinner include a self-serve salad bar, ensuring there's something for everyone.

For more information: call 325.784.5482 Email: texas4-hcenter@ag.tamu.edu web: texas4hcenter.tamu.edu

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in this program are encouraged to contact the Texas 4-H Center to determine how reasonable accommodations can be made.

Educational programs conducted by Texas A&M AgriLife Extension serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, The United States Department of Agriculture and the County Commissioners Courts of Texas cooperating.

4-H Has Talent!

Deadline for Submission: April 1, 2013

Do you have what it takes to be a star? Have you always pictured yourself performing on the Big Stage? Then 2013 Texas 4-H Roundup 4-H Has Talent Competition is for you!! So sing a song, do a dance, tell a joke or just do something unusual! Get the chance to show your skills on stage in front of nearly 4,000 fellow 4-H'ers, parents/volunteers, and 4-H faculty.

How to get involved

- Submissions must be uploaded to YouTube (all links made public).
- Submissions must be appropriate for 4-H youth.
- A 4-H member may only participate on one team/entry.
- Intermediate and Senior aged 4-H members are allowed to participate in this activity.
- Teams maybe one age category or a combination of both intermediates and seniors.
- An individual and/or team (max 7 members) may only submit one video.
- 5 finalists will be selected by a expert panel of judges.
- Those 5 finalists will then have the opportunity to perform on Tuesday, June 11, 2013 at the Tuesday night assembly at Reed Arena at Texas A&M University.
- After all finalists are finished performing, the audience will have the opportunity to vote via text messaging to select their winner.
- Top two entries selected at Roundup will win cash awards.

Submission Guidelines

- Videos must be uploaded to YouTube
- Maximum Length: 5 minutes
- Links must be submitted via e-mail to Kyle Merten at kjmerten@ag.tamu.edu

Please include in your email the following:

- Name of group/act
- Names of each participant and age
- County representing
- Contact person
- Following information for contact:
 - Address
 - City/State/Zip
 - Phone
 - E-mail

