

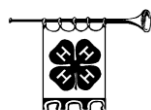


Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

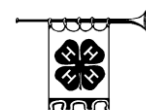
(512) 556-8271, x140

E-mail: lampasas-tx@tamu.edu

Home Page: <http://lampasas-tx.tamu.edu>



4-H News



FEBRUARY 2014

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

A Christmas Thank You

Christmas 2013

Dear Karen and

all the 4-H's etc.

*Thank you for the nice
Remembrances you delivered
to us here at Pecan Creek.*

*Such useful things plus
goodies to eat.*

Bless you

and merry Christmas

*Julia & Gloria Siles
205 Riverview DR
Lampasas, TX*

Pig Fundraiser Report

Thanks to all of the hard effort of the Lampasas 4-H members the Pig Fundraiser was a complete success. Total tickets sales were \$1800 with expenses of \$300 the total net results were \$1500. Congratulations and Woo Hoo!!!

Thank-You Notes

This is a reminder to any 4-Her, who participated in the Lampasas Youth Livestock Association Auction, to send a Thank You note to your buyer. If you need the name(s) contact the Extension office.

Dinner Tonight Invitation

Karen DeZarn would like to invite all 4-Hers and their families to the Dinner Tonight Cooking

School(s). *See attached flyer.* They will be in Marble Falls on Feb. 27th and in Lampasas on March 27th. Each one will feature a different menu and recipes. It is free to the first 80 registrants, sponsored by Scott and White.



Photography

(Meeting dates are still to be determined, watch for email and Facebook announcements)

The photography project encourages self-expression and teaches proper use of equipment for ages 8-18. You can check the District 7 Extension website for a link to the 4-H Photography Contest Rules for year 2013-2014.

<http://d74-h.tamu.edu/district-events/photography-contest/>. These district rules will apply to the Jr. and Intermediate age 4-Hers and will be the same rules for the county competition. Senior photography members advancing to state should go to the site above and click on the State 4-H Photography contest. Photographs will be turned in/are due March 12 or 13 by 5:00 PM in the Extension office. Anyone interested in the 4-H Photography project be snapping those photos. The theme category this year is Holiday Season in Texas. For those 4-Hers that need to mount their pictures there will be a \$1.00 charge for each mounting board. For those that advance to district the cost will be \$5.00 for the first photo and \$1.00 for each additional one.

New Photography Invitational Contest

The Texas 4-H and Youth Development Program is excited to announce a new opportunity for 4-H members and youth involved, or interested, in the photography project. Starting in 2014, Texas 4-H will host an Invitational Photography Judging Contest at Texas 4-H Roundup. This contest, similar to livestock, consumer decision making, or horse judging will challenge the 4-H members to ability to evaluate and select the correct order for four photographs in a class. In addition to the placing of photographs, contest participants will also participate in problems classes testing their knowledge about

cameras, camera settings, photography effects, and more.

The 2014 contest will be held as an invitational contest on Tuesday, June 10, 2013 during Texas 4-H Roundup. Counties can enter as many teams and individuals as they wish and participants must be either intermediate or senior age 4-H members. Registration will be conducted on the Texas 4-H Roundup registration event through 4-H CONNECT.

In an effort to educate our 4-H members, volunteers, parents, and county Extension Agents on the photography judging contest, a website has been created which contains multiple types of resources to help instruct on the contest. The website is texas4-h.tamu.edu/photographyjudging.

Resources on the website are:

- **Photography Judging Contest Rules**
- **Photography Judging Contest Basics (powerpoint).** This power point, developed by Bell County 4-H Volunteer, Elizabeth Coffman, provides an outstanding overview and teaching outline for the photography judging contest.
- **Information on how to organize and host a photography judging contest.**
- **Resource for volunteers and coaches to use on explaining judging contest cuts.**
- **Thirty-four (34) classes of practice photos, and six (6) classes of problems classes.**



Recipe Rally

In the 4-H Recipe Rally, intermediate and senior 4-H members are challenged with selecting, creating, and/or altering a recipe and submitting a video, via YouTube. The video should highlight the 4-H member demonstrating the preparation of the recipe while also highlighting nutrients; food safety practices, serving size and cost analysis, as well as their inspiration for selection or creation of the recipe. The theme for the 2014 contest is “Breakfast” Information such as guidelines, online entry form and training video can be found at http://texas4-h.tamu.edu/healthy_lifestyles. The due date is March 1st.

4-H Has Talent

(Deadline April 1)

Do you have what it takes to be a star? Have you always pictured yourself performing on the Big Stage? Then the 2014 Texas 4-H Roundup- 4-H Has Talent Competition is for you!! So sing a song, do a dance, tell a joke or just do something unusual! Get the chance to show your skills on stage in front of nearly 4,000 fellow 4-H’ers, parents, volunteers, and 4-H faculty. *See Attachment.*

4-H Fashion Show/Clothing project

Senior level 4-Hers interested in the 4-H Fashion Show project which includes buying, sewing/construction and fashion storyboard need to begin working on this project. The deadline for the county will be the beginning of April with the district deadline April 11th. For the Jr. and Intermediate levels the county deadline will be in early July with the district deadline July 15. Call Karen to schedule one on one or group lessons.

Outdoor Challenge

The state committee is excited to provide information for the Texas 4-H Outdoor Challenge, scheduled for June 27-29, 2014. In the attachment you will find registration information, rules, a tentative schedule, and various educational resource links. The Outdoor Challenge is being held in Collin County.

The same information can be found online at the following link: <http://texas4-h.tamu.edu/outdoor>

District 7 4-H Specialist, Garry Branham stated, “ I have helped with this event since it first started in 2010 and I think it one of the greatest opportunities out there for our youth interested in outdoor activities.”

If there is interest the extension office can help you understand what this contest/camp involves.

Leaders 4 Life

It is important for youth to have an understanding of proper parliamentary procedure and leadership techniques. A structure to make fair decisions, keeping a meeting to a timely schedule, allowing each voice to be heard, and a basis of fun are all important factors that are made possible through this program. With Leaders 4 Life teams compete with other county 4-H teams. Anyone interested in this project contact Heath or Karen. A detailed description can be found at:

http://texas4h-tamu-edu.wpengine.netdna-cdn.com/files/2012/10/12-13_ProgPriorities_Leaders4Life.pdf

The goals of the Leaders 4 Life Program are to:

- Increase the leadership skills of youth to equip them for future leadership opportunities in adulthood.
- Providing counties with a toolbox of resources to effectively train youth in leadership, parliamentary procedure and service learning.
- Recruit and train volunteers as leadership project leaders.
- Provide a contest opportunity to youth which allows them to develop and/or showcase their skills related to leadership and associated areas.

Consumer Decision Making

(Some interest...? We still need 2-3 more participants for grades 3 – 5 and need 3 – 5 participants for grades 6 – 8.)

Good consumer skills can help you get more for your money. Consumer Decision Making gives youth the opportunity to make wise decisions when shopping. Consumer Decision Making is a judging contest designed to teach kids to observe, compare and make consumer based decisions based on facts. 4-Hers use their consumer knowledge to rank similarly based products to fit a given scenario. Kids learn to organize their thoughts and to defend their decisions in oral reasons. Consumer Decision Making is a great way to learn how to shop better! Make sure and come and learn all about the project and what it has to offer. We will be discussing the new classes for this year and preparing for the project! There are 3-5 members per team. Weekly practices will be scheduled based on the team's needs.

February 10 is County Deadline for Consumer Decision Making Teams to register.

Friday February 28 is the District Consumer Contest—at the San Angelo Stock Show.

Guidelines can be found at:

http://texas4-h.tamu.edu/project_consumer/cdm

Share the Fun

Do you have a talent to share with your fellow 4-H members? Singing? Dancing? Playing an instrument? Acting? Then sign up for Share-The-Fun! Guidelines have been released and you can plan on the same six categories as last year: Celebrate 4-H, Choreographed Routines, Musical/Instrumental, Solo/Band Performance, Poetry/Prose, and Vocal. An entry can be an individual or in teams up to 9 4-H members. Check out the Texas 4-H Roundup webpage for the rules and more information!

4-H Educational Presentations

If you aren't already doing demonstrations or presentations at your 4-H club meetings now is the time to begin. Also if you want to participate in the district or state 4-H Roundup you need to begin practicing. An educational presentation or demonstration can be done in so many different areas. The best way to see all the categories is to refer to the current Texas 4-H Roundup Participant Guidelines.

View or download at:

http://texas4-h.tamu.edu/files/2012/01/youth_roundup_guidelines12.pdf

Texas 4-H Roundup is the event where all educational presentations are given for competition. The Texas 4-H Roundup Guide provides the updated categories and detailed rules related to each category. Educational presentations can be presented in subjects, such as beef, food & nutrition, clothing & textiles, companion animal, shooting sports, and family life, to name just a few. There is also one category that is called "open" or all those other cool projects 4-H members are doing on their own. The district roundup in San Angelo is May 4 at West Texas Training Center and the state 4-H Roundup in College Station is June 9-12. County Agent, Karen DeZarn has printed material, a PowerPoint, and a VCR video describing demonstrations/educational presentations and talks.

Let's see some involvement at the club, county, district and state level!!

Educational Presentation - any number of junior entries /3 senior entries per county

Share-the-Fun - 2 entries for juniors and 2 entries for seniors per county. Wouldn't it be nice for there to be so many entries that we could have a county Share-the-fun/Roundup???

Texas 4-H Roundup

Texas 4-H Roundup is a qualifying and invitational event for youth between the ages of 11 and 18 that have successfully placed in a qualifying event at the district level or signed up to compete in an invitational event at the state level. County and district Roundup's are open to all ages of 4-H members from 9 to 18. Texas 4-H Roundup includes approximately 50 different contests and workshops that test 4-H members on life skills in such attributes are decision making, public speaking, organization, and working with others. These contests include such things as Fashion Show, Food Show, an assortment of judging contests, and educational presentations. The 2014 Texas 4-H Roundup will be held in College Station, Texas on the campus of Texas A&M University from June 9th to June 12th, 2014.

<http://texas4-h.tamu.edu/roundup>

The qualifying event is the District 7 4H Roundup to be held on May 3 at the West Texas Training Center in San Angelo. The county deadline for submission is April 11th so be getting ready.

Texas Brigades Summer Camp Registration Starts Now

(If you wish to attend speak to Heath about a possible scholarship.)

Registration for the Texas A&M AgriLife Extension Service's Texas Brigades summer wildlife leadership camps program has begun, said Dr. Dale Rollins, camp coordinator.

"Summer seems a long way off with these 'Blue Northers' whipping across the state, but now is the time to start making plans," Rollins said.

"It's hard for me to believe, but this is our twenty-second year of turning out young leaders through the Texas Brigades program," Rollins said. "It's great to watch them mature and go on to assume professional leadership roles. And while our camps feature quail, deer, bass, ducks and beginning last year, livestock, our real aim is to equip young people with the knowledge, skills and drive to really make a difference in wildlife conservation and proper land management throughout their lives."

Rollins said youth are taught leadership skills, natural resources conservation and proper ranch management at the camps held across the state. Each camp is limited to 20-30 students ages 13 through 17.

"The camps are designed to develop life skills such as critical thinking and team-building through fun and

interesting activities that focus on a particular species of wildlife and now livestock,” Rollins said.

Shiloh Mullican, a junior in natural resources management at Texas Tech University, served as a Covey Leader at the Rolling Plains Bobwhite Brigade and said her involvement with the program was life-changing.

“I went into this adventure looking to gain experience, meet new people in the natural resource field and add diversity to my resume,” Mullican said. “Though I must say, what I got out of the Texas Brigades goes much deeper than a good resume.

“I learned things about life, people and quail and the list goes on,” she said. “This experience has led me to shift my life goals and plans, and instilled in me a passion for education. I am incredibly blessed and thankful to have been given this opportunity.”

The camp dates and locations are:

- Rolling Plains Bobwhite Brigade, June 15-19, Centennial Lodge, Coleman.
- South Texas Buckskin Brigade, June 16-20, Southern Star Ranch, Uvalde.
- South Texas Bobwhite Brigade, June 27-July 1, Buck Horn Creek Ranch, Pleasanton.
- Bass Brigade, July 8-12, Warren Ranch, Santa Anna.
- North Texas Buckskin Brigade, July 14-18, El Escondrijo Ranch, San Angelo.
- Waterfowl Brigade, July 21-25, BigWoods on the Trinity, Tennessee Colony.
- Ranch Brigade, July 15-19, Warren Ranch, Santa Anna.

The camps are a partnership effort of AgriLife Extension, Texas Wildlife Association, Texas Parks and Wildlife Department, U.S. Department of Agriculture’s Natural Resources Conservation Service, several universities, conservation groups, local soil and water conservation districts, private businesses, and individuals with an interest in wildlife and youth leadership development.

Tuition is \$400 per cadet per camp, but Rollins said sponsors are available to provide financial aid when requested.

Helen Holdsworth, Texas Brigades executive director at San Antonio, said camp organizers are looking for adult leaders to help at all the camps.

“Adults interested in working with the Brigades program should be highly motivated, ages 20 to 60 years old and willing to serve as ‘covey,’ ‘school,’ ‘herd,’ ‘flock’ or ‘ranch’ leaders,” Holdsworth said.

“They’ll get a full helping of appreciation topped with growing optimism from having worked with these young people and seeing firsthand the powerful impact these young people can have on conservation in the future,” she said.

“One of the greatest compliments I receive regarding the Brigades comes from older folks who tell me they wish there had been programs like this when they were younger,” Rollins said. “These comments often come just after they’ve listened to one of our cadets ‘nail the landing’ at some public meeting.

“The confidence our programs instill in young people is palpable, and it is an adaptation that will serve them well regardless of their career choice.”

Katelynn Butler attended her first brigade camp last summer and had this to say about the camp: “My experience at the Rolling Plains Bobwhite Brigade will stay with me for the rest of my life.”

“This camp brought me out of my comfort zone and widened my view on the environment and the wildlife that live in it. The Texas Brigades showed me the importance of conservation and the impact of our actions on others. I encourage any teen with an interest in the outdoors or wildlife conservation to attend one of the Brigade camps.”

Applications may be completed online or downloaded at <http://www.texasbrigades.org>. For more information, contact Holdsworth at hholdsworth@texas-wildlife.org or Kassi Scheffer at kscheffer@texas-wildlife.org or by calling 855-TXBRIGS (855-892-7447).

Registration deadline is March 15, Rollins said.

Lampasas County 4-H is readily available on the internet

Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.
<http://texas4-h.tamu.edu/> Texas 4-H website.
<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.
<http://4-h.org/> National 4-H site including the 4-H mall.
<http://www.national4-hheadquarters.gov/> National 4-H site.
Clothing & Textiles Packet (will be updated for 2012)
<http://fcs.tamu.edu/clothing/4h/packet/index.php>
Share the Fun Information
http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf
District 7 4-H Events
<http://d74-h.tamu.edu/>
4-H Record Books
<http://www.4hreports.com>
4-H Shooting Sports
<http://texas4-h.tamu.edu/shootingsports/index>
4-H Round-Up
<http://texas4-h.tamu.edu/youth/roundup/index.php>
Leaders 4 Life
http://texas4-h.tamu.edu/project_leadership/leaders
Better Living for Texans
<https://www.facebook.com/BetterLivingForTexansLampasasCounty>



FACEBOOK Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting is scheduled for February 10, at 6pm in the community building.

Leaders: Trisha Pratt at 254-247-6573 & Lisa Kepner at 512-489-2275.

SULPHUR CREEK 4-H

The Sulphur Creek 4-H Club will have their regular meeting on Tuesday, February 18th at 5:30 in the County Annex conference room. Shelley Kozma will give a presentation on what's involved with the horse project. Everyone who is interested is invited to attend. Contact: Becca Dishman becs@sbcglobal.net or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

Lampasas 4-H Club

This month's meeting will be Monday February 17, at 5:00pm at the Boys & Girls Club. Club Managers: Karen DeZarn and Karen Longoria at 512-556-8271.

Swine Club

Swine Club will not meet during stock show season unless otherwise notified. If you have questions contact the 2013-14 club managers Bobby Gene Carroll 512-525-1540 or Chad Hopson 512-734-2122.

Horse Project Meetings

Horse project members meet on the 3rd Monday of the month 6:30 PM at the Farm Bureau Bldg. This month the meeting will be on February 17. Contact Shelley Kozma (817-845-5041) or Kim Pearce (512-556-3183) for additional information.

Sincerely,



Heath Lusty
CEA – AG/NR



Karen DeZarn
CEA – FCS



TEXAS A&M AGRI LIFE EXTENSION

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | 1 |
|---|--|--|---|---|---|---|---|
| February | | | | | | *Ft. Worth lamb & goat show | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | |
| *Ft. Worth lamb & goat show | *4-H Scholarships due | *Ft. Worth steer & barrow show | *Ft. Worth steer & barrow show *San Antonio gilts & breeding goats | *Ft. Worth steer & barrow show *San Antonio gilts & breeding goats | *Ft. Worth steer & barrow show *San Antonio gilts & breeding goats | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | |
| | *6:00pm Oakalla/Kempner 4-H Club mtg. in community building. | *San Antonio mkt lambs/goats | *San Antonio mkt lambs/goats | *San Antonio mkt lambs/goats | | *San Antonio dark barrow show *San Angelo doe show | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | |
| *San Antonio dark barrow show *San Angelo doe show | *San Antonio dark barrow show *San Angelo doe show *San Angelo mkt lambs/goats *County Holiday *5-6pm Lampasas 4-H Club mtg @ Boys & Girls *6:30pm Horse Project meeting @ Farm Bureau | *San Antonio light barrow show *San Antonio Steers *San Angelo mkt lambs/goats *5:30pm Sulphur Creek 4-H Club mtg in County Annex conf. rm. | *San Antonio light barrow show *San Antonio Steers | *San Antonio light barrow show *San Antonio Steers | *San Antonio Steers | * San Angelo gilt show | |
| 23 | 24 | 25 | 26 | 27 | 28 | | |
| *San Angelo gilt show *San Antonio livestock judging | *San Angelo steer show | *San Angelo steer show *San Angelo barrow sho | *San Angelo steer show *San Angelo barrow show | *San Angelo barrow show | | | |
| 512-556-8271 EXT 140 | | 4-H Events & Activities | | | | | |

4-H Has Talent...it's a hoot!

TEXAS A&M
AGRILIFE
EXTENSION

Do you have what it takes to be a star? Have you always pictured yourself performing on the Big Stage? Then the 2014 Texas 4-H Roundup- 4-H Has Talent Competition is for you!! So sing a song, do a dance, tell a joke or just do something unusual! Get the chance to show your skills on stage in front of nearly 4,000 fellow 4-H'ers, parents, volunteers, and 4-H faculty.

How To Enter

- Submissions must be uploaded to YouTube (all links made public).
- Submissions must be appropriate for 4-H youth.
- A 4-H member may only participate on one team/entry.
- Intermediate and Senior aged 4-H members are allowed to participate in this activity.
- Teams maybe one age category or a combination of both intermediates and seniors.
- An individual and/or team (max 7 members) may only submit one video.
- 5 finalists will be selected by a expert panel of judges.
- Those 5 finalists will then have the opportunity to perform on Tuesday, June 10, 2014 at the Tuesday night assembly at Reed Arena at Texas A&M University.
- After all finalists are finished performing, the audience will have the opportunity to vote via text message to select their winner.
- Top two entries selected at Roundup will win cash awards.

Submission Guidelines

- Videos must be uploaded to YouTube
- Maximum Length: 5 minutes
- Links must be submitted via e-mail to Kyle Merten at kjmerten@ag.tamu.edu



Please include in your email the following:

- Name of group/act
- Names of each participant and age
- County representing
- Contact person
- Following information for contact:
 - Address
 - City/State/Zip
 - Phone
 - E-mail

Deadline for Submission:
April 1, 2014

I LOVE
4-H ROUNDUP!!!



3D Archery Shoot



Feb. 1&2
*Sponsored by
Lampasas County 4H*

Classes

- | | |
|------------------|---------------------------------|
| ◆ <i>8-under</i> | ◆ <i>Traditional</i> |
| ◆ <i>9-11</i> | ◆ <i>Hunter men & Women</i> |
| ◆ <i>12-14</i> | ◆ <i>Open</i> |
| ◆ <i>15-17</i> | ◆ <i>Bow Novice</i> |
| | ◆ <i>Senior Men & Women</i> |

Saturday (Youth only)

10:00-1:00

Free for Lampasas 4H members
\$10 for other county's 4H members and
non 4H youth

Sunday (Open Shoot)

8:00-1:00

\$20 Adult Fee
(\$5 goes to the jackpot)

\$10 Youth Fee
Ribbons or Medals to Youth Winners

Targets will be picked up at 1:00

No Range Finders and Max speed of 280 FPS 3%

Directions

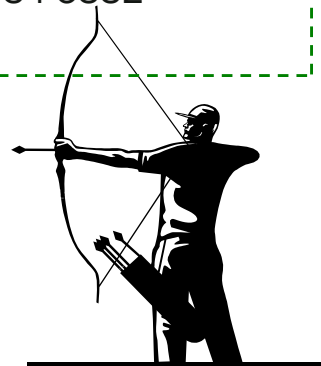
(From Lampasas)

- ◆ Go North on US 183 for about 10 miles
- ◆ Turn right on CR 2060 and continue for about 1 mile
- ◆ School creek Ranch will be on your left

(From Lometa)

- ◆ Go South on US 183 for about 6 miles
- ◆ Turn left on CR 2060 for about 1 mile
- ◆ School Creek Ranch will be on your left

For any questions contact
Jamie Smart at
(512) 734-5332



4H Where Change Makes Cents



JAN. 10 – JUNE 12

4H - WHERE CHANGE MAKES CENTS

Spare change drive

Empty your pockets and look between your couch cushions for any spare change to help raise money for the Texas 4-H Conference Center! We're raising money to install two Gaga Pits and a 9-hole disc golf course!

There are lots of
ways to donate!

Online through
Texas 4-H
Foundation

At Texas 4-H
Roundup
June 2014

Or get a collection
jar of your own
from a Texas 4-H
Council Member!

Help your
district raise
the most
money and
win prizes!

Brought to you by...
TEXAS A&M
AGRI LIFE
EXTENSION



DINNER
TONIGHT!

Healthy Cooking School

*how to prepare easy,
nutritious and economical
meals for your family*

1401 Ford St. Llano, 6-8 p.m.
St. James Lutheran Church
Thursday, January 30

800 W. HWY 71
Marble Falls, 6-8 p.m.
Scott & White Specialty Clinic
Thursday, February 27

St. Mary's Catholic
Church Parish Building
Lampasas, 6-8 p.m.
Thursday, March 27

Karen DeZarn, Lampasas
512.556.8271
Jennifer Page, Llano
325.247.4849
Linda Wells, Burnet
512.756.5463

Anyone
can COOK
healthy

COOKING DEMONSTRATIONS

By Family & Consumer Science
County Extension Agents

Jennifer Page, Llano

Linda Wells, Burnet

Karen DeZarn, Lampasas

DOOR PRIZES!!!

FREE EVENT plus a can of food for local food pantry

(includes a drink, samples & cookbook)

*Limit to the first 80 registrants. Please call
your local Extension Office to register.*



Like us on Facebook
facebook.com/TXDinner



SCOTT & WHITE
HEALTH PLAN

Educational programs by the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age or national origin. The Texas A&M University System, USDA and the county Commissioners Courts of Texas Cooperating. Persons with disabilities requiring auxiliary aids or special accommodations should contact the Extension Office prior to the event.