

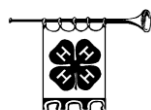


Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

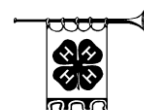
(512) 556-8271, x140

E-mail: lampasas-tx@tamu.edu

Home Page: <http://lampasas-tx.tamu.edu>



4-H News



JUNE 2013

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

Jewelry Making Workshop

Judy Kennedy will conduct a jewelry making workshop June 4th at 1:30 PM at the Farm Bureau Bldg. The junior/intermediate earrings and necklace sets can be turned in before July 5th for the District Jr./Int. 4-H Fashion Show contest. Any 4-H'er can enter this show. Remember, the County Fair also has a jewelry category. Registration for county Fair is Wed – July 10, 4-7 PM at the county annex building conference room. Check the County website for the County Fair catalog or stop by the office.

Juniors and Intermediates Fashion Show/Clothing Project

County Deadline is June 24th. The work dates are June 3-5 & upon request until July 16th District Show in San Angelo. Contact Karen if anyone needs picked up from Lampasas middle school.

- Fashion Show Construction
 - Categories
 - Dressy
 - Single Garment
 - Specialty
 - Sportswear/Casual
- Fashion Show Buying
 - Categories
 - A: Pant Type i.e. Pants, shorts, capris, swimsuits, pajamas
 - B: Dress Type i.e. Dresses, skirts, night gowns
- Embellished Apparel
 - Tops
 - Bottoms
- Jewelry Making – Necklace/Earring Set is the only category
- Non Apparel Sewing

- Pillows
- Quilts or Throws
- Tote Bags
- Small Electronic Device Cover
- Aprons
- Other (of your choice)

➤ Fashion Storyboard – The theme this year is ***Be True to Who You Are***

As Dr. Seuss says, “Why fit in when you were born to Standout!” Who cares what anyone else thinks. Go with your emotion. Show your passion! Sow the you that is you in your original fashion.

Categories

- Wearable
- Accessory
- Jewelry
- Non-Wearable
- Pet Clothing

Annual County Steer Validation

The annual County Steer validation for all state-wide livestock shows has been slated for June 18th, 2013. All county 4-H and FFA youth who will be exhibiting show steers at any major stock show must validate their animal in order to be eligible to show this fall or in 2012 spring shows. Students will have their club calves tagged with an EID (Electronic Identification Device), nose-printed, and have hair pulled for possible DNA testing. Additionally, all participants and family members will sign an ethics pledge. Please make plans to participate and each steer tag ordered is \$10.00 a piece and checks should be made payable to the Lampasas County Youth Livestock Show. Steer validation will be held at the Mike Atkinson Ranch beginning at 4pm on Monday evening, June 19th, 2012. County Steer Validation committee members are Brad Barnett, Lometa AGSCI Teacher, Heath Lusty, Lampasas County Extension Agent, Ricky Prescott, LMS Ag Sci teacher, and Steer Validation Chair- Dr. Steve Forsythe, Lampasas HS AgSci teacher. Entry fees for County and purchase of the tags will be facilitated by the LCYL Show Officials. For more information, you may contact Forsythe at 564-2367



4H Booth at the 2013 Relay for Life. Baked goods, hot chocolate and face painting were the fund raisers. Thanks for the donations of supplies and to those attending the event.

Multi County 4-H Camp

There will be a Multi County 4-H Camp on July 09-11, 2013 at the Heart of Texas Bible Camp in Brady, TX. The cost is \$50 per person or \$45 if more than one family member attends. Each camper must be a 4-H member that has completed a 4-H Connect registration in their county by June 03, 2013. Camp registration deadline is July 01, 2013. Due to space limitations, registrations will be accepted on a first come, first serve basis until the camp is full. Thanks to Diana Melton for agreeing to chaperone at camp. See attachment for more details.

Show Lambs & Goats

It's time to start looking for county and major show lambs and goats for the 2014 show season. If you need help finding good quality animals, Heath will be more than happy to help you.



Members of the Kempner Oakalla 4H club saying the 4H Pledge prior to their patriotic speeches on May 24th at the Oakalla Community Center.

New Better Living for Texas Facebook Page

The BLT program provides nutrition education to assist limited resource individuals and families acquire the knowledge, skills and behaviors necessary to maximize resources, have nutritionally sound diets, and improve health status and self-sufficiency. See attached recipe suggestion.

<https://www.facebook.com/BetterLivingForTexansLampasasCounty>

State Photography Camp (see attachment for details)



District Photography competition Story Board category:
Monica Garza – Best in Class



4-H Photography pictures on display at the District 7 4-H Roundup. Be taking pictures now for next year's project.

**Lampasas County 4-H is readily available
on the internet**

Below are links to many sites you may find useful.
<http://lampasas.agrilife.org/> Lampasas County Extension website.
<http://texas4-h.tamu.edu/> Texas 4-H website.
<http://d74-h.tamu.edu/> District 7 website contains information on District events.
<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.
<http://4-h.org/> National 4-H site including the 4-H mall.
<http://www.national4-hheadquarters.gov/> National 4-H site.
Clothing & Textiles Packet (will be updated for 2012)
<http://fcs.tamu.edu/clothing/4h/packet/index.php>
Share the Fun Information
http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf
District 7 4-H Events
<http://d74-h.tamu.edu/>
4-H Record Books
<http://www.4hreports.com>
4-H Shooting Sports
<http://texas4-h.tamu.edu/shootingsports/index>
4-H Round-Up
<http://texas4-h.tamu.edu/youth/roundup/index.php>
Leaders 4 Life
<http://texas4-h.tamu.edu/projects/leaders4life/index.php>
Better Living for Texans
<https://www.facebook.com/BetterLivingForTexansLampasasCounty>



FACEBOOK Check out Lampasas 4-H on Facebook. Become a friend!
<http://www.facebook.com/groups/199928750048104>

County 4-H Membership Guide
Update your 4-H New Members guide by
downloading it from the Lampasas Extension
website.

<http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf>

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting will be Monday June 17th, 11:30 – 1:30 PM. Meeting will be a program with the Redbud-Oakalla TEEA group from Burnet County. Leaders: Robin Allen at 713-530-6545 & Lisa Kepner at 512-489-2275.

SULPHUR CREEK 4-H

The next meeting will be in August, details will follow in a future newsletter. Contact: Becca Dishman becs@sbcglobal.net or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

Lampasas 4-H Club

The next meeting will be in August, details will follow in a future newsletter. Leaders: Karen DeZarn and Karen Longoria at 512-556-8271.

Swine Club

The next meeting will be in August, details will follow in a future newsletter. Judy Kennedy 512-734-0180 and Heath Lusty 817-584-6628.

Sincerely,

Heath Lusty
CEA – AG/NR

Karen DeZarn
CEA – FCS



MULTI COUNTY 4-H CAMP LETTER JUNE 2013

114 W. Main, Brady, TX 76825 325-597-1295

NEWS RELEASE

4-H MULTI COUNTY CAMP (Callahan, Coleman, Concho, Llano, Mason, McCulloch, Menard, Runnels)

- Date:** July 09-11, 2013
- Place:** Heart of Texas Bible Camp, Brady, TX
130 PR 734 Brady, TX
- Registration Deadline:** **Tuesday, July 1 2013** (Unless we already have our limit of 120)
- Times:** Begins: Tuesday, July 09 at 3:00 pm
Ends: Thursday, July 11 at 9:00 am (After camp clean up)
- Cost:** \$50.00 per person \$45.00 if more than one per family
- Ages:** Jr. & Intermediate age 4-H members for the 2012-2013 4-H year.
(under 8 must be accompanied by a parent with CEA approval)
Sr. Members may attend only as Teen Leaders with CEA approval.
- What to bring:** Bed Roll or Sleeping Bag
Pillow
Towels (extra for swimming)
Toiletry articles
Bathing suits / water guns / Non menthol shaving cream
Comfortable clothes and shoes
- What NOT to bring:** ipods
Cell phones
Axe or similar body sprays

Pick up forms at your Extension Office.

Please return completed Minor's Release & Health History form and camp fee by July 01, 2013 to:

Texas A&M AgriLife Extension
McCulloch County (Your County and Address)
114 W. Main
Brady, TX 76825

MULTI-COUNTY 4-H RECREATION CAMP

JULY 09-11, 2013 @ Brady's H.O.T Bible Camp

(Callahan, Coleman, Concho, Llano, Mason, Menard, McCulloch & Runnels Counties)

\$50.00 per Camper ... families with more than one camper - \$45.00 per family member...

Fees waived for Supervising Adult leaders/Agents

Each camper must be a 4-H member that has completed a 4-H Connect registration in their County Extension Office by June 03, 2013. Camp Registration Deadline July 01, 2013. Due to space limitations, registrations will be accepted on a FIRST COME, FIRST SERVE basis (70 girls, 50 boys) until the camp is full. Make checks payable to "McCulloch 4-H Clubs".

County _____ Name _____

Male _____ Female _____ Address _____

Date of Birth _____ Age _____ City _____ Zip _____

Parent or Guardian _____

Home Phone: _____ Cell Phone: _____

Relative or neighbor to be contacted in case parent or guardian cannot be contacted in any emergency:

Name _____ Phone _____ Cell _____

Physical Limitations or Handicaps _____

Yes _____ No _____ **SPECIAL MEDICATIONS** are being sent with minor in quantity to meet his/her needs during camp. If yes, list generic name drug(s) and/or medication, along with name and phone number of prescribing physician, dosage, consumption rate and interval _____

Special Dietary needs or conditions _____

Health History: (Please check any of the following which apply.)

Frequent Ear Infections _____	Allergies:	Hay Fever _____
Heart defect/disease _____		Ivy Poisoning _____
Convulsions _____		Insect Stings _____
Diabetes _____		Penicillin _____
Bleeding/Clotting disorders _____		Other _____

Operations or serious injuries (approximate dates) _____

Chronic or recurring illness _____

Name of Family Physician _____ **Phone**() _____

Are your immunizations current and on record at your school? Yes _____ No _____

Date of last tetanus immunization _____

Please check "over the counter" medication in with which camp personnel may administer as necessary:

_____ Acetaminophen(Tylenol) _____ Pepto Bismol _____ Neosporin _____ Benadryl

BE SURE TO COMPLETE THE ATTACHED MINOR'S RELEASE

MINOR'S RELEASE

I, or we, parent(s) or guardian(s) of a minor child named _____ do hereby give consent for said minor child to participate in all activities scheduled as part of the Multi-County 4-H Summer Camp to be conducted at the Heart of Texas Bible Camp, Brady, Texas.

I/we do hereby consent for said minor child to participate in organized swimming activities conducted at the Brady Municipal Swimming Pool.

_____ Yes _____ No

I, or we further give permission to have emergency first aid administered by any qualified person in case of illness and/or injury to said minor child and to have said minor child transported by the most expedient means of conveyance to the nearest physician, hospital or clinic and to there receive such treatment as is medically prescribed by physician(s).

Further, I or we, do hereby authorize the release of medical records by hospital, clinic, and/or physician for the purpose of filing insurance claims.

In case of extreme illness and/or injury, I, or we, do further agree that the Texas AgriLife Extension Service and Texas 4-H Youth shall not be held responsible or liable for personal injury or loss resulting either on the premises of the Heart of Texas Bible Camp or enroute to and from the camp.

***Further, I or We, do hereby authorize 4-H Extension Agents or Leaders
to release said minor child to the following person/people at the conclusion of the
Multi-County 4-H Camp...***

(camp release is after camp clean-up around 9:00am)

Signature of Parent or Guardian

Date

BE SURE TO COMPLETE THE ATTACHED MEDICAL HISTORY



TEXAS A&M
AGRILIFE
EXTENSION

4-H Golf Challenge *West!*

Information:

- July 22, 2013
- Brownwood, Texas
- The Hideout Golf Club
- Registration: May 20- July 13 (4-H Connect)
- Registration is \$105 / team (must register individually as a 3 person team at \$35 each) and includes 18 holes of golf, & catered lunch
- All 4-H ages welcome!

Contact:

Kyle Merten at KJMerten@ag.tamu.edu or 979.845.6533

Also Visit:

<http://texas4-h@tamu.edu/golf>



Learn about careers in:



July 20-21, 2013

THE ART BEHIND THE CAREER

TEXAS 4-H CAREER PHOTOGRAPHY WORKSHOP

Central Texas Christian School, Temple, Texas

You know the art of photography, now learn about the careers behind it! This new and innovated workshop focuses on engaging youth in various photography careers through hands-on learning experiences both the classroom and in the field. Join in, have fun, and learn about the career behind the art of photography!

Hands-On FUN Workshops

Day 1

- Photography 101
- Photography Judging Contest. Learn how to evaluate and place photos!
- Community Service Project (bring 5-10 of your favorite photos either 3X5 or 4X6 in size).
- Exploring photography careers - learn about careers sports/newspaper, forensic, portrait, wedding/special event, Internet design, commercial, outdoor, magazine, media teacher.

Day 2

- Hands-on photography practice at a working ranch taking photos of:
 - Animals
 - Team Roping
 - Horse Plowing
 - Static displays of trucks, pickups, barns, and farm equipment
 - Period actors of Cowboys, Mountain Man, and Prairie Girl

Participate in
a Photography
Judging Contest
for awards and
prizes

Join in the
Saturday fun
at an evening
dance!

FUN
DOORPRIZES FOR
PARTICIPANTS!

Registration
open on
4-H CONNECT from
May 1st to
July 1st.

Registration includes instruction, service project materials, Saturday lunch, and flash drive with all workshop materials

\$25.00

For more information, contact
Bell County Extension Office at
254.933.5305 or bell-tx@tamu.edu
Website: tiny.cc/4j2zvz

Registration is limited to first 100 participants!

