



Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

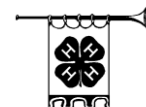
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4-H News



MARCH 2013

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

Photography

The photography project encourages self-expression and teaches proper case use of equipment for ages 14-18. You can check the District 7 Extension website for a link to the 4-H Photography Contest Rules for year 2012-2013.

<http://d74-h.tamu.edu/district-events/photography-contest/>

These district rules will apply to the Jr. and Intermediate age 4-Hers and will be the same rules for the county competition.

Senior photography members advancing to state should go to the site above and click on the State 4-H Photography contest. Photographs will be turned in/are due March 14 or 15 by 5:00 PM in the extension office. Megan will be available for help/consultation at 5 PM on these days. Judging will take place on March 16. 4-Hers can talk to the judge at 3:00 PM that Saturday. The theme category this year is Holiday Season in Texas. For those 4-Hers that need to mount their pictures there will be a \$1.00 charge for each mounting board. For those that advance to district the cost will be \$5.00 for the first photo and \$1.00 for each additional one. If you have any questions, please contact Megan Lusty at megan.lusty@yahoo.com.

4-H Fashion Show/Clothing project

Senior level 4-Hers interested in the 4-H Fashion Show project which includes buying, sewing/construction and fashion storyboard need to begin working on this project. The deadline for the county will be the beginning of April with the district deadline April 15th. For the Jr. and Intermediate levels the county deadline will be in early July with the district deadline July 16. Call Karen to schedule one on one or group lessons.

Thank-You Notes

This is a reminder to any 4-Her, who participated in the Lampasas Youth Livestock Association Auction, to send a Thank You note to your buyer. If you need the name(s) contact the Extension office.

Blooming Fest

Save the date of April 6. There are discussions regarding a 4-H/Extension booth at the festival. Face painting anyone? Plant & bake sale, games etc. Notify the office which shift you can work: 8:30-11:30 am, 11:30-2:30, or 2:30-5:00 pm. We need lost of workers. Turn in baked goods Friday April 5 or by 9 AM at the Festival.

Lampasas 4-H Shooting Sports to Begin

The Lampasas 4-H Shooting Sports Project will conduct a mandatory training session at 6:30 p.m. at the County Annex conference room located at 409 S. Pecan Street, Lampasas on Monday March 25th. This training is required in order to participate in the Shooting Sports Shotgun Project. Project participants from previous years are not required to attend this training. Please do not bring any firearms or ammo to the training and a personal shotgun is not required in order to participate in the project. Rick Baxter will lead the class and introduce new project leader Casey Garrett. Please RSVP that you plan to attend.

Youth ages 9-18 (grades 3-12) are eligible to participate in shotgun target events that will include skeet, trap and sporting clays. If you are not currently a 4-Her you can enroll at the extension office (409 S. Pecan St., Lampasas) or online at <https://texas.4honline.com>. Cost to enroll in 4-H is \$25. There is no cost to enroll in the project.

Participants should bring a parent or guardian to all meetings and shooting events.

Shoots will be scheduled and discussed at this first meeting. 4-Hers will need to attend the training class and attend at least two sessions at the range in order to complete the project. Opportunities will be scheduled throughout April and May.

For more information, contact the Lampasas County Extension office at 512-556-8271, Ext 140.

Record Keeping and Record Books



Texas 4-H

Record Books & Record Keeping

Recordkeeping is a very valuable skill taught to members of the Texas 4-H program. Members are encouraged to keep project records and have these records reviewed annually by submitting a Texas 4-H Record book. The primary purposes of completing a record book are for a young person to develop the skills necessary to set goals, work toward achieving those goals, reflect on his/her experiences, and set new and higher goals for themselves. A secondary benefit is to prepare young people for the process of completing quality academic scholarship applications.

Record book forms can be found at http://texas4-h.tamu.edu/youth_recordbooks and the Family Guide to the Texas 4-H Record book can be picked up at the extension office or found at http://texas4-h.tamu.edu/files/2012/04/rb_family_guide.pdf

A record book must be turned in to receive awards such as Rookie, Silver Star & Gold Star Awards. The County Record book deadline is July 1 to be turned in to the Extension Office.

Share the Fun

Do you have a talent to share with your fellow 4-H members? Singing? Dancing? Playing an instrument? Acting? Then sign up for Share-The-Fun! Guidelines have been released and you can plan on the same six categories as last year: Celebrate 4-H, Choreographed Routines, Musical/Instrumental, Solo/Band Performance, Poetry/Prose, and Vocal. An entry can be an individual or in teams up to 9 4-H members. Check out the Texas 4-H Roundup webpage for the rules and more information!

4-H Educational Presentations

If you aren't already doing demonstrations or presentations at your 4-H club meetings now is the time to begin. Also if you want to participate in the district or state 4-H Roundup you need to begin practicing. An educational presentation or demonstration can be done in so many different areas. The best way to see all the categories is to refer to the current Texas 4-H Roundup Participant Guidelines. View or download at:

http://texas4-h.tamu.edu/files/2012/01/youth_roundup_guidelines12.pdf

Texas 4-H Roundup is the event where all educational presentations are given for competition. The Texas 4-H Roundup Guide provides the updated categories and detailed rules related to each category. Educational presentations can be presented in subjects, such as beef, food & nutrition, clothing & textiles, companion animal, shooting sports, and family life, to name just a few. There is also one category that is called "open" or all those other cool projects 4-H members are doing on their own. The district roundup in San Angelo is May 4 at West

Texas Training Center and the state 4-H Roundup in College Station is June 10-14. County Agent, Karen DeZarn has printed material, a PowerPoint, and a VCR video describing demonstrations/educational presentations and talks.

Let's see some involvement at the club, county, district and state level!!

Educational Presentation - any number of junior entries /3 senior entries per county

Share-the-Fun - 2 entries for juniors and 2 entries for seniors per county. Wouldn't it be nice for there to be so many entries that we could have a county Share-the-fun/Roundup???

Texas 4-H Roundup

Texas 4-H Roundup is a qualifying and invitational event for youth between the ages of 11 and 18 that have successfully placed in a qualifying event at the district level or signed up to compete in an invitational event at the state level. County and district Roundup's are open to all ages of 4-H members from 9 to 18. Texas 4-H Roundup includes approximately 50 different contests and workshops that test 4-H members on life skills in such attributes are decision making, public speaking, organization, and working with others. These contests include such things as Fashion Show, Food Show, an assortment of judging contests, and educational presentations. The 2013 Texas 4-H Roundup will be held in College Station, Texas on the campus of Texas A&M University from June 10th to June 14th, 2013.

<http://texas4-h.tamu.edu/roundup>

The qualifying event is the District 7 4H Roundup to be held on May 4 at the West Texas Training Center in San Angelo. The county deadline for submission is April 8th so be getting ready.

Get involved with Relay for Life

Relay For Life is a life-changing event that helps communities across the globe celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease. The Lampasas event is Friday, May 4 from 6 PM until May 5 at 6 AM at the Lampasas Middle School track. 4-H has a team. Please join the team and help raise money for this countywide event. The website to join is: www.relayforlife.org then search for Lampasas TX. Click on Search for Team and join. We'll email the team name ASAP or be watching the Facebook page.

RECAP

If you have any interest in the following items, Quilt Challenge, Recipe Rally or 4-H has Talent, contact Heath or Karen or check February newsletter for details.

4-H on the Internet

Lampasas County 4-H is readily available on the internet. Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.

<http://texas4-h.tamu.edu/> Texas 4-H website.

<http://d74-h.tamu.edu/> District 7 website contains information on District events.

<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.

<http://4-h.org/> National 4-H site including the 4-H mall.

<http://www.national4-hheadquarters.gov/> National 4-H site.

Clothing & Textiles Packet (will be updated for 2012)

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

Share the Fun Information

http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf

District 7 4-H Events

<http://d74-h.tamu.edu/>

4-H Record Books

<http://www.4hreports.com>

4-H Shooting Sports

<http://texas4-h.tamu.edu/shootingsports/index>

4-H Round-Up

<http://texas4-h.tamu.edu/youth/roundup/index.php>

Leaders 4 Life

<http://texas4-h.tamu.edu/projects/leaders4life/index.php>



FACEBOOK Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

County 4-H Membership Guide

[http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-](http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf)

[132.pdf](http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf)

**Update your 4-H New Membersguide by
downloading it from the Lampasas
Extension websit.**

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting will be on the 2nd Monday (March 11) of the month at 7:00 p.m. at the Oakalla Community Center. Leaders: Robin Allen at 713-530-6545 & Lisa Kepner at 512-489-2275.

SULPHUR CREEK 4-H

Meetings are held the 3rd Tuesday (March 19) of every month at 5:30 – 6:30 p.m. at the County Annex conference room.

Contact: Becca Dishman becs@sbcglobal.net or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

Lampasas 4-H Club

Meetings are held the 2nd Tuesday of every month (March 12) at 5:00 at the Lampasas Boy & Girls Club. Leaders: Karen DeZarn and Karen Longoria at 512-556-8271.

Swine Club

Meeting will be Tuesday, March 26 at 5:30 p.m. in the Lampasas County Youth Livestock Association (LCYLA) Show barn. Leaders: Judy Kennedy 512-734-0180 and Heath Lusty 817-584-6628.

Sincerely,



Heath Lusty
CEA – AG/NR



Karen DeZarn
CEA – FCS