



Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

(512) 556-8271, x140 E-mail: <u>lampasas-tx@tamu.edu</u> Home Page: <u>http://lampasas-tx.tamu.edu</u>



4-H News



MARCH 2015

Learn More About 4-H

http://texas4-h.tamu.edu/

Use this link to learn

All about state 4-H programs find publications (project guides, record keeping information, etc.) http://d74-h@tamu.edu

Use this link to learn about District 7 4-H happenings (district contests, etc.)

http://texas4h-ctr.tamu.edu/

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting is Monday March 9 at 6p.m. in the Taylor Creek Elementary School cafeteria.

For more information contact the club manager Lisa Jorstad at 254-432-6088 or charity9900@yahoo.com.

SULPHUR CREEK CLUB

No meeting for March. Final meeting for year will be in April. For more information contact club managers Becca Dishman <u>becs@sbcglobal.net</u> 512-556-3763, or Gennifer Brister <u>nursegenny1974@hotmail.com</u> 325-628-3209.

LAMPASAS 4-H Food, Fun, & Fashion

The club meeting this month will on March 31 in the County Annex conference room. For more information contact club manager Karen DeZarn 512-556-8271 ext. 140

Horse Project

No meeting in March due to Spring Break. For more information contact Shelley Kozma at 817-845-5041 or Kim Pearce at 512-556-3183.

Swine Club

No meeting in March. For more information contact club managers Bobby Gene Carroll 512-525-1540 or Chad Hopson 512-734-2122.

Archery Club

The Archery club shoots will be March 21, April 18, May 16, June 20, July 11 in Cherokee, and August 15. For more information contact Jaimie Smart at 512-734-5332.

4-H Shooting Sports Projects

Air Rifle Meeting - TBA Contact Rusty Calk at 915-478-7681 or rusty.calk@yahoo.com. Shotgun Meeting - Look for information in an email and on Facebook or contact Clint Lang at 512-556-

2822 or langfam1106@gmail.com.

SAFE SITTER® BABYSITTING TRAINING: BE THE SITTER THAT ALL PARENTS WANT

This is a new 4-H Special Interest (SPIN) Club offered by Karen DeZarn and Karen Longoria. Babysitting is important business and good babysitters are always in demand! Safe Sitters gain the skills needed to do the job well and earn parents' trust. Students who complete the medically-accurate, up-to-date program gain confidence and learn how, why and where injuries can happen so they can be prevented. They are taught how a child's age affects how to care for them, how to prevent problem behavior and how to run their own babysitting business. Students also learn how to perform infant and child choking rescue. Students must be at least 11 years old. To register for the Safe Sitter® course scheduled for Saturday, March 14 at the County Annex, call 512-556-8271, ext. 140. The cost is free to 4-Hers. This is a savings of \$30 due to Karen DeZarn receiving a Texas 4-H Program Support Grant. Others desiring to enroll http://texas.4honline.com and enroll for \$25. The class is limited to the first 10 to register for the class. Another class will be offered May 16.

4-H Photography Field Trip

Due to bad weather the field trip to Merritt Roman's gem and rock collection had to be re scheduled. The new dates are either March 15 at 2:00 pm or Monday March 16 at 10:00pm. Please call the Extension office or RSVP on Facebook as to which date is preferable.

2015 Horse Validation

Open on 4-H Connect March 1 through May 1.

- March 1 April 15 \$10 per horse
- April 16 May 1 \$20 per horse

All horses must be validated or re-validated with payment each year, to be eligible to show at District and State 4-H Horse Shows.

Photography Invitational Contest

Texas 4-H will host an Invitational Photography Judging Contest at Texas 4-H Roundup. This contest, similar to livestock, consumer decision making, or horse judging will challenge the 4-H members to ability to evaluate and select the correct order for four photographs in a class. In addition to the placing of photographs, contest participants will also participate in problems classes testing their knowledge about cameras, camera settings, photography effects, and more.

The 2015 contest will be held as an invitational contest during the State 4-H Round-up on Tuesday, June 10, 2015 during Texas 4-H Roundup. Counties can enter as many teams and individuals as they wish and participants must be either intermediate or senior age 4-H members. Registration will be conducted on the Texas 4-H Roundup registration event through 4-H CONNECT. (See Attachment in February newsletter)

4-H Has Talent

(Deadline April 1)

Do you have what it takes to be a star? Have you always pictured yourself performing on the Big Stage? Then the 2015 Texas 4-H Roundup- 4-H Has Talent Competition is for you!! So sing a song, do a dance, tell a joke or just do something unusual! Get the chance to show your skills on stage in front of nearly 4,000 fellow 4-H'ers, parents, volunteers, and 4-H faculty.

(See Attachment in February newsletter)

Dinner Tonight Invitation

Karen DeZarn would like to invite all 4-Hers and their families to the Dinner Tonight Cooking School(s). *See attached flyer*. They will be in Lampasas on March 26th and in San Saba on April 30. Each one will feature a different menu and recipes. Cost is \$12 in advance and \$15 at the door. Youth are free with paying adult and anyone on the Scott & White Health Plan is free. The events are sponsored by Scott & White, Walmart, and the Texas Beef Council. The Rumley Club, 4-Hers and the Lampasas Health & Wellness Partnership will be assisting.



Recipe Rally

In the 4-H Recipe Rally, intermediate and senior 4-H members are challenged with selecting, creating, and/or altering a recipe and submitting a video, via YouTube. The video should highlight the 4-H member demonstrating the preparation of the recipe while also highlighting nutrients; food safety practices, serving size and cost analysis, as well as their inspiration for selection or creation of the recipe. The theme for the 2015 contest is "Bring Texas to the Table" Information such as guidelines, online entry form and training video can be found at

http://texas4-h.tamu.edu/healthy_lifestyles.

The due date is April 1st.

(See Attachment in February newsletter)



4-H Fashion Show/ Clothing project

Senior level (high school) 4-Hers interested in the 4-H Fashion Show project which includes buying, sewing/ construction and fashion storyboard need to begin working on this project. The deadline for the county will be April 20 with the district contest during the District Roundup May 2. For the Jr. and Intermediate levels the county deadline will be early July with the district competition July 21st. Both contests are in San Angelo. Call Karen DeZarn to schedule ono on one or group lessons.

4-H Trashion Show April 1 deadline

The contest is open to any Intermediate or Senior-level 4-H member who has a desire to turn trash into fashion, to create fun wearable garments from discarded material, and to recycle and repurpose "junk" into fabulous and fantastic fashion. Entrants are encouraged to let their imaginations go, be wildly inventive, and to "think outside of the recycle bin." 4-H member/teams will submit a video application. All videos must be submitted by uploading to YouTube by the April 1, 2015, deadline. A team of judges will evaluate the entries, and the top 10 entries will be asked to compete in the Trashion Show Invitational event. The teams chosen will go through an interview process and model their garment in the Fashion Show at Texas 4-H Roundup.



Share the Fun

Do you have a talent to share with your fellow 4-H members? Singing? Dancing? Playing an instrument? Acting? Then sign up for Share-The-Fun! Guidelines have been released and you can plan on the same six categories as last year: Celebrate 4-H, Choreographed Routines, Musical/Instrumental, Solo/Band Performance, Poetry/Prose, and Vocal. An entry can be an individual or in teams up to 9 4-H members. Check out the Texas 4-H Roundup webpage for the rules and more information!

4-H Educational Presentations

If you aren't already doing demonstrations or presentations at your 4-H club meetings now is the time to begin. Also if you want to participate in the district or state 4-H Roundup you need to begin practicing. An educational presentation or demonstration can be done in so many different areas. The best way to see all the categories is to refer to the current Texas 4-H Roundup Participant Guidelines. View or download at:

http://texas4-h.tamu.edu/files/2012/01/youth_roundup_guidelines12.pdf

Texas 4-H Roundup is the event where all educational presentations are given for competition. The Texas 4-H Roundup Guide provides the updated categories and detailed rules related to each category. Educational presentations can be presented in subjects, such as beef, food & nutrition, clothing & textiles, companion animal, shooting sports, and family life, to name just a few. There is also one category that is called "open" or all those other cool projects 4-H members are doing on their own. The district roundup in San Angelo is May 2 at West Texas Training Center and the state 4-H Roundup in College Station is June 8-12. County Agent, Karen DeZarn has printed material, a PowerPoint, and a VCR video describing demonstrations/educational presentations and talks.

Let's see some involvement at the club, county, district and state level!!

Educational Presentation - any number of junior entries /3 senior entries per county

Share-the-Fun - 2 entries for juniors and 2 entries for seniors per county. Wouldn't it be nice for there to be so many entries that we could have a county Share-the-fun/Roundup???

Texas 4-H Roundup

Texas 4-H Roundup is a qualifying and invitational event for youth between the ages of 11 and 18 that have successfully placed in a qualifying event at the district level or signed up to compete in an invitational event at the state level. County and district Roundup's are open to all ages of 4-H

members from 9 to 18. Texas 4-H Roundup includes approximately 50 different contests and workshops that test 4-H members on life skills in such attributes are decision making, public speaking, organization, and working with others. These contests include such things as Fashion Show, Food Show, an assortment of judging contests, and educational presentations. The 2015 Texas 4-H Roundup will be held in College Station, Texas on the campus of Texas A&M University from June 8th to June 12th, 2015.

http://texas4-h.tamu.edu/roundup

The qualifying event is the District 7 4H Roundup to be held on May 2 at the West Texas Training Center in San Angelo. The county deadline for submission is April 20th so be getting ready.

Texas Brigades Summer Camp Registration Starts Now

(If you wish to attend speak to Heath about a possible scholarship.) Registration for the Texas A&M AgriLife Extension Service's Texas Brigades summer wildlife leadership camps program has begun, said Dr. Dale Rollins, camp coordinator.

"Summer seems a long way off with these 'Blue Northers' whipping across the state, but now is the time to start making plans," Rollins said.

"It's hard for me to believe, but this is our twenty-second year of turning out young leaders through the Texas Brigades program," Rollins said. "It's great to watch them mature and go on to assume professional leadership roles. And while our camps feature quail, deer, bass, ducks and beginning last year, livestock, our real aim is to equip young people with the knowledge, skills and drive to really make a difference in wildlife conservation and proper land management throughout their lives."

Rollins said youth are taught leadership skills, natural resources conservation and proper ranch management at the camps held across the state. Each camp is limited to 20-30 students ages 13 through 17.

"The camps are designed to develop life skills such as critical thinking and team-building through fun and interesting activities that focus on a particular species of wildlife and now livestock," Rollins said.

The camp dates and locations are:

- Rolling Plains Bobwhite Brigade, June 15-19,
 Centennial Lodge, Coleman.
- South Texas Buckskin Brigade, June 16-20,
 Southern Star Ranch, Uvalde.
- South Texas Bobwhite Brigade, June 27-July 1,
 Buck Horn Creek Ranch, Pleasanton.
- Bass Brigade, July 8-12, Warren Ranch, Santa Anna.
- North Texas Buckskin Brigade, July 14-18, El
 Escondrijo Ranch, San Angelo.
- Waterfowl Brigade, July 21-25, BigWoods on the Trinity, Tennessee Colony.
- Ranch Brigade, July 15-19, Warren Ranch, Santa Anna.

The camps are a partnership effort of AgriLife Extension, Texas Wildlife Association, Texas Parks and Wildlife Department, U.S. Department of Agriculture's Natural Resources Conservation Service, several universities, conservation groups, local soil and water conservation districts, private businesses, and individuals with an interest in wildlife and youth leadership development.

Tuition is \$400 per cadet per camp, but Rollins said sponsors are available to provide financial aid when requested.

Helen Holdsworth, Texas Brigades executive director at San Antonio, said camp organizers are looking for adult leaders to help at all the camps.

"Adults interested in working with the Brigades program should be highly motivated, ages 20 to 60 years old and willing to serve as 'covey,' 'school,' 'herd,' 'flock' or 'ranch' leaders," Holdsworth said.

"They'll get a full helping of appreciation topped with growing optimism from having worked with these young people and seeing firsthand the powerful impact these young people can have on conservation in the future," she said.

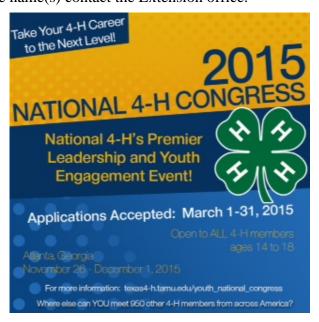
"The confidence our programs instill in young people is palpable, and it is an adaptation that will serve them well regardless of their career choice."

Registration deadline is March 15, Rollins said.

Applications may be completed online or downloaded at http://www.texasbrigades.org. For more information, contact Holdsworth at hholdsworth@texas-wildlife.org or Kassi Scheffer at kscheffer@texas-wildlife.org or by calling 855-TXBRIGS (855-892-7447).

Thank-You Notes

This is a reminder to any 4-Her, who participated in the Lampasas Youth Livestock Association Auction, to send a Thank You note to your buyer. If you need the name(s) contact the Extension office.



2015 National 4-H Congress Opportunity for Senior 4-H Members

National 4-H Congress is the flagship event of the National 4-H program held annually in Atlanta, Georgia at the Hyatt Regency Hotel. The Texas 4-H Youth Development Program is pleased to announce our state's participation in the event once more. The 2015 event will be held from November 26th to December 1st and is open to all Texas 4-H youth between the years of 14 and 18 on September 1st. Applicants must have been born during the period beginning of September 1, 1995 and ending August 2000 31. to be eligible to participate.

National 4-H Congress is a youth focused five day event that engages 4-H members from more than 45 states and Puerto Rico in areas of leadership, service, diversity, and project experience. Participants engage with some of the nations leaders through interactive workshops as well as general assemblies, tours, and recreational activities. In addition to youth participating in the educational components offered by National 4-H Congress, this event provides the opportunity for 4-H members to meet other 4-H and learn about other members citizenships, and project experiences conducted in other states. The friends met at National 4-H Congress are truly friends for life for the majority of 4-Hmembers!

Applications for the 2015 National 4-H Congress will be accepted online through 4-H CONNECT from March 1st to March 31st. From the applications, a slate of 4-H members will be chosen to participate in interviews during the Texas 4-H Roundup. The official announcement of the 2015 Texas Delegation to National 4-H Congress will be done at the Thursday night assembly of Texas 4-H Roundup (delegates do not have to be present).

(See Attachment in February newsletter)

Will You Be a 4-H Member in Good Standing?

- Select one or more projects for in-depth study
- Record what you learn (record book)
- Attends meetings regularly and is an active participant
- Completes a community service project (or becomes involved in a group community service project)
- Participates in some form of public presentation
- If you are elected as a club officer completes duties expected of that office

Parents please support your children to complete these expectations and volunteer to help at club and/or project meetings with such things as supplying drinks, snacks and/or activities. Volunteers are needed for project management and new club management. Contact Heath or Karen if interested.

Lampasas County 4-H is readily available on the internet

Below are links to many sites you may find useful.

http://lampasas.agrilife.org/ Lampasas County Extension website.

http://texas4-h.tamu.edu/ Texas 4-H website.

https://texas.4honline.com/ State 4-H registration page, 4-H Connect.

<u>http://4-h.org/</u> National 4-H site including the 4-H mall.

http://www.national4-hheadquarters.gov/ National 4-H site.

Clothing & Textiles Packet (will be updated for 2012)

http://fcs.tamu.edu/clothing/4h/packet/index.php

Share the Fun Information

http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf

District 7 4-H Events

http://d74-h.tamu.edu/

4-H Record Books

http://www.4hreports.com

4-H Shooting Sports

http://texas4-h.tamu.edu/shootingsports/index

4-H Round-Up

http://texas4-h.tamu.edu/youth/roundup/index.php

Leaders 4 Life

http://texas4-h.tamu.edu/project_leadership/leaders

Better Living for Texans

https://www.facebook.com/BetterLivingForTexansLampasasCounty

FACEBOOK Check out Lampasas 4-H on

Facebook. Become a friend!

http://www.facebook.com/groups/199928750048104

Sincerely,

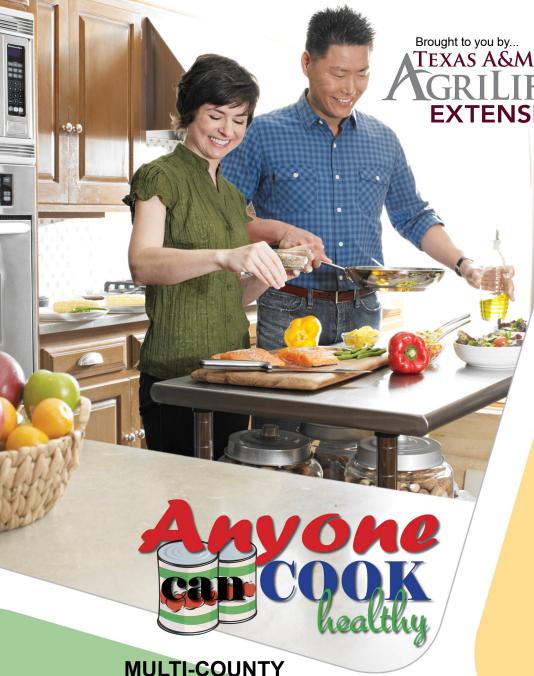
USS Karen De Zann **Heath Lusty** CEA - AG/NR

Karen DeZarn CEA - FCS





SUNDAY	MONDAY 2	TUESDAY 3	WEDNESDAY	THURSDAY 5	FRIDAY 6	SATURDAY 7	
MADCH	*Horse Validation						
MARCH	starts and runs						
	through April 15.						
8	9	10	11	<u> </u> 1 12	13	14	
	*Oakalla/Kempner club meeting					*Safe Sitter meeting in County	
	6pm Taylor Creek Elementary					Annex conf. rm.	
15	16	17	18] B 19	20	21	
	*Proposed Photography field trip	17	18	19	20	*Archery shoot.	
	l						
22	23	24	25	5 26	27	28	
			* Photography due.	*Dinner Tonight in Marble Falls	*Photography deadline.		
				*Photography Due			
29	30		April 1	1			
		*Food Fun & Fashion club meeting 5:30pm in the County Annex	*Recipe Rally deadline. *Trashion Show deadline.				
		conference room.	Trasmon snow deadline.				
						<u> </u>	
512-556-8271 EXT		ΛΙΙ Γ + - Ο Λ - + : : + :					
		4-H Events & Activities					
140							



DINNER TONIGHT!

Healthy Cooking School

how to prepare easy, nutritious and economical meals for your family

St. Mary's Catholic Church Parish Building (behind church) 701 N. Key Ave. Lampasas, 6-8 p.m. Thursday, March 26

San Saba Civic Center at Mill Pond Park (Thomas Stewart Dr) San Saba, 6-8 Thursday April 30

COOKING DEMONSTRATIONS

by Family & Consumer Sciences
County Extension Agents

Linda Wells, Burnet 512-756-5463 Karen DeZarn, Lampasas 512-556-8271 Melanie Potter, San Saba 325-372-5416

DOOR PRIZES!!!

\$12 in advance or \$15 at the door

(includes a drink, samples & cookbook)
Discount for families & free to those on
Scott & White Health Plan.

Space limited. Please call asap.
Like us on Facebook
facebook.com/TXDinner









Educational programs by the Texas A&M AgriLife Extension Service are open to all people wit gion, age or national origin. The Texas A&M University System, USDA and the county Commissioners Sources or reasons with disabilities requiring auxiliary aids or special accommodations should contact the Extension Office prior to the event.



PLEASE READ THE INSTRUCTIONS CAREFULLY AS THERE ARE TWO SETS OF DIRECTIONS BASED ON IF YOU ARE VALIDATING A NEW HORSE FOR 2015 OR REACTIVATING A HORSE THAT WAS ENTERED LAST YEAR INTO 4-H CONNECT!



FOR THOSE ENTERING A NEW HORSE INTO 4-H CONNECT, BEFORE YOUR BEGIN YOUR VALIDATION PROCESS, YOU MUST:

- Have a family and youth member profile established on 4-H CONNECT
- Be an paid/active youth member of Texas 4-H for the 2014-2015 year.
- For any horse which was NOT validated in 4-H CONNECT last year, have digital photos of your horse(s) from the front, left side, and right side. These photos must be accessible for upload during the validation process.
- For any registered horse that was NOT validated last year you will need to have a pdf copy of your horse(s) registration papers for upload.

IMPORTANT

Horse Validation is completed for EACH HORSE and will cover all 4-H youth members in that family profile. However, when validating your horses on 4-H CONNECT, you will select ONLY ONE 4-H youth member to conduct the validation under. Once a horse is validated, validation paid, and you begin registering for district horse show, the validate horse(s) can be moved to the appropriate 4-H member(s) that will be exhibiting the horse in the show.

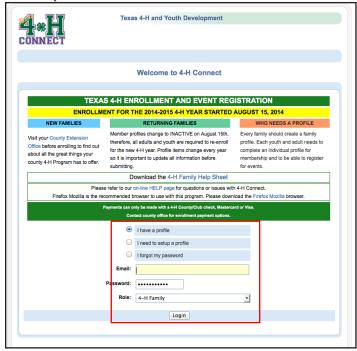
VALIDATION OF A NEW HORSE INTO THE 4-H CONNECT SYSTEM

1. Access 4-H CONNECT through the Texas 4-H and Youth Development website (texas4-h.tamu.edu).

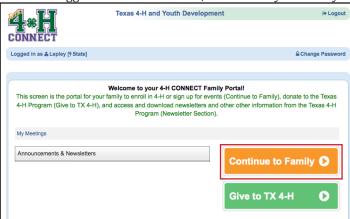




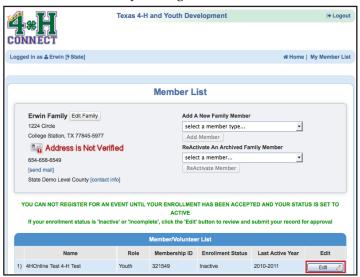
and password.



Once logged into 4-H CONNECT, continue to your family.



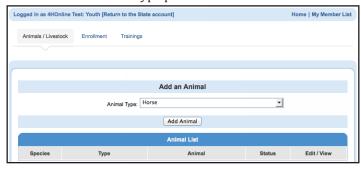
Once at your family profile, select ONE ACTIVE 4-H youth that you would like to validate ALL horse(s) under. Select the 4-H member by clicking the "Edit" button beside name.



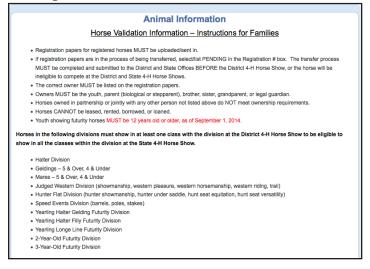
Log into 4-H CONNECT using your family email address 5. At the 4-H member profile, you will click on the "ANIMALS/ LIVESTOCK" section at the top of the screen.



You will now be at the screen to enter your horse(s) information. At this screen, click the "Add Animal" button under the Animal Type pull down list.



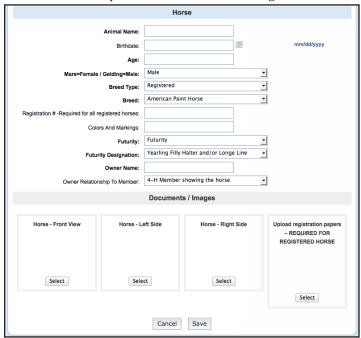
Read all instructions/rules pertaining to the validation of a horse in the Texas 4-H and Youth Development Program.



*items listed above, may be different than what appears on screen - refer to official information on 4-H

8. Complete information for the horse you are validating. In addition to completing all information, you will also need to upload photos/registration papers for each horse (front view, left side, and right side). Three photos will be required of each horse validated, including a front view and the left and right side of the horse. The entire horse MUST be in the photograph. Photos should be as close as possible and markings should be clearly visible.

To upload a photograph/paper, click on the "Select" button in the appropriate upload box, a box will appear locate the correct photograph/document based on where it is located on your computer/drive. Once selected, click on the "Open" button in the bottom right corner.

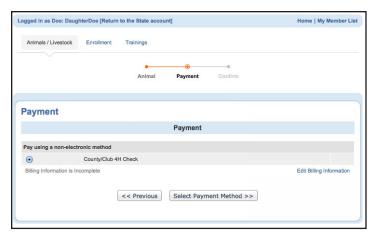


9. The photo or a pdf logo should now appear in upload box. After all information is complete and photos/documents uploaded, you will click the "CONTINUE" button at the bottom of the screen.



10. After clicking continue you will be ask for your payment method. The two options may be either credit card (preferred) or by club/county check. If paying by club/ county check you will need to print out an invoice and provide it and your payment to the County Extension Office so they may request a club/county 4-H check. A PERSONAL CHECK WILL NOT BE ACCEPTED BY THE TEXAS 4-H YOUTH DEVELOPMENT FOUNDATION.

Select your form of payment (if a credit card information has not previous been entered into the 4-H CONNECT system, you will be prompted to complete prior to using the credit card method).



After payment has been made, you will acknowledge 4-H CONNECT policies and then click enter. Once validation for this horse is submitted you will be returned back to your animal list. At that point another horse can be added, or validated.

HORSE VALIDATION PERIOD IS:

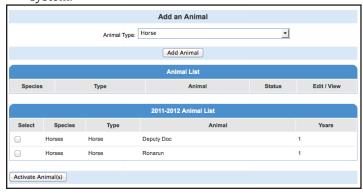
March 1, 2015 to April 15, 2015 **\$10.00 per horse**

April 16, 2015 to May 1, 2015 \$20.00 per horse

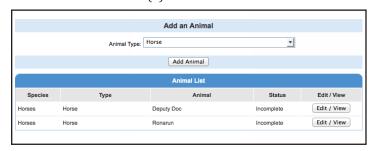
Validation and payment is required of ALL horses regardless if they were entered this year or last!

RE-VALIDATION OF A HORSE ALREADY IN THE 4-H CONNECT SYSTEM

- 1. Follow steps 1 through 5 of the instructions above.
- Once you are at your animal screen, you will see the horse(s) that were entered in the past already in the system.

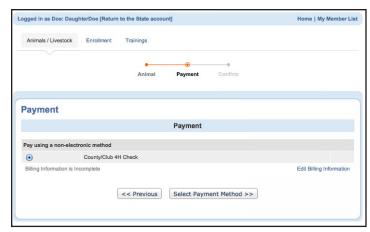


3. From this list, you will select the horse(s) you wish to reactive for this year by clicking on the box beside the horse name. Once the correct ones are selected, click the "ACTIVATE ANIMAL(S)" button.



- 4. After clicking the activate button, you will see the horse(s) appear underneath the "Animal List" section of your screen.
- 5. To complete the validation process of the horses listed, you will click the "Edit/View" button beside each horse, verify all information and then click the "CONTINUE" button at the bottom of the screen.
- 6. After clicking continue you will be ask for your payment method. The two options may be either credit card (preferred) or by club/county check. If paying by club/county check you will need to print out an invoice and provide it and your payment to the County Extension Office so they may request a club/county 4-H check. A PERSONAL CHECK WILL NOT BE ACCEPTED BY THE TEXAS 4-H YOUTH DEVELOPMENT FOUNDATION.

Select your form of payment (if a credit card information has not previous been entered into the 4-H CONNECT system, you will be prompted to complete prior to using the credit card method).



After payment has been made, you will acknowledge 4-H CONNECT policies and then click enter. Once validation for this horse is submitted you will be returned back to your animal list. At that point another horse can be added, or validated.

HORSE VALIDATION PERIOD IS:

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