

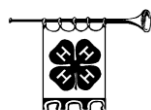


Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

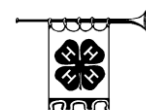
(512) 556-8271, x140

E-mail: [lampasas-tx@tamu.edu](mailto:lampasas-tx@tamu.edu)

Home Page: <http://lampasas-tx.tamu.edu>



## 4-H News



MAY 2014

### Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications  
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings  
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

### 4-H Council & Parent Meetings

4-H Council meeting will be on Monday, May 5 at 5:30pm in the Annex conference room. Elections for next year's officers will be held at this meeting.

4-H Parent meeting will be on Monday, May 5 at 5:30pm in the Extension office conference room.

### Paper Clover Drive

Please volunteer to help with the Paper Clover Drive at Tractor Supply on Saturday May 3, 10am – 4pm. Contact the office to sign up.

### Steer Validation

June 24<sup>th</sup> @ Mike Atkinson's, 4PM

### Show Lambs & Goats

It's time to start looking for county and major show lambs and goats for the 2014 show season. If you need help finding good quality animals, Heath will be more than happy to help you.

### Leadership Lab

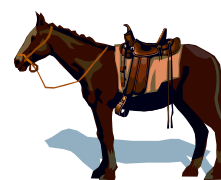
*Registration deadline May 30*

The 2014 District 7 Leadership Lab is in Brownwood, June 25 – 27. Lab is for ages 13 – 19. The deadline to register is May 30. *See attached flyer.*

### Jewelry Making Workshop

There will be a jewelry making workshop June 3<sup>rd</sup>, 11am – 1pm. RSVP if attending. Will need a head count for provided lunch. Please sign up to bring either salad or dessert. The junior/intermediate sets or individual pieces can be turned in before June 30 for the District Jr./Int. 4-H Fashion Show contest. Any 4-H'er can enter this show. Remember, the County

Fair also has a jewelry category. Check the County website for the County Fair catalog or stop by the office. The 4-H categories were changed this year to encourage both male and female entries.



### Horse Project Fundraiser

The 4-H Horse Project group will be having a fundraiser and BBQ dinner on May 16 at 6 in the Farm Bureau conference room. Tickets are \$10 a person. Contact Shelley Kozma (817-845-5041) or Kim Pearce (512-556-3183) for additional information.

### Juniors and Intermediates Fashion Show/Clothing Project

County Deadline is June 19. The work dates are after school, May 23, 27-30 and any time arranged in June. Contact Karen if anyone needs picked up from Lampasas middle school.

#### ➤ Fashion Show Construction

##### Categories

- Everyday living (casual)
- Refashion (*means modifying existing clothing or fabric items, such as table cloths or curtains, into something more fashionable. The main purpose of ReFashion is creativity as well as sewing skills.*)
- Semi-Formal/Formal (dressy)
- Special Interest (theatrical/costume)

#### ➤ Fashion Show Natural Fiber

#### ➤ Fashion Show Buying

##### Categories

- Everyday living (casual)
- Fantastic Fashions under \$25
- Semi-formal/Formal (dressy)
- Special Interest (theatrical/costume)
- 

#### ➤ Jewelry Making

- Sets
- Individual Pieces

#### ➤ Non Apparel Sewing

- Pillows
- Quilts or Throws

- Tote Bags
- Small Electronic Device Cover
- Aprons
- Other (of your choice)

- Fashion Storyboard – The theme this year is **Geometry Lesson**. It’s time to get graphic with playful geometric monochromatic patterns. Anyone can do it. It’s all in the angles. Use your math skills to create your original design. Will post D-7 link to guidelines soon.

Categories

- Wearable
- Accessory
- Jewelry
- Non-Wearable
- Pet Clothing



### 4-H Camo Run

*Distance:* 3 mile or 1 mile

*Location:* 449 Riverwood Dr San Angelo, TX 76905

*Registration* will begin at 8:00 am or mail in your registration to the address listed above by Tuesday, May 13<sup>th</sup>;

*Time of Run:* 9:00 am; Date: May, 17, 2014;

*Cost:* Any donation accepted; suggestion:

3 mile: \$10 and 1 mile: \$5

### **Contact Information: (325)-656-8191**

Awards will be given to the top male and female finishers, and the top three finishers in each age division

This run supports Freedom Isn’t Free Veteran Hunt, an organization that focuses on providing many enjoyable outdoor activities to our Nation’s Veterans, past and present. These activities include: hunting, fishing, and providing an environment that fosters a sense of relaxation in addition to a well-deserved Thank You for their Service and the blanket of Freedom in which they provide.

### NEW FOOD & FASHION CLUB

The Lampasas 4-H Club will become a club focusing on Family & Consumer Sciences related projects like Cooking (Foods and Nutrition) and Sewing (Clothing and Textiles) plus Photography and Consumer related topics. Karen DeZarn is looking for a committee to help plan club meetings and volunteers to help with the projects in this area. A new club name could be “Food & Fashion”. A planning meeting is scheduled for August 4<sup>th</sup> at 5 pm. in the Extension office. Adults and 4Hers are invited to attend. Please spread the word so this can be a successful and educational club.

### District 7 Photography Results

Harrison Hays:

Animals-Domestic	Red
Animals-Wildlife	Blue
Catch-All	White
Details & Macros	Blue
Elements of Design	Red
Food	Blue
Nature & Landscape	Blue
Night Photography	Blue

Sydney Dishman

Animals-Domestic	Blue
Elements of Design	Blue
Nature & Landscape	Blue
Night Photography	Blue

JT Saucedo:

Nature & Landscape	Red
Plant/Flora	Red



Harrison Hays: Animals-Wildlife



Sydney Dishman: Elements of Design



## Record Keeping and Record Books



Texas 4-H

### Record Books & Record Keeping

Recordkeeping is a very valuable skill taught to members of the Texas 4-H program. Members are encouraged to keep project records and have these records reviewed annually by submitting a Texas 4-H Record book. The primary purposes of completing a record book are for a young person to develop the skills necessary to set goals, work toward achieving those goals, reflect on his/her experiences, and set new and higher goals for themselves. A secondary benefit is to prepare young people for the process of completing quality academic scholarship applications.

Record book forms can be found at <http://www.4hreports.com/index.aspx> and the Family Guide to the Texas 4-H Record book can be picked up at the extension office or found at [http://texas4-h.tamu.edu/files/2012/04/rb\\_family\\_guide.pdf](http://texas4-h.tamu.edu/files/2012/04/rb_family_guide.pdf)

A record book must be turned in to receive awards such as Rookie, Silver Star & Gold Star Awards. The County Record book deadline is July 1 to be turned in to the Extension Office.

### Outdoor Challenge

The state committee is excited to provide information for the Texas 4-H Outdoor Challenge, scheduled for June 27-29, 2014. You will find registration information, rules, a tentative schedule, and various educational resource links at the following link: <http://texas4-h.tamu.edu/outdoor>

If there is interest the extension office can help you understand what this contest/camp involves and it would be great to start an Outdoor Challenge Club. Are there any adult leader volunteers?

## Lampasas County 4-H is readily available on the internet

Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.  
<http://texas4-h.tamu.edu/> Texas 4-H website.  
<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.  
<http://4-h.org/> National 4-H site including the 4-H mall.  
<http://www.national4-hheadquarters.gov/> National 4-H site.  
Clothing & Textiles Packet (will be updated for 2012)  
<http://fcs.tamu.edu/clothing/4h/packet/index.php>  
Share the Fun Information  
[http://texas4-h.tamu.edu/library/files/youth\\_roundup\\_resources\\_share.pdf](http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf)  
District 7 4-H Events  
<http://d74-h.tamu.edu/>  
4-H Record Books  
<http://www.4hreports.com>  
4-H Shooting Sports  
<http://texas4-h.tamu.edu/shootingsports/index>  
4-H Round-Up  
<http://texas4-h.tamu.edu/youth/roundup/index.php>  
Leaders 4 Life  
[http://texas4-h.tamu.edu/project\\_leadership/leaders](http://texas4-h.tamu.edu/project_leadership/leaders)  
Better Living for Texans  
<https://www.facebook.com/BetterLivingForTexansLampasasCounty>



**FACEBOOK** Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

## 4-H Club Meetings\*

### OAKALLA/KEMPNER 4-H

The next meeting is scheduled for May 12, at 6pm in the community building.  
Leaders: Trisha Pratt at 254-247-6573 & Lisa Kepner at 512-489-2275.

### SULPHUR CREEK & LAMPASAS 4-H CLUBS JOINT MEETING

The Sulphur Creek and Lampasas 4-H Clubs will have a multi-club meeting on Tuesday, May 20th at 5:30 in the County Annex conference room.

Contact: Becca Dishman [becs@sbcglobal.net](mailto:becs@sbcglobal.net) or 512-556-3763, Mandy Gautier 713-504-5223 or Karen DeZarn and Karen Longoria at 512-556-8271 for additional information.

### Swine Club

Swine Club will not meet during stock show season unless otherwise notified. If you have questions contact the 2013-14 club managers Bobby Gene Carroll 512-525-1540 or Chad Hopson 512-734-2122.

Sincerely,

*H 88*

Heath Lusty  
CEA – AG/NR

*Karen DeZarn*

Karen DeZarn  
CEA – FCS

## 3D Archery Shoot



March 1&2  
April 5&6  
May 3&4  
June 7&8  
July 5&6  
Aug. 2&3  
Sept. 6&7

**Classes**

♦ 8-under	♦ Traditional
♦ 9-11	♦ Hunter men & Women
♦ 12-14	♦ Open
♦ 15-17	♦ Bow Novice
	♦ Senior Men & Women

**Saturday (Youth only)**  
10:00-1:00  
Free for Lampasas 4H members  
\$10 for other county's 4H members and non 4H youth

**Sunday (Open Shoot)**  
8:00-1:00  
\$20 Adult Fee (\$5 goes to the jackpot)  
\$10 Youth Fee  
Ribbons or Medals to Youth Winners  
Targets will be picked up at 1:00  
No Range Finders and Max speed of 280 FPS 3%

**Directions**  
(From Lampasas)  
♦ Go North on US 183 for about 10 miles  
♦ Turn right on CR 2060 and continue for about 1 mile  
♦ School creek Ranch will be on your left  
(From Lometa)  
♦ Go South on US 183 for about 6 miles  
♦ Turn left on CR 2060 for about 1 mile  
♦ School Creek Ranch will be on your left

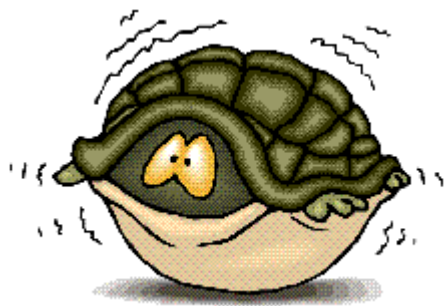
For any questions contact  
Jamie Smart at  
(512) 734-5332



# District 7 and District 10 4-H Leadership Lab

## Texas 4-H Conference Center, Brownwood, Texas

### June 25-27, 2014



# Don't Be a Turtle... Get Out of Your Shell

Districts 7 and 10 Council Teams have joined forces to create a Leadership-Lab experience you will never forget! This year's Theme is "Don't Be a Turtle... Get Out of Your Shell". The event will be held June 25<sup>th</sup>-27<sup>th</sup> at the one and only Texas 4-H Conference Center in Brownwood, Texas. Come and join other 4-Her's from District 7 and 10 and enjoy three days and three nights of fun as we work together to build leadership skills and character necessary for success! There will be outstanding and innovative workshops & activities that you can take back to you counties. These include:

- ✿ Getting Out of Your Shell
- ✿ Public Speaking/ Interview Skills
- ✿ Career Exploration
- ✿ Tying it all together & More!

**District 4-H Council  
Officer Elections and  
Business Meeting...**

4-H members who are eligible according to their District by-laws can run for a District Office on their District Council. Each District is looking for a strong group of candidates to run and lead District 7 or District 10 for the 2014-2015 year! If you are interested in running for an office or learning how you can pursue this in the future, talk with you Country Extension Agent before it is too late. Applications for District 7 are due June 3, 2014.



## Other Info

### The Activities...

Get ready to move in some challenging team competitions!

### The Dances...

Yes, as always, there will be dances! Come prepared to move around the dance floor; Look for some other fun evening activities as well!



### Registration...

Registration will be conducted via the 4-H Connect May 14<sup>th</sup> – June 2<sup>nd</sup>. Late registration will be June 3<sup>rd</sup> – 9<sup>th</sup>. If you have not set up a profile on 4-H Connect, **do so NOW** so that the county can verify and certify you as a 4-H member on the system. This must be done **before** you can actually register for the event! The 4-H connect website is: <https://texas.4honline.com/>



### The Cost...

The cost of Leadership Lab will be \$200.00. This fee includes 6 meals, 2 nights

lodging, limited insurance, a T-shirt, and more! However, if you wait too long, the registration fee goes up! Late registration will open on June 3<sup>rd</sup>-9<sup>th</sup> for an additional late fee of \$20.00.

## What to Bring

- 😊 Sheets, blankets/ sleeping bag
- 😊 Pillow
- 😊 Towels, wash cloths
- 😊 Personal toiletries
- 😊 Shoes for outdoor activities/free time
- 😊 Clothes for 3 days and 2 nights
- 😊 Swimsuit and beach towel
- 😊 Church attire/semi-formal to formal attire for banquet
- 😊 Spending money for 4-H Gift Shoppe, snacks, and/or sodas.

## What NOT to Bring

- 🚫 Cell Phone (if you bring it, you will be asked to leave it in the dorm)
- 🚫 Beepers
- 🚫 Radios/iPods/iPads, etc.
- 🚫 CD's
- 🚫 Video Games
- 🚫 Ropes and Roping Dummies
- 🚫 Fireworks
- 🚫 Expensive Jewelry
- 🚫 Excessive snacks or drinks

## What NOT to Wear

- 🚫 "Daisy Duke" shorts
- 🚫 Halter tops
- 🚫 Spaghetti strap tops (straps must be at least 3" wide)
- 🚫 Shirts that show the midriff
- 🚫 Clothing or caps that advertise alcohol/tobacco products or obscene material

**For more information, contact your local county extension office:**

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# New Series Coming May 5th and 6th!

## Are You 4-H STRONG

Join Texas 4-H on **May 5** and **6th** for our second series of 4-H Strong Virtual Volunteer Workshops. Each workshop is designed to get you pumped up to make the best better for the youth of Texas. Workshops will be conducted via TTVN Web Meeting. A complete schedule of workshops and times are listed below.

Monday, May 5, 2014			Tuesday, May 6, 2014		
Time	Topic	Presenter	Time	Topic	Presenter
11:00 am	Teaching Public Speaking	Dr. Chris Boleman	11:00 am	Share-the-Fun	Laura Huebinger
11:00 am	Wildlife Habitat Evaluation Program (WHEP)	Larry Hysmith	11:00 am	Social Media	Amy Dromgoole Shawnte Clawson
12:00 pm	4-H Summer Camp Opportunities	Mark Carroll	12:00 pm	Leaders 4 Life	Garry Branham
12:00 pm	Robotics	Derrick Bruton	12:00 pm	How to Train 4-H Food Challenge Teams	Charlene Belew Dr. Courtney Dodd Dr. Sara Dodd
12:00 pm	Share-the-Fun	Laura Huebinger	12:00 pm	How to Judge 4-H Recordbooks	Dr. Montza Williams Dr. Kyle Merten
1:00 pm	College Readiness: A Guide for Families and Leaders	Luis Saldana	1:00 pm	4-H Roundup	Dr. Kyle Merten
1:00 pm	4-H'ers...Start Your Engines	Kelli Lehman	1:00 pm	Livestock Judging Basics	Dr. Billy Zanolini
6:00 pm	Social Media	Amy Dromgoole Shawnte Clawson	6:00 pm	College Readiness: A Guide for Families and Leaders	Luis Saldana
6:00 pm	Leaders 4 Life	Garry Branham	6:00 pm	Wildlife Habitat Evaluation Program (WHEP)	Larry Hysmith
7:00 pm	4-H Roundup	Dr. Kyle Merten	7:00 pm	How to Judge 4-H Recordbooks	Dr. Montza Williams Dr. Kyle Merten
7:00 pm	Livestock Judging Basics	Dr. Billy Zanolini	7:00 pm	Robotics	Derrick Bruton
8:00 pm	How to Train 4-H Food Challenge Teams	Charlene Belew Dr. Courtney Dodd Dr. Sara Dodd	8:00 pm	Teaching Public Speaking	Dr. Chris Boleman
			8:00 pm	4-H'ers...Start Your Engines	Kelli Lehman

For workshop descriptions, instructions on how to participate, and any updates, visit the Volunteer Conference website at:

[texas4-h.tamu.edu/volunteer\\_conference](http://texas4-h.tamu.edu/volunteer_conference)



Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MAY						*10am - 1pm 3-D Archery shoot (youth only) *Paper Clover Campaign @ Tractor Supply
4	5	6	7	8	9	10
*8am - 1pm 3-D Archery Shoot (open)	*7:30pm County Council Mtg. in annex conf. room *5:30pm 4-H Parent meeting will be in Extension office *4-H Strong TTV Web meeting					
11	12	13	14	15	16	17
	*6:00pm Oakalla/Kempner 4-H Club mtg. in community building.	*4-H Strong TTV Web meeting			*6pm Horse Project Group BBQ Fundraiser @ Farm Bureau	*9am 4-H Camo Run in San Angelo
18	19	20	21	22	23	24
	*6:30pm Horse Project meeting @ Farm Bureau	*5:30pm Joint Sulphur Creek & Lampasas 4-H Club mtg in County Annex conf. rm. *Texas 4-H Congress Tweet-up				
25	26	27	28	29	30	31
					*Leadership Lab Deadline	
512-556-8271 EXT 140		4-H Events & Activities				