



Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

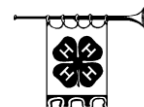
(512) 556-8271, x140

E-mail: [lampasas-tx@tamu.edu](mailto:lampasas-tx@tamu.edu)

Home Page: <http://lampasas-tx.tamu.edu>



## 4-H News



SEPTEMBER 2013

### Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications  
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings  
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

### Updated County 4-H Membership Guide

<http://lampasas.agrilife.org/files/2011/04/Lampasas-4-H-New-Members-Guide-13-142.pdf>

### Welcome to the 2013-14 Texas 4-H Year!

It is that time of year for your 4-H enrollment to go inactive and to start re-enrolling for the 2013-14 Texas 4-H year. The 2012-13 year has come to an end and a special thanks goes out to all the 4-H members, volunteers, parents, county Extension Agents, and county support staff that helped make it a great year. Go to <https://texas.4honline.com> to enroll today. *When accessing the registration link, use a browser other than MS-EXPLORER, such as FireFox.*

### Pig Raffle Fundraiser

It was decided at the last county wide meeting that the major fundraiser this year would be a pig raffle. Chances for 2 halves of a processed pig will be sold for a \$1 a piece or 6 for \$5. Drawings for each will be held at the county stock show in January. This is the major fundraiser for this year; please watch your email for further information.

### Fall District 4-H Meeting

Those attending the Fall District Meeting were: Taylor & Brighton Loeffler, Matthew Kepner, and Elizabeth & Phillip Allen.

### RABBIT WORKSHOPS

Howdy 4-Hers! We will be having rabbit workshops starting in September, twice a month on Saturday mornings from 10 to 11:30. The dates of the workshops and what we will be working on at each workshop are listed below. If you have questions or

would like to sign up contact Elizabeth Allen at [sweetesue@gmail.com](mailto:sweetesue@gmail.com) or 713-962-6077.

9/14- Rabbit 101: Selecting a Rabbit and Basic Rabbit Care

9/28- Rabbit Handling

10/12- Rabbit Judging and Showmanship

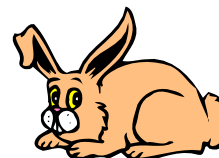
10/26- Rabbit Health and Grooming

11/9- Rabbit Breeding: Creating a Business

11/23- Mock Rabbit Show

12/14 – Practice Makes Perfect

1/4- Preparing for Stock show



### 2014 Rabbit Project

If you are interested in participating in the Rabbit Project for the upcoming year, contact Rod Freeman at 254-535-9583.

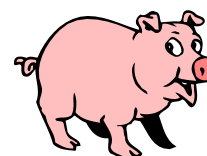
### Lampasas County Show Pig Sale

There will be a Show Pig Sale at the Lampasas County Show barn on Saturday, September 28<sup>th</sup>, 2013. Viewing of the pigs will be at 10:00am with the auction starting at 11:00am. There will be 75 head including barrows & gilts (Hamp, Cross, York, Duroc, Spot, and Landrace). For more information contact:

Bobby Carroll: 512-525-1540

Chad Hopson: 512-734-2122

John Hines: 512-734-5126



### Showpig Clinic

*Get Ready for the 2014 Stock Show Season*

Tuesday, September 10; 6:30 P.M.

@ Hoffpauir's Ranch & Supply

*Topics to be covered include*

**Selection**

**Management**

**Modern Feeding & Nutrition**

Admission is free R.S.V.P. to 512-556-5444

Jeff Prokop, Purina Animal Nutrition

## **PET APPRECIATION DAY**

Thanks to all who helped with the Pet Appreciation Day at the Tractor Supply. A special thanks to Jim Harrelson for including 4-H in their big day.



## **Calf Scrambles**

Every shows calf scramble is different so visit the websites below for more details. Entries must go through Heath.

**Heart of Texas -**

[http://www.hotfair.com/events\\_detail.aspx?id=102](http://www.hotfair.com/events_detail.aspx?id=102)

**Fort Worth -** [http://www.fwssr.com/?page\\_id=78](http://www.fwssr.com/?page_id=78)

**San Antonio -** <http://www.sarodeo.com/livestock-show/sign-up-rules>

**San Angelo -**

<http://i.saffireevent.com/files.ashx?t=fg&f=Calf%20Scramble%283%29.pdf&rid=SanAngeloRodeo>

**Houston -**

<http://rodeohouston.com/ExhibitorContestant/CalfScramble.aspx>

**Austin -**

[http://www.rodeoaustin.com/events\\_detail.aspx?id=1192](http://www.rodeoaustin.com/events_detail.aspx?id=1192)

## **Livestock Judging**

Anyone interested in learning to judge livestock needs to contact Heath at the office. First practice will be 9/3 at 4:30 pm at the Extension office. There will be several contests to attend this fall including our District 4-H contest on December 6 in San Angelo.

## **County 4-H Council**

First meeting will be 9/9 at 6 pm at the Extension office. All 4-H members are encouraged to attend and we will be electing a new set of officers for the 2013-2014 4-H year. Our county council will be much more active this year and take leadership on several different things throughout the year. If you are looking to take on a leadership role in 4-H, then here's your opportunity!

Some of the County 4-H Council roles and responsibilities that we will work towards this year are:

1. Identify training needs and provide training for youth
2. Provide leadership opportunities for youth
3. Plan County wide community service project or support "one day 4-H"
4. Support National 4-H Week
5. Assist in planning, promoting and implementing of programs and services for youth.
6. Plan and participate in community service activities
7. Study problems, activities and concerns of youth, especially issues

## **Heart of Texas Fair**

Entries are due in the Extension office 9/13. Call Heath if you have questions.

## **Fall TSC Paper Clover Drive**

Save the date! **October 9-20** – we will be planning on having activities at our TSC on the weekends that fall within these dates. More information will be coming soon.

## **New Projects coming this Fall!**

**Poultry** - Not just broilers anymore! The poultry project will teach kids about all different kinds of poultry; what to feed, general care for them, selecting birds, preparing for shows, how to hatch and care for chicks and so much more! Join us at Taylor Creek School Cafeteria Thursday September 19 at 6 pm! For additional information contact Dawn Watson at 254-547-0108 or dmwlegends@hotmail.com.

**Archery** – We have a new leader, Jaime Smart, that will attend a 4-H archery leader training September 14-15. When Mr. Smart gets back, he and I will plan out the program so be watching your October newsletter for the archery schedule.



## **Livestock Projects**

Any 4-H member that has a livestock project needs to contact Heath, if you have not already done so, so he is aware that you have an animal and can begin scheduling project visits. Also, anyone needing help finding show animals can contact Heath for help. Don't forget that all exhibitors must be quality counts verified BEFORE entering any stock shows including county. This also applies to those of you that have moved from a junior to senior age exhibitor (you turned 14 during this past 4-H year). If you have any questions about quality counts, please contact Heath. Also, the 2014 County Stock Show rule book is out and we have limited copies at the office. You will also be able to pick one up at validations.

## **2014 Major show Swine Validation Tags**

Orders are due to Heath by 9/26. Anyone planning to show barrows at any major or a gilt at the Texas Stars Gilt Show in San Angelo must pre-order the number of tags you think you will need. If you are only showing at county then this does not apply to you.

## **QUALITY COUNTS**

Quality Counts Verification will be a part of the process for entry in all 2013-2014 major & county shows. This year at the Heart O' Texas Livestock Show, we will be following along with other Major Livestock Shows across Texas and supporting the Quality Counts Program. Along with the State Fair of Texas, this fall we will be requiring the Quality Counts Verification Number to be included on the entry forms in order for the exhibitors to show at any of our Junior, Jackpot and Scramble Shows.

This means youth exhibitors will need to demonstrate their knowledge of the Six Pillars of Character and the Eight Core Concepts presented in the Quality Counts Curriculum. To do this, they will need to pass an online test on the website ( <http://qualitycounts.tamu.edu/> ) and acquire a Quality Counts Verification number. A Verification number is obtained by answering 80% of the questions correctly on an online test. You will need it when entering majors. If you lose it then you will have to take the test again and get a new number. You will not be allowed to enter without it.

## **Awards Ceremony and Pool Party on Aug. 18**



4-H Members: Sydney Dishman, Alissa Erwin, Kylee Finney, Taylor Loeffler



4-H Members playing water basketball.



4-H Parents: Melody Miserlian & Heather Finney



Becca Dishman, Elizabeth Allen, Robin Allen and Art Allen

## **CONGRATULATIONS TO TAYLOR LOEFFLER FOR WINNING THE 2013 SILVER CLOVER AWARD**

### **Junior Leadership Retreat**

Junior Leadership Retreat is the premiere youth teaching youth statewide leadership retreat for junior and intermediate level 4-H members! Members of the Texas 4-H Council coordinate and conduct all of the educational workshops and recreational activities. It is a great weekend of learning and exploring, don't miss out!

**When?** November 8-10, 2013 at the Texas 4-H Conference Center in Brownwood

## **Deadline to Register is November 4**

**Cost?** \$105 for youth and \$70 for Adult Chaperones. This includes two nights lodging in the dorms (bring your own linens), four meals, two evening snacks and all the program supplies.

**What to expect?** Arrive Friday night between 6:00 and 8:00 pm; we'll start with recreation and getting to know one another through ice breakers and other activities. Saturday there will be five concurrent educational workshops for participants. You'll learn about 4-H projects and activities. Other workshops on teambuilding and leadership round out the day's program. Saturday night — we'll have a Costume Party! Check back later for the theme. Sunday it's rise and shine and then we'll wrap up all the activities. You'll be on your way home by 11:00 am

## **WHAT IS THE FOOD & NUTRITION PROJECT?**

The food and nutrition project helps participants learn to make healthy food choices, improve energy and alertness, reduce disease and illness risks, and gain knowledge of nutrients. Major learning experiences are centered around nutrition, menu planning, food buying, preparation and food safety, careers, and cultural influences.

Food & Nutrition project helper(s) is needed.

Recipes submitted should reflect this year's theme,  
**BUDGET WISE RECIPES**

During the scheduled interview time, participants will provide a three-minute oral presentation which is followed by a five-minute interview, leaving one-minute to serve judges the food. Reviewing the recommended resources will enhance interview scores.

The four Food Show food categories align with MyPlate: protein, fruits and vegetables, grains and dairy.

This year's County Food Show will be **Saturday, November 2nd** in the Lampasas County Conference Room from 1-4 p.m. The District food show will follow on November 16 in Abilene with county entries due to district by November 7<sup>th</sup>.

Lampasas 4-H is looking for members to be a part of 4-H - **Food Challenge** which is similar to TV's Iron Chef. The 4-H Food Challenge is a contest that allows 4-H members to demonstrate their culinary knowledge and skills. From a set of predetermined ingredients provided, teams of 3 to 5 4-H members must develop a recipe and prepare the dish within 40 minutes. Teams then make a presentation to a judging panel, explaining the preparation steps, serving size, food safety concerns, nutrition value and cost of the

dish. The district Food Challenge contest is November 21 in Abilene

We're also hoping to begin Food and Nutrition Teams of 3-4 to compete in the District **Nutrition Quiz Bowl**. A Quiz Bowl helps 4-H members enhance and demonstrate their knowledge and skills in a competitive setting. Two teams compete against each other at one time, answering questions related to the subject matter with the use of an electronic buzzer system. [http://fcs.tamu.edu/food\\_and\\_nutrition/4-h\\_youth.php](http://fcs.tamu.edu/food_and_nutrition/4-h_youth.php) The District Quiz Bowl is November 5 in Coleman.

Practices are every Wednesday & Thursday from 4-5 through September, October, & November until contest (except Sept 11-12). She will pick up from Lampasas schools if need be. Please RSVP. Classes usually held in County Annex conference room or where individuals arrange.

## **2012 National 4-H Week**

National 4-H Week will be October 6th through the 12th, 2013. The Texas 4-H and Youth Development Program will be releasing the 4-H Week Kit to help County Extension Offices, 4-H members, and volunteers design a National 4-H Week plan that works for them will be ready for distribution by Sept. 1. For National 4-H information, go to [www.4-h.org/resource-library/promotional-toolkits](http://www.4-h.org/resource-library/promotional-toolkits).

## **2014 Photography Rules & Guidelines**

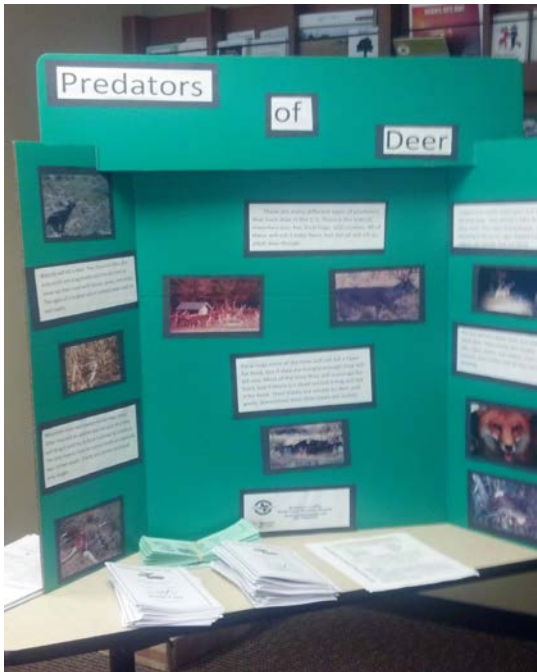
The 2014 Texas 4-H Photography Rules and Guidelines are now available online. The categories have remained the same for the 2014 contest; however, some of the descriptions have been updated to address questions pertaining to what is allowable in each of the categories. The theme for 2014 is: "What Is Your Why?" This optional category will be for photographs of why youth are part of 4-H in Texas. 4-H members are to think about why they are a member of Texas 4-H, it could focus on leadership, project experience(s), community service, a 4-H meeting, volunteers, or 4-H friends.

One of the major changes in the 2014 Texas 4-H Photography Contest is the scoring criteria. We have simplified the number of criteria and clarified the descriptions of each. With this change also comes an additional award ranking where youth may be only awarded a participation ribbon for their photo.

The 2014 Rules and Guidelines are posted on the Texas 4-H Photography website at:

[http://texas4-h.tamu.edu/project\\_photography](http://texas4-h.tamu.edu/project_photography)





On display at the Extension office is the work done by Brighton Loeffler at the Buckskin Brigade.

**Lampasas County 4-H is readily available on the internet**

- Below are links to many sites you may find useful.
- <http://lampasas.agrilife.org/> Lampasas County Extension website.
- <http://texas4-h.tamu.edu/> Texas 4-H website.
- <https://texas.4honline.com/> State 4-H registration page, 4-H Connect.
- <http://4-h.org/> National 4-H site including the 4-H mall.
- <http://www.national4-hheadquarters.gov/> National 4-H site.
- Clothing & Textiles Packet (will be updated for 2012)
- <http://fcs.tamu.edu/clothing/4h/packet/index.php>
- Share the Fun Information
- [http://texas4-h.tamu.edu/library/files/youth\\_roundup\\_resources\\_share.pdf](http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf)
- District 7 4-H Events
- <http://d74-h.tamu.edu/>
- 4-H Record Books
- <http://www.4hreports.com>
- 4-H Shooting Sports
- <http://texas4-h.tamu.edu/shootingsports/index>
- 4-H Round-Up
- <http://texas4-h.tamu.edu/youth/roundup/index.php>
- Leaders 4 Life
- [http://texas4-h.tamu.edu/project\\_leadership/leaders](http://texas4-h.tamu.edu/project_leadership/leaders)
- Better Living for Texans
- <https://www.facebook.com/BetterLivingForTexansLampasasCounty>



**FACEBOOK** Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

**County 4-H Membership Guide**  
**Update your 4-H New Members guide by downloading it from the Lampasas Extension website.**

<http://lampasas.agrilife.org/files/2011/04/Lampasas-4-H-New-Members-Guide-13-14.pdf>

**4-H Club Meetings\***

**OAKALLA/KEMPNER 4-H**

The next meeting will be in September 16 6:00pm at the community center. There will be officer elections and a parent meeting. Leaders: Robin Allen at 713-530-6545 & Lisa Kepner at 512-489-2275.

**SULPHUR CREEK 4-H**

Sulphur Creek Club will have meetings every third Tuesday of each month at 5:30 p.m. The first meeting meeting will be Sept. 17th . Contact: Becca Dishman [becs@sbcglobal.net](mailto:becs@sbcglobal.net) or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

**Lampasas 4-H Club**

The next meeting will be the September 16 at the Boy & Girls Club; details will follow in a future newsletter. Leaders: Karen DeZarn and Karen Longoria at 512-556-8271.

**Swine Club**

The initial meeting will be at the Show Pig Clinic on Tuesday September 10 at 6:30pm at Hoffpauir’s Ranch & Supply. New Leaders for the newyear are Bobby Gene Carroll 512-525-1540 and Chad Hopson 512-734-5126.

Sincerely,

Heath Lusty  
CEA – AG/NR

Karen DeZarn  
CEA – FCS



PRAIRIE VIEW A&M UNIVERSITY  
Cooperative Extension Program

TEXAS A&M  
AGRI LIFE  
EXTENSION

# 4-H in Lampasas County

## County Extension Office Location & Mailing Address

Office Location: 409 S. Pecan St., Lampasas, TX 76550

Email: [lampasas@tam.u.edu](mailto:lampasas@tam.u.edu) ~ Phone: 512-556-8271 Ext. 140

### Extension Office Staff

Heath Lusty  
CEA/AgNR  
[rhilusty@ag.tamu.edu](mailto:rhilusty@ag.tamu.edu)

Karen DeZarn  
CEA/FCS  
[kjdezarn@ag.tamu.edu](mailto:kjdezarn@ag.tamu.edu)

Mary Kemper  
Office Manger  
[mkemper@ag.tamu.edu](mailto:mkemper@ag.tamu.edu)

Karen Longoria  
BLT Assistant/4-H Leader  
[klongoria@ag.tamu.edu](mailto:klongoria@ag.tamu.edu)

## Welcome

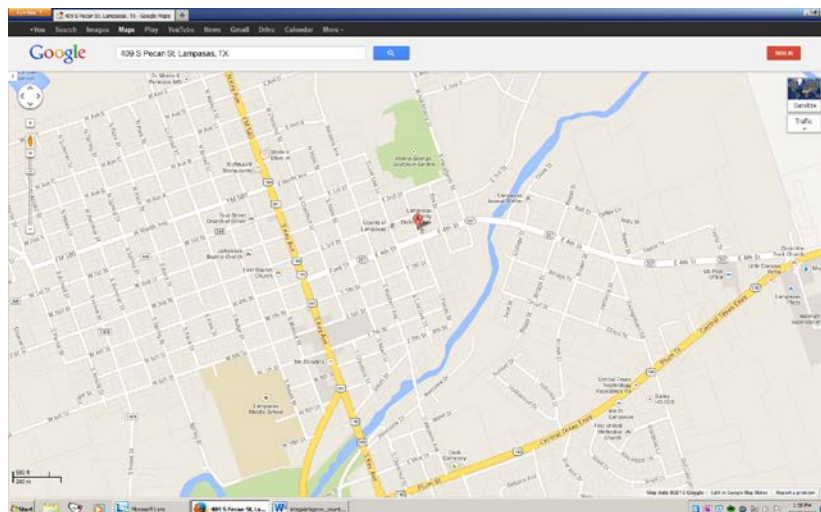
We are glad that you have chosen to be part of the largest non-formal youth education organization in the United States! Over 7 million youth participate in 4-H each year to become self-motivated, productive and contributing citizens.

4-H is designed to be a family affair so 4-H parents are encouraged to get involved in the 4-H experience. Ways that 4-H parents can contribute range from serving as a project leader to providing transportation to activities, or even supplying refreshments for meetings or special events. 4-H parents are also needed to supervise 4-H activities.

Lampasas County has an outstanding group of dedicated adult volunteer leaders as well as a superb group of motivated 4-H members. We welcome your family into our Lampasas County 4-H family!

Please feel free to contact the Lampasas County Extension Office, or visit our website at <http://lampasas.agrilife.org> for more information about the county 4-H Program.

Best wishes for a fulfilling year in 4-H! We look forward to seeing you at events throughout the year.



## Join a 4-H Club

Enroll Now at <https://4-honline.com>

### Sulphur Creek 4-H Club

#### Club Manager(s):

Becca Dishman  
Mandy Gautier

512-556-3763  
713-504-5223

[becs@sbcglobal.net](mailto:becs@sbcglobal.net)

#### Meeting Location & Day:

3<sup>rd</sup> Tuesdays at the County Annex Conf. Room, 409 S. Pecan St., Lampasas

#### Meeting Time:

5:30 p.m.

### Lampasas 4-H Club

#### Club Manager(s):

Karen DeZarn  
Karen Longoria

512-556-8271 or 765-427-5174  
512-556-8271 ext. 140

[kjdezarn@ag.tamu.edu](mailto:kjdezarn@ag.tamu.edu)  
[klongoria@ag.tamu.edu](mailto:klongoria@ag.tamu.edu)

#### Meeting Location & Day:

3<sup>rd</sup> Mondays at the Boys and Girls Club of Lampasas, 1602 E. Ave. J, Lampasas 512-564-1669

#### Meeting Time:

5:00 p.m.

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**Kempner-Oakalla Club**

<b>Club Manager(s):</b>	Robin Allen Lisa Kepner	713-530-6545 512-489-2275	<a href="mailto:robredeemed@gmail.com">robredeemed@gmail.com</a> <a href="mailto:elkepner2@thegateway.net">elkepner2@thegateway.net</a>
<b>Meeting Location &amp; Day:</b>	2 <sup>nd</sup> Mondays Oakalla Community Building, FM 2657 and 963, Oakalla, TX		
<b>Meeting Time:</b>	7 p.m.		

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**Swine Club**

<b>Club Manager(s):</b>	Bobby Gene Carroll Chad Hopson	512-525-1540 512-734-2122	<a href="mailto:lampasaschamber@sbcglobal.net">lampasaschamber@sbcglobal.net</a> <a href="mailto:chopson_clt@sbcglobal.net">chopson_clt@sbcglobal.net</a>
<b>Meeting Location &amp; Day:</b>	1 <sup>st</sup> Tuesdays at the showbarn (Junction of 281 & 183 on N Side of Lampasas)		
<b>Meeting Time:</b>	5:30 p.m.		

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**Shotgun Project**

<b>Manager:</b>	Casey Garrett	512-556-5594	<a href="mailto:cg2929@yahoo.com">cg2929@yahoo.com</a>
<b>Meeting Location &amp; Day:</b>	TBA – Texas Star Shooting Range, 860 CR 3384, Kempner, TX 76539		
<b>Meeting Time:</b>	TBA		

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**Archery Project**

<b>Manager(s):</b>	Jamie Smart	512-734-5332	<a href="mailto:jasmart@lometaisd.net">jasmart@lometaisd.net</a>
<b>Meeting Location &amp; Day:</b>	TBA		
<b>Meeting Time:</b>	TBA		

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**Rabbit Project**

<b>Project Manager(s):</b>	Rod Freeman	254-220-6177	<a href="mailto:rod.freeman@army.us.mil">rod.freeman@army.us.mil</a>
<b>Student Helper</b>	Elizabeth Allen		
<b>Meeting Location &amp; Day:</b>	TBA		
<b>Meeting Time:</b>	TBA		

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**Poultry Project**

<b>Project Manager(s):</b>	Dawn Watson	254-547-0108	<a href="mailto:dmwlegends@hotmail.com">dmwlegends@hotmail.com</a>
<b>Meeting Location &amp; Day:</b>	3 <sup>rd</sup> Thursdays at Taylor Creek Elementary School Cafeteria		
<b>Meeting Time:</b>	6 p.m.		

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