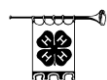


Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

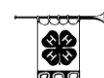
(512) 556-8271, x140

E-mail: lampasas-tx@tamu.edu

Home Page: <http://lampasas-tx.tamu.edu>



4-H News



DECEMBER 2011

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

2012 4-H Registration

All 4-Hers must re-enroll to verify membership for livestock shows, contests, and for the 4-H mailing list. EVERYONE – Leaders and 4-Hers will need to re-enroll on 4-H Connect at

<https://www.4honline.com/Login>

It is mandatory that all 4-H leaders & youth annually enroll to be eligible to participate in 4-H. A participation fee of \$25 will hopefully insure that Texas AgriLife Extension Service will continue to deliver the highest quality 4-H program in the world.

4-H Fundraiser

Watch for an email with the pick-up date of the fundraiser food order. We will get the pick-up information to you as soon as we know it.

MARK YOUR CALENDAR

Upcoming Due Dates!

12/3 – Lampasas Pig Show

12/13 – Scholarships @ San Saba Civic Center Mill
Pond Park 6:30pm.

12/17 – Lometa Project Show

01/04 - 01/07 – County Stock Show

Practice Rabbit Show

There will be a practice rabbit show on December 10 at 9:00 a.m. in the Lampasas show barn. For more information contact Rod Freeman 254-535-9583.

District -7 Food Show Results

The District 7 4-H Food Show was held in Abilene on Saturday, November 19th. Lampasas had four 4-Hers attend and Rita Barreto helped judge the event. Shown pictured L-R (Back row) Rita Barreto, Tercei Barreto – Intermediate Nutritious Snack, Katelynn Cataldo – Senior Main Dish, and Karen DeZarn – County Agent. (Front row) Maritza Barreto – Junior Main Dish, and Megan Lee – Junior Fruit and Vegetable. Congratulations to the Kempner Oakalla 4-H club for all the success with the Foods and Nutrition 4-H project!



District – 7 Training for 4-H Members, Parents, & Leaders

A special training workshop to help everyone understand scholarship forms will be Tuesday December 13 from 6:30 to 8:00 p.m. at the San Saba civic Center in the Mill Pond Park.

New 4-H Record Book System!

Recordkeeping is a very valuable skill taught to members of the Texas 4-H program. Members are encouraged to keep project records and have these records reviewed annually by submitting a Texas 4-H *Record Book*. In an effort to update the current *Record Book* system, a committee of 4-H faculty has polled 4-H members, 4-H parents, and Extension faculty to request suggestions to improve the process. It has been highly recommended and requested by many members, parents, and Extension staff that the

Texas 4-H recordkeeping system (*Record Books*) be available as an online, data entry system that easily allows for updates, editing, and printing.

So, State 4-H announced. Important Details:

- * There will be three (3) levels of *Record Books* based on 4-H age (junior, intermediate, and senior). Information requested for each level will progressively add on to each other. The junior & intermediate books will be significantly simplified from the current *Record Book*. The senior level book will be similar to the current *Record Book* with some minor edits.

- * Parts of the report form will be standardized to allow for ease of completion and judging.

- * Much of the data from previous *Record Books* that a member may have saved on their home computer may be 'cut and pasted' into the new forms.

- * All 4-H members (juniors, intermediates, and seniors) will begin using the new online forms or new paper forms that will be available for download from the Texas 4-H website beginning with the 2011-2011 4-H Year.

- * *Record Books* will still be printed and turned in (in hardcopy form) to be judged by the deadline set by your local County Extension Office.

LOCATION & RESOURCES:

<http://www.4hreports.com>

(AVAILABLE FOR USE STARTING OCTOBER 15)

District 7 4-H Community Service Project

The 2011-2012 Community Service Project for our 4-H district will be to collect funds to purchase premie car seats for the Children's Miracle Network. Be thinking of a way to raise the funds. Each county in the district is being asked to raise \$100 which will purchase one car seat for the Network. Funds are due to the District 6 office by May 1st.

Clover Kids

The Sulphur Creek 4-H Club will be offering membership for Clover Kids. This is for youth in grades K-2nd. The purpose of Clover Kids is to help youth learn social skills, develop self-esteem and build family strengths. They will meet during the regular club meetings on the 2nd Tuesdays of each month at the Farm Bureau. They may arrange other activities as well. There is not an annual fee for these youth. The Clover Kids managers are Christina Hopson and Myrlann Hopson. Thank you to these dedicated individuals for volunteering to manage the Clover Kids group.

State 4-H Roundup

The 2012 State 4-H Roundup will be in a new location this year. It will be June 11-14 in Lubbock. You must enter 4-H project competitions and win at the county and district levels to advance to State 4-H Roundup. Begin now planning your project entries.

Recipe Rally –a new 4-H contest

Want to know more about the 4-H Recipe Rally? You can view an online training at: <http://www.youtube.com/watch?v=9-u0c1hfz-0>.

The video is less than 8 minutes, so it won't take too much time to learn the basics about the opportunity presented to intermediate and senior 4-H members.

4-H members may submit a video entry at any time, throughout the 4-H year. However, the official deadline for all video entries to be posted on YouTube with required information sent to Courtney Dodd is Midnight on Wednesday, February 1, 2012.

The video is also linked on the 4-H Healthy Lifestyles Program Page, under the Recipe Rally section at the bottom of the page. The direct link to the page is: http://texas4-h.tamu.edu/projects/healthy_lifestyles/index.php.

A one-page overview is also attached and available on the 4-H healthy lifestyles page, in addition to:

- 4-H Recipe Rally Score sheet
- Instructions on how to post a video to YouTube
- Sample Recipe Rally Video

Texas Proud of Texas Agriculture Program

The Texas 4-H and Youth Development Program is proud to announce the launch of the Texas Proud of Texas Agriculture Program. This is collaboration between 4-H, FFA, and several Texas agriculture organizations. Its goal is to provide the youth of Texas interested in agriculture an accessible, tangible outlet for supporting agriculture and to motivate any youth to engage their respective communities in various creative, agriculture promotional efforts.

The mission of Texas Proud of Texas Agriculture is to build leadership in youth while helping them move forward with a common, unified message promoting the positives of agriculture across the state of Texas. This initiative stresses three key messages, all of equal importance, about Texas agriculture:

1. Agriculture is critical to the life of every Texan. Without it, we would not survive. Leaders in agriculture will help shape the future.
2. Agriculture is more than just food and clothing. It contributes to your home, health, lifestyle and economy.
3. America's farming and ranching families care about their animals and their land.

To learn more, visit

<http://texasproudoftexasag.org/>.

The website provides valuable resources that will enable youth with an interest in agriculture to promote about the positives of the industry and allow youth to walk through the toolkit to learn more about the three key messages and how to give a speech, write a letter, and/or plan an event.

Also, you can “friend” Texas Proud on Facebook (<http://www.facebook.com/?ref=logo#!/pages/Texas-Proud-of-Texas-Agriculture/107741079327536?sk=wall>) and Twitter (<http://twitter.com/#!/txproudtxag>).

Texas 4-H Golf Challenge



The Texas 4-H and Youth Development Program is pleased to announce the Texas 4-H Golf Challenge. The Texas 4-H Golf Challenge was developed by county Extension agents, 4-H Specialists, and others to provide youth the opportunity to compete in an outdoor sporting event. While competing, youth also have the opportunity to gain invaluable knowledge in the areas of sports nutrition, golf course and turf grass management, and the rules and etiquette of golf. The Texas 4-H Golf Challenge was developed after a number of important statistics were identified.

- Twenty-three UIL sanctioned events give more than one million student-athletes the opportunity to compete.
- 16.3% of youth ages 2-19 are obese (2003-2006, CDC).
- The United States is losing two acres of mostly prime farmland every minute to development (2002, American Farmland Trust).

Why are all three of these statistics important? Youth love to compete in athletic events, Texas and the U.S. is experiencing a serious obesity problem in youth, and people must become more aware of how urban sprawl is affecting the land around us and the opportunities that are present as a result of this sprawl. Incorporating an event like the Texas 4-H Golf Challenge will give youth the opportunity to compete in an athletic event while understanding, sports nutrition, the rules and etiquette of golf, learn about the opportunities present in golf course and turf grass management. Check this website for the complete 4-H Golf Challenge Manual and other resources:

<http://texas4-h.tamu.edu/library/files/youth-golf-manual-8-10-11.pdf>

District 4-H Trip Planned for July 2012 to Scotland and Ireland

Parents and 4-Hers can travel to Scotland and Ireland with 4-H. Start planning now to visit Edinburgh, Glencoe, Loch Ness, Glasgow, Belfast and Dublin. The travel size will be 25. If you plan now you can have 20 monthly payments of \$151 after an initial payment of \$275. A 4-H group recently returned from London, Paris, and Rome. They shared great pictures and stories of their trip. Check out the flyer at the county office.

FACEBOOK

Check out Lampasas 4-H on Facebook. Become a friend!

http://www.facebook.com/home.php?sk=group_199928750048104

4-H on the Internet

Lampasas County 4-H is readily available on the internet. Below are links to many sites you may find useful.

<http://lampasas-tx.tamu.edu/> Lampasas County Extension website.
<http://texas4-h.tamu.edu/> Texas 4-H website.
<http://d74-h.tamu.edu/> District 7 website contains information on District events.
<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.
<http://4-h.org/> National 4-H site including the 4-H mall.
<http://www.national4-hheadquarters.gov/> National 4-H site.
www.orientaltrading.com We also just found out that you can purchase 4-H novelty items from Oriental Trading.
Clothing & Textiles Packet (will be updated for 2012)
<http://fcs.tamu.edu/clothing/4h/packet/index.php>
Houston Livestock Show Calf Scramble
<http://www.hlsr.com/access/calf-scramble/participate.aspx>
Share the Fun Information
http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf
Photography Rules (soon to be updated)
<http://d74-h.tamu.edu/district-events/photography-contest>
District 7 4-H Events
<http://d74-h.tamu.edu/>
4-H Record Books
http://texas4-h.tamu.edu/youth/recordbooks/index_youth_recordbooks.php
4-H Shooting Sports
http://texas4-h.tamu.edu/youth/shooting_sports/index.php
4-H Round-Up
<http://texas4-h.tamu.edu/youth/roundup/index.php>
4-H Connect
<http://texas.4honline.com>
Leaders 4 Life
<http://texas4-h.tamu.edu/projects/leaders4life/index.php>

Shooting Sports Project

For more information contact Rick Baxter, Lampasas 4-H Shooting Sports Adult Project Leader at 512-525-4086 or email diamondbax@wildblue.net or the County Extension office at 512-556-8271 ext. 140.

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

Our next meeting will be on December 12th, it will also be our annual Club Christmas party. It will be at 6pm, at the Oakalla Community Center, and will be a potluck, bring finger foods!

For more details on the Christmas Party and Meeting, contact Robin Allen.

Oakalla/Kempner is ringing the bell for the Salvation Army at the Copperas Cove WalMart on these dates:

December 2nd, (4-6pm)

December 9th, (4-6pm)

December 16th, (10am - 12pm)

December 23rd, (4-6pm)

If you would like to participate, please sign up with Tricia Pratt (dragonmaxmerlin@yahoo.com), or Robin Allen (robredeemed@gmail.com).

Our club will also be decorating the Oakalla Community Center and Public Library to get them ready for Christmas, Tuesday evening (Nov. 29th) at 6pm, and December 3rd at 12pm.

TAYLOR CREEK 4-H CLUB

Club meeting date: Monday, Dec. 12, 5:30 in the Taylor Creek Elementary Cafeteria.

Field trip: December 10th to Tyson's Corners Retreat from 10 a.m. to about noon or 12:30 p.m.

Contact: Alicia Menard at

lampasasinfo@sbcglobal.net or 254-449-2007

SULPHUR CREEK 4-H

Club meeting date: Christmas Party Tuesday December 13 at 5:00 pm at the Lampasas County Annex. Pizza will be served. Bring 5 different items for 5 gift baskets for first responders.

Contact: Jill Carroll at

lampasaschamber@sbcglobal.net or 512-556-7435

Sincerely,



Heath Lusty
CEA – AG/NR



Karen DeZarn
CEA – FCS