

Lampasas County 4-H News

February 2016

4-H Club Meetings

Oakalla/Kempner Club

The Oakalla/Kempner Club will be meeting at 6 p.m. at Taylor Creek Elementary School on February 8th.

For more information, contact Lisa Jorstad at 254-432-6088 or charity9900@yahoo.com or contact Melody Miserlian at 541-227-3256 or mmiserlian@hotmail.com.

Lometa 4-H Club

Our next meeting is February 22th at 5:30 at the L&M Garden club building. For more information, contact Megan Lusty at 940-507-2079.

Sulphur Creek Club

Sulphur Creek Club will be meeting on Tuesday, February 16th at 6:00 p.m. at the Showbarn. Please bring treats for goodie bags (that we will exchange with each other) such as candy, notepads, pencils, etc...for an after-Valentines treat. If anyone has questions, they can call Angie Andrews at 512-734-3860.



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Project Information

4-H Shooting Sports Projects

- The **Air Rifle Project** We will meet on Saturday, February 6 & Saturday, February 20 from 3:00 - 4:30 at the show barn. Contact Rusty Calk at 915-478-7681 or rusty.calk@yahoo.com
- **Shotgun Project** - Watch for information in an email and on Facebook or contact Clint Lang at 512-734-1300 or langfam1106@gmail.com.

Rabbit Project

- No meetings this month. For more information contact Angie Andrews at 512-734-3860.

Dog Project

- The Dog Project will meet every Tuesday @ 6:00 pm at the showbarn. Contacts: Kasey Schwartz at 512-525-1152 (lampasasanimalshelter@gmail.com) or Kandie Walkos at 830-613-2596.

2016 Photography Rules & Guidelines

A 4-H Photography Field Trip is scheduled for Saturday, February 27th. Meet at the county Extension office at 10 a.m. and carpool to Merritt Roman's. The 2016 Texas 4-H Photography Rules and Guidelines are now available online. The categories have remained the same for the 2016 contest; however, some of the descriptions have been

updated to address questions pertaining to what is allowable in each of the categories. The optional theme category for 2016 is: 4-H, Ribbons, Awards & Recognition. The theme will focus on Still Life arrangements of 4-H Awards & ribbons. The arrangement and position of the item will be strongly evaluated as well as the quality of the photo. Photo should create emotion

The 2016 Rules and Guidelines are posted on the Texas 4-H Photography website at: <http://texas4-h.tamu.edu/projects/photography-video/> The County contest for Jr. & Intermediate requires the 8 by 10 photos to be mounted on foam board backing which the office can supply. District deadline to turn in photos is March 16-18.

February 27– Field trip to Merritt Roman's. Meet at annex @ 10 a.m.

Photography Judging Contest

Besides entering photos in the 4-H photography contest there is an option for youth (Intermediate or Senior) to take part in a judging contest. It is an invitational contest so there is not elimination. It will take part on Tuesday, June 9 as

part of Texas 4-H Roundup at College Station. Judging teams will consist of 4 members or individuals can participate.

See the following link for complete contest rules. <http://texas4-h.tamu.edu/projects/photography-video/>



4-H Fashion Show/Clothing Project

Senior level (high school) 4-Hers interested in the 4-H Fashion Show project which includes buying, sewing/ construction and fashion storyboard need to begin working on this project. The deadline for the county will be April 20 with the district contest during the District Roundup May 7. For the Jr. and Intermediate levels the county deadline will be early July with the district competition July

19th. Both contests are in San Angelo. Call Karen DeZarn to schedule one on one or group lessons.



4-H Has Talent

Do you have what it takes to be a star? Have you always pictured yourself performing on the Big Stage? Then the 2016 Texas 4-H Roundup- 4-H Has Talent Competition is for you!! So sing a song, do a dance, tell a joke or just do something unusual! Get the chance to show your skills on stage in front of nearly 4,000 fellow 4-H'ers, parents, volunteers, and 4-H faculty. See Attachment.

Texas 4-H Roundup

Texas 4-H Roundup is a qualifying and invitational event for youth between the ages of 11 and 18 that have successfully placed in a qualifying event at the district level or signed up to compete in an invitational event at the state level. County and district Roundup's are open to all ages of 4-H members from 9 to 18. Texas 4-H Roundup includes approximate-

ly 50 different contests and workshops that test 4-H members on life skills in such attributes are decision making, public speaking, organization, and working with others. These contests include such things as Fashion Show, Food Show, an assortment of judging contests, and educational presentations. The 2016 Texas 4-H Roundup will be held in College Station, Texas on

the campus of Texas A&M University from June 6th to June 10th, 2016. <http://texas4-h.tamu.edu/roundup>

The qualifying event is the District 7 4H Roundup to be held on May 7 at the West Texas Training Center in San Angelo. The county deadline for submission is April 15th so be getting ready.

Awesome Team Project—Consumer Decision Making

Good consumer skills can help you get more for your money. Consumer Decision Making (CDM) gives youth the opportunity to make wise decisions when shopping. CDM is a judging contest designed to teach kids to observe, compare and make consumer based decisions based on facts. 4-Hers use their consumer knowledge to rank similarly based products to fit a given scenario. Kids learn to organize their thoughts and to

defend their decisions in oral reasons. CDM is a great way to learn how to shop better! There are 3-5 members per team. Two practices are scheduled in Lometa on February 4th and 11th at 4:00 p.m. at the Lometa School. Practices can also be scheduled in Lampasas if there is interest. Individuals can compete.

Monday, February 5th is the County Deadline for CDM Teams.

Friday, February 19th is the Dis-

trict Consumer Contest— at the San Angelo Stock Show. There is a possible large cash award for the senior division.

Guidelines can be found at:

<http://texas4-h.tamu.edu/projects/consumer-education/>



Texas Brigades Summer Camp

Registration is open for the Texas Brigades summer wildlife leadership camp. The Texas Brigades is a wildlife-focused leadership development program for high school youth (ages 13-17). There are six different

camps: Bobwhite Brigade, Buckskin Brigade, Bass Brigade, Waterfowl Brigade, Ranch Brigade, and Coastal Brigade. You will be introduced to habitat management, hone your communication skills, and develop a land ethic. The state's leading

wildlife and fisheries biologists and land managers serve as instructors and mentors. Each camp is 4 ½ days long. For more information, go to their website at: <http://www.texasbrigades.org/>

Educational Presentations

If you aren't already doing demonstrations or presentations at your 4-H club meetings now is the time to begin. Also if you want to participate in the district or state 4-H Roundup you need to begin practicing. An educational presentation or demonstration can be done in so many different areas. The best way to see all the categories is to refer to the current Texas 4-H Roundup Participant Guidelines.

View or download at:
http://texas4-h.tamu.edu/wp-content/uploads/2015/09/educational_presentation.pdf

Texas 4-H Roundup is the event where all educational presentations are given for competition.

The Texas 4-H Roundup Guide provides the updated categories and detailed rules related to each category. Educational presentations can be presented in subjects, such as beef, food & nutrition, clothing & textiles, companion animal, shooting sports, and family life, to name just a few. There is also one category that is called "open" or all those other cool projects 4-H members are doing on their own. The district roundup in San Angelo is May 7 at West Texas Training Center and the state 4-H Roundup in College Station is June 6-10. County Agent, Karen DeZarn has printed material, a PowerPoint, and a VCR video describing demon-

strations/educational presentations and talks.

Let's see some involvement at the club, county, district and state level!!

Educational Presentation - any number of junior entries /3 senior entries per county

Share-the-Fun - 2 entries for juniors and 2 entries for seniors per county. Wouldn't it be nice for there to be so many entries that we could have a county Share-the-fun/ Roundup???

Duds to Dazzle—Clothing (Recycling) Project

4-H members form teams of no less than three and no more than five members. Teams will be assigned one of the following categories: Wearable, Accessory/Jewelry, or Non-wearable. Teams will use the item(s) provided along with any supply closet items to design and create a unique product. Each team will have 60 minutes to complete their finished product. While teams do not select their category beforehand, they can still prepare for the competition. Ample preparation will give them confidence and the skills to help them do their best. Preparation

can include having practice challenges, studying contest resources and the design process, learning how to care for textiles, becoming knowledgeable on safety precautions to utilize while sewing and crafting, learning about consumer purchasing trends and different venues, and gaining knowledge on how to price and market merchandise for a target audience.

In addition to designing and constructing an item, team members must provide a 5 minute presentation to a panel of judges. At least three team

members must have speaking roles in the presentation. Judges may also ask questions of the team members. Reviewing the score card for Duds to Dazzle will help 4-H members prepare for the presentation and question-and-answer segment of the judging process.

Contact Karen DeZarn if you are interested in participating in this project. After School dates can be scheduled. Project leaders are needed as well. The county deadline to register for all ages grades 3-12 is March 22nd and the district contest is April 7 in Coleman.

Go Texan Scholarship

The Lampasas County Area Go Texan scholarship application was sent in an email on January 21st. You can also contact the extension office for a copy. The turn in date is March 21, 2016. (The Monday we get back from spring break.) Contact Tina Loeffler at 512-556-5544 (work) or 512-734-1237 (cell) if you have any questions.

County Stock Show Thank-You Notes

All 4-Hers who participated in the Lampasas County Youth Livestock Show—Don't forget to send handwritten thank you notes to all buyers of your show animals as well as all add-ons. Before you send them off, bring your notes by the office or make copies of them to show us in the office that you wrote your thank you notes.

4-H Enrollment

Please enroll in 4-H if you haven't already done so this year. Go to <https://texas.4honline.com> to enroll today. Enrollment fee is \$25 per child now that the Oct. 31 deadline has passed. When accessing the registration link, use a browser other than MS-EXPLORER, such as FireFox.

Houston Livestock Show & Rodeo Scholarships

The 2016 Houston Livestock Show & Rodeo Scholarship Applications went live November 4th.

I am sending this information on behalf of Lampasas County Area Go Texan and the "Area Go Texan Scholarship" however there are several types of scholarships that OUR Lampasas County students can apply for as well...

Please look at the new SAT guidelines and minimum test scores that apply to the different types of applications... The Area Go Texan requirement is 950 minimum score with the Math and Verbal scores only!! Yes, they have changed, only using two of the scores and they do not have to come

from the same test. Student's BEST score in each category will be used...

When students apply, they will "check boxes" for all of the types that they are applying for (ex: AGT, Military, Exhibitor) but the student can only win one scholarship...

Something new... There are 2 scholarships that allow home schooled students to apply...

Exhibitor & 4-H.

Feel free to call me for a visit about all the new changes and I'll gladly drop off printed materials as well...

I will come talk with your students and/or parents, during or after school, about our HLSR & County scholarship and the general idea and importance of scholarships and

their future as young adults if you would like... I will also do this in smaller groups if there is a need...

RODEOHOUSTON



Thank you,

Tina Loeffler

Hoffpauir's Ranch & Supply
Retail Manager

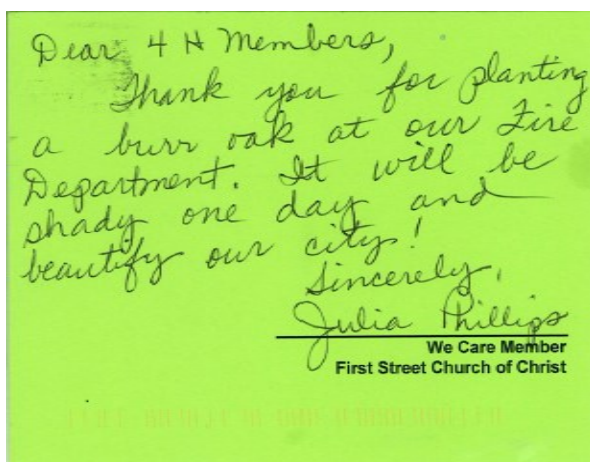
tinaloeffler@sbcglobal.net

512-556-5444 (work)

512-734-1237 (cell)

512-556-5203 (fax)

Thank You Note



Health Fair

The Lampasas County Health Fair will be Thursday, March 10th from 2-6 p.m. at Pecan Creek Apartments' club house. Please see attached flyer on page 10 for more information.

Share the Fun

Do you have a talent to share with your fellow 4-H members? Singing? Dancing? Playing an instrument? Acting? Then sign up for Share-The-Fun! Guidelines have been released and

you can plan on the same six categories as last year: Celebrate 4-H, Choreographed Routines, Musical/Instrumental, Solo/Band Performance, Poetry/Prose, and Vocal.

An entry can be an individual or in teams up to 9 4-H members.

Check out the Texas 4-H Roundup webpage for the rules and more information!



Recordkeeping is a very valuable skill taught to members of the Texas 4-H program. Members are encouraged to keep project records and have these records reviewed annually by submitting a Texas 4-H Record book. The primary purposes of completing a record book

are for a young person to develop the skills necessary to set goals, work toward achieving those goals, reflect on his/her experiences, and set new and higher goals for themselves. A secondary benefit is to prepare young people for the process of completing quality academic

scholarship applications. It also qualifies the 4-Her for local and district awards. Get started now for next year's due date.

<http://texas4-h.tamu.edu/recordbooks/>

Make an appointment with Heath or Karen to get started.

February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 *Dog project meeting @ 6pm @ Showbarn	3	4 Consumer Decision Making practice @ 4 @ Lometa School	5	6 Air Rifle meeting 3-4:30 @showbarn
7	8 *Kempner/Oakalla Club meeting @ 6 pm	9 *Dog project meeting @ 6pm @ Showbarn	10	11 Consumer Decision Making practice @ 4 @ Lometa School	12	13
14	15	16 *Dog project meeting @ 6pm @ Showbarn *Sulphur Creek Club meeting @ 6 @ Showbarn	17	18	19 Consumer Decision Making Contest in San Angelo	20 Air Rifle meeting 3-4:30 @showbarn
21	22 *Lometa 4-H Club meeting @ 5:30 @ the L&M Garden club building.	23 *Dog project meeting @ 6pm @ Showbarn	24	25	26	27 Photography Field Trip to Merritt Romans @ 10 am
28	29					

TEXAS A&M AGRI LIFE EXTENSION

Lampasas County Extension Office,
P.O. Box 231, Lampasas, TX 76550
(512) 556-8271, x140
E-mail: lampasas-tx@tam.u.edu
Home Page: <http://lampasas-tx.tam.u.edu>



FACEBOOK Check out
Lampasas 4-H on Facebook.
Become a friend!
[http://www.facebook.com/
groups/199928750048104](http://www.facebook.com/groups/199928750048104)



4-H motto: To Make The Best Better

**Lampasas County 4-H is readily available on the internet
Below are links to many sites you may find useful.**

***Lampasas County Extension website—<http://lampasas.agrilife.org/>**

***Texas 4-H website—<http://texas4-h.tamu.edu/>**

*Use this link to learn all about state 4-H programs & find publications
(project guides, record keeping information, etc.)*

***State 4-H registration page, 4-H Connect—<https://texas.4honline.com/>**

***National 4-H site including the 4-H mall—<http://4-h.org/>**

***Clothing & Textiles Packet—**

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

***Share the Fun Information—<http://texas4-h.tamu.edu/events/roundup/>**

***District 7 4-H Events— <http://d74-h.tamu.edu/>**

***4-H Shooting Sports— http://texas4-h.tamu.edu/project_shooting/**

***4-H Round-Up— <http://texas4-h.tamu.edu/youth/roundup/index.php>**

***Leaders 4 Life— http://texas4-h.tamu.edu/project_leadership/leaders**

***Better Living for Texans—**

<https://www.facebook.com/BetterLivingForTexansLampasasCounty>

***Texas 4-H Conference Center—<http://texas4hcenter.tamu.edu/>**

Will You Be a 4-H Member in Good Standing?

* Select one or more projects for
in-depth study

* Record what you learn (record
book)

Attends meetings regularly and is
an active participant

* Completes a community service
project (or becomes involved in a
group community service project)

* Participates in some form of pub-
lic presentation

* If you are elected as a club officer
completes duties expected of that
office

Parents please support your chil-
dren to complete these expecta-
tions and volunteer to help at club
and/or project meetings with such
things as supplying drinks, snacks
and/or activities. Volunteers are
needed for project management
and new club management. Con-
tact Heath or Karen if interested.

4-H HAS TALENT

**DO YOU HAVE WHAT IT TAKES
TO BE A STAR?**

**Sing a song, do a dance, tell a joke or just do
something unusual!**

**Get the chance to show your skills on stage in
front of 4,000 fellow 4-H members, parents,
volunteers, and county agents.**

Deadline April 1, 2016

- Submissions must be appropriate for 4-H youth.
- Intermediate and Senior aged 4-H members are allowed to participate in this contest.
- Teams may be one age category or a combination of both intermediates and seniors.
- An individual and/or team (max seven members) may only submit one video.
- Five finalists will be selected by an expert panel of judges.
- The five finalists will perform during Texas 4-H Roundup on Tuesday, June 7, 2016 during the evening assembly.
- After all performances, the audience will have the opportunity to vote via text messages to select the winner.
- Top two entries selected at Roundup will win cash awards.

- ♦ Videos must be uploaded to YouTube and made public for viewing
- ♦ Maximum Length: 5 minutes
- ♦ Links must be submitted online at <https://fs4.formsite.com/state4h/4HHasTalent/index.html>



For questions contact Jana Barrett at 979-845-6533 or jcbarrett@ag.tamu.edu

Texas A&M AgriLife Extension

Presents



Lampasas County
Health Fair

Thursday, March 10, 2016 ✦ 2:00 – 6:00 p.m.

Activities Free to the Community for All Ages

To register to be a vendor or questions call: 512-556-8271, Ext 140

Health Screenings

*Including cholesterol, blood pressure,
glucose reading, vision screenings, and
more!!*

Informational Booths:

Aging & Disability Resource Center
Lampasas Nursing & Rehab,
Indigent Care
Better Living for Texans
Seton
Central County Services
Lampasas County Higher Education Center
& More!!

Food

Fun & Games

Giveaways

LOCATION:

**Pecan Creek Apartments
Club House
205 Riverview
Lampasas**



Eli's Fund

A Memorial for
Lance Corporal
Colton Rusk and
Eli, his service dog



November 2015 – June 2016

Eli, a bomb-sniffing military working dog was assigned to US Lance Cpl. Colton Rusk. In December, 2010, Lance Cpl. Rusk was killed by sniper fire in Afghanistan. Eli, ever faithful to his handler was left depressed and alone. He would not leave Lance Cpl. Rusk's cot at the base for several weeks. In February 2011 Lance Cpl. Rusk's family in South Texas was allowed to adopt Eli. The Texas Veterinary Medical Foundation (College of Veterinary Medicine, CVM) has pledged to cover all of Eli's veterinary care for the rest of his life. The CVM established Eli's Fund as a source of financial support for active duty service men and women, medically retired veterans' service animals and retired military animals.

Goal: \$15,000

How to Donate

- From November 2015 through Texas 4-H Roundup in June 2016, Texas 4-H Council challenges all 4-H members and families to financially donate to Eli's Fund.
- 4-H clubs can collect donations, have a bake sale, a car wash or other event; the collected funds would then be donated online

<http://vetmed.tamu.edu/giving/opportunities/elis-fund>

To read more about Lance Cpl. Rusk and Eli

<http://news.nationalgeographic.com/news/2014/05/140523-dogs-war-canines-handler-military-marine-labrador-afghanistan-family-mourn/>

- Tell others about Eli's Fund and encourage them to donate.
- To track the donations made on behalf of Texas 4-H, in the *Additional comments or instructions* box of the online donation form include :
#Texas4H and your County
- All donations go directly to the Texas A&M Foundation. A minimum \$25 donation is required.
- To GIVE NOW, you can scan the QR Code



regard to race, color, sex, religion, national origin, age, disability, genetic information or veteran status.

**TEXAS A&M
AGRI LIFE
EXTENSION**

Educational programs of the Texas A&M AgriLife

Extension Service are open to all people without



Texas 4-H Council 2015-2016

Darlene Locke | dl Locke@ag.tamu.edu | 979-845-6533