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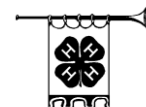
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4-H News



JULY 2013

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

The purpose of these district-wide committees is to develop project training opportunities for specific projects. The nine committees will be: Beef, Clothing, Consumer Education, Foods & Nutrition, Horse, Photography, Natural Resources, Sheep/Goats, Shooting Sports, Swine

The schedule for the day will be:

8:45 – 9:30 Registration

9:30 – 10:00 Morning General Session

10:00 – 12:00 District 4-H Council & Volunteer
Leaders Association Meetings

12:00 – 1:00 Lunch – Provided by District 7 Adult
Leaders Association

1:00 – 2:30 Project Development Committee
Training/Workshops

Project Development Committee Business Meeting
Orientation for new officers

2:30 – 3:00 Committee reports

Cost is \$7/person

Multi County 4-H Camp

There will be a Multi County 4-H Camp on July 09-11, 2013 at the Heart of Texas Bible Camp in Brady, TX. The cost is \$50 per person or \$45 if more than one family member attends. Each camper must be a 4-H member that has completed a 4-H Connect registration in their county by June 03, 2013. Camp registration deadline is July 02, 2013. Due to space limitations, registrations will be accepted on a first come, first serve basis until the camp is full. Thanks to Diana Melton for agreeing to chaperone at camp. Call office or see attachment in June newsletter for more details.

Show Lambs & Goats

It's time to start looking for county and major show lambs and goats for the 2014 show season. If you need help finding good quality animals, Heath will be more than happy to help you.

Put on your calendar – Fall District 4-H Meeting

*Project Development Committees (see below)

*District Council

*Adult Leaders Association

Saturday, August 17, 2013

District 7 Fall Meetings

Grape Creek Baptist Church

9781 Grape Creek Rd.

San Angelo, TX. 76901

The District 7 **PROJECT DEVELOPMENT
COMMITTEES** need **YOU** to be successful!

QUALITY COUNTS

Quality Counts Verification will be a part of the process for entry in all 2013-2014 major & county shows. This year at the Heart O' Texas Livestock Show, we will be following along with other Major Livestock Shows across Texas and supporting the Quality Counts Program. Along with the State Fair of Texas, this fall we will be requiring the Quality Counts Verification Number to be included on the entry forms in order for the exhibitors to show at any of our Junior, Jackpot and Scramble Shows.

This means youth exhibitors will need to demonstrate their knowledge of the Six Pillars of Character and the Eight Core Concepts presented in the Quality Counts Curriculum. **To do this, they will need to pass an online test on the website (<http://qualitycounts.tamu.edu/>) and acquire a Quality Counts Verification number.** A Verification number is obtained by answering 80% of the questions correctly on an online test. You will need it when entering majors. If you lose it then you will have to take the test again and get a new number. You will not be allowed to enter without it.

County Fair

Get your creative projects together and enter them at the Lampasas County Fair. Entries are Wednesday, July 10, 4-7 p.m. in the Lampasas County Annex Building Conference room. Judging is Thursday morning. Categories are: Photography, Art, Jewelry, Holiday, Baked Goods, Canned Goods, Clothing, Crafts/Textiles, & Horticulture. Check out the catalog on our website <http://lampasas.agrilife.org>

2013 Rabbit Project

If you are interested in participating in the Rabbit Project for the upcoming year, contact Rod Freeman at 254-535-9583.

4-H Volunteer Conference

Robin Allen & Lisa Kepner will be attending the 2nd 4-H Volunteer Conference in Plano, July 12 – 14.

State Photography Workshop

Texas 4-H Photography Workshop in Temple on July 20-21. \$25 fee. See attachment.

Lampasas County 4-H is readily available on the internet

Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.

<http://texas4-h.tamu.edu/> Texas 4-H website.

<http://d74-h.tamu.edu/> District 7 website contains information on District events.

<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.

<http://4-h.org/> National 4-H site including the 4-H mall.

<http://www.national4-hheadquarters.gov/> National 4-H site.

Clothing & Textiles Packet (will be updated for 2012)

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

Share the Fun Information

http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf

District 7 4-H Events

<http://d74-h.tamu.edu/>

4-H Record Books

<http://www.4hreports.com>

4-H Shooting Sports

<http://texas4-h.tamu.edu/shootingsports/index>

4-H Round-Up

<http://texas4-h.tamu.edu/youth/roundup/index.php>

Leaders 4 Life

<http://texas4-h.tamu.edu/projects/leaders4life/index.php>

Better Living for Texans

<https://www.facebook.com/BetterLivingForTexansLampasasCounty>



FACEBOOK Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

County 4-H Membership Guide

Update your 4-H New Members guide by downloading it from the Lampasas Extension website.

[http://lampasas-agrilife-org.wpengine.netdna-](http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf)

[cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf](http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf)

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting will be Monday June 17th, 11:30 – 1:30 PM. Meeting will be a program with the Redbud-Oakalla TEEA group from Burnet County. Leaders: Robin Allen at 713-530-6545 & Lisa Kepner at 512-489-2275.

SULPHUR CREEK 4-H

The next meeting will be in September, details will follow in a future newsletter. Contact: Becca Dishman becs@sbcglobal.net or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

Lampasas 4-H Club

The next meeting will be in September, details will follow in a future newsletter. Leaders: Karen DeZarn and Karen Longoria at 512-556-8271.

Swine Club

The next meeting will be in September, details will follow in a future newsletter. Judy Kennedy 512-734-0180 and Heath Lusty 817-584-6628.

Sincerely,

Heath Lusty
CEA – AG/NR

Karen DeZarn
CEA – FCS



TEXAS A&M
AGRILIFE
EXTENSION

4-H Golf Challenge *West!*

Information:

- July 22, 2013
- Brownwood, Texas
- The Hideout Golf Club
- Registration: May 20- July 13 (4-H Connect)
- Registration is \$105 / team (must register individually as a 3 person team at \$35 each) and includes 18 holes of golf, & catered lunch
- All 4-H ages welcome!

Contact:

Kyle Merten at KJMerten@ag.tamu.edu or 979.845.6533

Also Visit:

<http://texas4-h@tamu.edu/golf>



Learn about careers in:



Commercial
Photography



Animal/Pet
Photography



Internet/
Magazine
Photography



Wedding
Photography



Teaching
Photography

July 20-21, 2013

THE ART BEHIND THE CAREER

TEXAS 4-H CAREER PHOTOGRAPHY WORKSHOP

Central Texas Christian School, Temple, Texas

You know the art of photography, now learn about the careers behind it! This new and innovated workshop focuses on engaging youth in various photography careers through hands-on learning experiences both the classroom and in the field. Join in, have fun, and learn about the career behind the art of photography!

Hands-On FUN Workshops

Day 1

- Photography 101
- Photography Judging Contest. Learn how to evaluate and place photos!
- Community Service Project (bring 5-10 of your favorite photos either 3X5 or 4X6 in size).
- Exploring photography careers - learn about careers sports/newspaper, forensic, portrait, wedding/special event, Internet design, commercial, outdoor, magazine, media teacher.

Day 2

- Hands-on photography practice at a working ranch taking photos of:
 - Animals
 - Team Roping
 - Horse Plowing
 - Static displays of trucks, pickups, barns, and farm equipment
 - Period actors of Cowboys, Mountain Man, and Prairie Girl

Participate in
a Photography
Judging Contest
for awards and
prizes

Join in the
Saturday fun
at an evening
dance!

FUN
DOORPRIZES FOR
PARTICIPANTS!

Registration
open on
4-H CONNECT from
May 1st to
July 1st.

Registration includes instruction, service project materials, Saturday lunch, and flash drive with all workshop materials

\$25.00

For more information, contact
Bell County Extension Office at
254.933.5305 or bell-tx@tamu.edu
Website: tiny.cc/4j2zvz

Registration is limited to first 100 participants!

4-H'ers Overcome Food Desert with Hydroponics

Many kids in Seaford, Delaware live in a food desert with little to no access to fresh, affordable foods. 4-H'ers and FFA students decided to do something about it.

High school students in the Seaford Agricultural Leadership Science Academy (SALSA) set up a business, *Blue Jay Produce*, to sell fresh, affordable produce to local schools. Using a hydroponics system, they're able to grow vegetables year-round.



***Blue Jay Produce* started selling romaine lettuce to local school lunch programs at a fraction of the cost schools were spending on the less nutrient-dense iceberg lettuce.** During the school break, *Blue Jay Produce* donates lettuce to a local food pantry feeding approximately two dozen families. The students have since donated over 500 pounds of lettuce to a local church through their produce company.

The SALSA students didn't stop there. They also set up a program to:

- Educate the community on the importance of proper nutrition and
- Teach community members how to be self-sufficient by growing their own organic vegetables, using the local farmers' market as an outlet.

Do you have a story about how 4-H'ers are making a difference in their community? [Send us an email at eNews@4-H.org](mailto:eNews@4-H.org) and share your story.