



Texas A&M System

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# 4-H News



# **MARCH 2011**

#### **Learn More About 4-H**

http://texas4-h.tamu.edu/

Use this link to learn

all about state 4-H programs, find publications (project guides, record keeping information, etc.) http://d74-h@tamu.edu

Use this link to learn about District 7 4-H happenings (district contests, etc.)

http://texas4h-ctr.tamu.edu/

IF YOU KNOW OF SOMEONE WHO IS NOT GETTING THE NEWS LETTER EITHER BY EMAIL OR MAIL PLEASE NOTIFY THE EXTENSION OFFICE AND SUPPLY US WITH THE CORRECT CONTACT INFORMATION.

# An Open Letter from Texas Agrilife Extension Service and Texas 4-H Youth Development Program

Dear Texas 4-H Families:

Thank you for being an integral part of the largest youth development program in Texas, and the largest 4-H Program in the world. Texas is proud to boast the largest 4-H membership enrollment, total 4-H participation, and the largest 4-H volunteer base in the United States.

In saying that, we are also compelled to tell you that this is indeed a challenging economic time for everyone. The Texas AgriLife Extension Service and 4-H is no different: however, we remain committed to ensuring a strong 4-H and Youth Development Program for our families.

To maintain the level of programming and opportunities in the Texas 4-H and Youth Development Program, an annual participant fee is necessary for each 4-H member starting with the 2011-2012 4-H year on September 1, 2011. This participant fee of \$25, or \$20 if enrolled

from September 1<sup>st</sup> to October 31<sup>st</sup>, will hopefully ensure that the Texas AgriLife Extension Service can continue to deliver the highest quality 4-H program in the world. A recent national research study shows:

- Members reporting better grades, higher level of academic competence, and an elevated engagement at school
- Two times as many members likely to plan to go to college than non-members.
- Members that reveal significantly lower drug, alcohol and cigarette use than their peers.
- Members that are three times more likely to actively contribute to their communities when compared with youth that do not participate in 4-H.

Quite simply, we are convinced that this participation fee is an investment in the youth of Texas. The Texas AgriLife Extension Service is committed to the youth of Texas and it is critically important that each 4-H family knows we are dedicated to continuing to provide the best program worldwide. As we all go through a transition period, we ask each of you to partner with us in creating a positive environment for all our 4-H members.

Thanks for all you do and thanks for **MAKING THE BEST BETTER!** 

The Texas AgriLife Extension Service and the Texas 4-H and Youth Development Program

The 4-H Leaders & Parents met on 2/24. There are discussions underway that could offset some of the costs of the yearly participant fees. If anyone has suggestions, notify your 4-H leader or the office.

# 4-H Leader & Parent Meeting March 24

Leaders and parent meeting will be held Thursday March 24 at 5:30 PM at the County Annex Conference Room. Continued discussion about having a central 4-H Club, participating in the **Bloomin Fest** & the grand opening of the Nix Rd. Recreation Facility on April 2, and the forthcoming statewide 4-H enrollment fee. Please notify the office with agenda items and RSVP your attendance.

175<sup>th</sup> Anniversary of TX Independence

Celebration will be Tuesday, March 8, 2011 at 7 P.M. in the District Courtroom of the Lampasas County Courthouse. The evening will feature the ever popular author and historian Bill O'Neal. The event is hosted by the Pierian Club of Lampasas. No charge for admission.

# **Photography Project**

Photography Project workshop will be March 31, 4-5 PM in the conference room of the county annex. Size and Mounting of Photographs for Jr. & Intermediate ages: Each photograph must be 8 inches by 10 inches in dimension. To display uniformly, photos should be mounted permanently using double stick tape or dry mounting on thin foam board no larger than 8 inches by 10 inches. Poster board is NOT acceptable. Glue or rubber cement is NOT acceptable for mounting. Help will be provided at the workshop. The categories and specific information can be found at:

# http://d74-h.tamu.edu/files/ 2010/09/2011PCLetterPg01-052.pdf

No Photography meetings are being scheduled but if you have any questions, please contact Tina Loeffler, 512-734-1237 or tinaloeffler@sbcglobal.net

You can check the Lampasas Extension website for a link to the new 4-H Photography Contest Rules for year 2010 - 2011. <a href="http://lampasas-tx.tamu.edu/">http://lampasas-tx.tamu.edu/</a> These rules will apply to the Senior photography members advancing to state. The county rules will be the same as last year for submission. The county workshop will be March 31 at 4 PM in the conference room of the county annex. Judging will take place the first week of April. Photography judging will be Thursday, April 7 at 2:00PM. 4-Hers can talk to the judges at 4:00 in the county annex conference room.

# <u>District 7 trainings for 4-H'ers,</u> Parents and Leaders

This year there are special training workshops to help everyone understand various 4-H projects and activities. Let's load up the cars and caravan to nearby counties for these trainings to be held from 6:30-8:30 p.m. The topics, dates and locations are:

Educational Presentation, Share-the-Fun/Public Speaking - March 24 in Llano at the Extension Office.

**Record Books - May 10** in San Saba at the Civic Center in Mill Pond Park

**Program Management** (Working with club manager, club officer, county council, volunteer leader assoc., etc) - **July 21** in Brady (Other dates are available, but

are in counties farther away. Check with the Extension office for dates and locations.)

#### **New Tractor Supply Company (TSC) Store**

4-Hers & families will be participating in the grand opening of the Tractor Supply Co. store on Saturday, March 19 from 10 a.m. to 3 p.m. It is located in the old Walmart plaza on Central Texas Expressway. We will be selling chili dogs, pop, chips, pet treats, and baked goods. Bring cookies (divided into bags), cakes or pies (whole) to the 4-H booth the morning of the event or to the extension office on Friday March 18, before 5 p.m. Families are to sign up for 1 hour shifts. Let the office or your 4-H leader know what shift you can work. Participating 4-Hers are to help TSC customers load their purchases into their vehicle. 4-Hers will also be considered for a reduced 4-H registration fee this fall.

# **Healthy Lifestyles Invitational**

After a successful year in 2010 the Healthy Lifestyles Invitational is scheduled to be back and better than ever! The 4-H Healthy Lifestyles Invitational will provide youth the opportunity to participate in a competitive event and utilize the knowledge and skills gained through participation in 4-H healthy lifestyles programs. Conducted on Thursday, June 16, 2011

#### Participation:

- The 4-H Healthy Lifestyles Invitational will be open to youth in the intermediate and senior age divisions.
- 4-H members do not have to qualify in order to participate in this invitational contest.
- 4-H members participating in the Healthy Lifestyles Invitational are not allowed to participate in another Thursday contest at Texas 4-H Roundup, with the exception of the 4-K for 4-H Walk & Run.
- 4-H members may enter as an individual or a member of a county team. Teams shall be made up of 3-4 youth within the same age division.
- 4-H members entered as individuals will be randomly grouped with other individuals to form a team for the team presentation portion of the contest. Best efforts will be made by the contest planning team to group individuals into 4-member teams. However, this is not a guarantee.

Resource: Healthy Lifestyles Website [http://texas4-h.tamu.edu/projects/healthy\_lifestyles/index\_healthy\_lifestyles.php]

Contact the extension office if you would like to be a part of this contest and Karen will schedule practice sessions.

#### **4-H Fundraiser**

Check out <u>www.pettreats4youth.com</u> which is a website that has a possible fundraiser for 4-H. It is pet treats for dogs, cats, and horses. We have some samples in the office. These will be sold at the Tractor Supply Grand Opening.

# **Thank-You Notes**

This is a reminder to any 4-Her, who participated in the Lampasas Youth Livestock Association Auction, to send a Thank You noted to your buyer. If you need the name(s) contact the Extension office.

### **4-H Educational Presentations**

If you aren't already doing demonstrations or presentations at your 4-H club meetings now is the time to begin. Also if you want to participate in the district or state 4-H Roundup you need to begin practicing. An educational presentation or demonstration can be done in so many different areas. The best way to see all the categories is to refer to the current Texas 4-H Roundup Participant Guidelines. View or download at:

# $\frac{http://texas4-h.tamu.edu/library/files/2011\%20Rules\%20}{and\%20Guidelines\%20UPDATED~1-20-11.pdf}$

Texas 4-H Roundup is the event where all educational presentations are given for competition. The Texas 4-H Roundup Guide provides the updated categories and detailed rules related to each category. Educational presentations can be presented in subjects, such as beef, food & nutrition, clothing & textiles, companion animal, shooting sports, and family life, to name just a few. There is also one category that is called "open" or all those other cool projects 4-H members are doing on their own. The district roundup in San Angelo is May 7 and the state 4-H Roundup is College Station is June 13-17. County Agent, Karen DeZarn has printed material, a PowerPoint, and a VCR video describing demonstrations/educational presentations and talks. Let's see some involvement at the club, county, district and state level!!

Educational Presentation - any number of junior entries/3 senior entries

Share-the-Fun - 2 entries for juniors and 2 entries for seniors

### **Clothing Fun Day**

A 4-H Clothing Fun and informational day has been scheduled for Sunday afternoon March 13 at 2 PM in the County Annex Conference Room. We will explain the Fashion Storyboard and other 4-H Clothing projects. The 4-H Fashion Storyboard is an industry-inspired method of displaying original designs. Other clothing projects that will be discussed are – Fashion Show Buying & Construction, Stage Design, Narrator Contest. Bring your friends & potential new 4-Hers. This workshop will prepare 4-

Hers for the upcoming District Roundup on Saturday, May 7 in San Angelo. Plan to attend Roundup to observe even if you are not competing. Resources Texas 4-H Fashion Storyboard Website <a href="http://texas4-h.tamu.edu/storyboard/index\_storyboard.php">http://texas4-h.tamu.edu/storyboard/index\_storyboard.php</a>.

# **Share the Fun**

The Share The-Fun-Contest will be held on May 7 in San Angelo and winners advance to State which will be June 16, 2011. Youth may only compete in one Share-The- Fun Category.

#### **OBJECTIVES:**

- To provide an opportunity for 4-H youth to develop a spirit of cooperation through working together to develop self confidence through public appearance.
- To stimulate interest and encourage a broad-based recreation program in Texas 4-H at the club and county level.
- To encourage 4-H members to discover and develop their talents.
- To provide for social, cultural, and leadership development of 4-H youth.

CATEGORY DESCRIPTIONS for Individuals or groups of 1-9 participants:

Four (4) minutes for set-up and break down; maximum of six (6) minutes for presentation for a total of ten (10) minutes per act.

POETRY/PROSE - Acts which showcase poetry or prose are required.

VOCAL - Vocal presentation may be done a cappella or with an accompaniment CD/tape. All members in the act must be singing. No lip sync will be allowed.

MUSICAL – Musical presentation may be musical instruments accompanied by background tape or an instrumental performance only.

SOLO/BAND PERFORMANCE – All 4-H members entered in the category must be a part of the act by playing a musical instrument, singing, or both (solo performance must play an instrument and sing.)

CHOREOGRAPHED ROUTINES — No speaking to form a skit or story line. The act requires choreography and can be demonstrated through twirling, pom pom squad routines, jump rope teams, basketball dribbling exhibitions, or dance (jazz, tap, country & western, ballroom, etc.)

CELEBRATE 4-H – May be a 4-H based story line promoting 4-H, community service, a project, or activity. This category may also address a specific youth issue and present ways in which this issue can be addressed through 4-H efforts. May incorporate music, vocal selections, and/or choreographed routines but these aspects cannot be more than half of the performance. Skits can be humorous, creative and make fun of but not degrade Extension employees or the 4-H program. All 4-H members entered in the category must be a part of the act. Judging will be based on material chosen, talent, creativity, showmanship, costumes, and props.

# 4-H Camp

McCulloch County (Brady) has a 4-H camp at a local Bible campground. They have invited Lampasas County 4-Hers to attend. The camp is June 7-9 for approximately \$50 - arrive at camp around 4 PM on June 7 and leave at 9 AM on June 9. Campers swim at the city pool, have a dance and some activities at the local civic center and are involved in shooting sports, crafts, games and other activities. RSVP if possible interest.

# <u>State 4-H Camp at Brownwood -</u> <u>County Camps</u>

County Camp programs at the Texas 4-H Conference Center are designed to provide an opportunity for youth to experience summer camp while enjoying the advantage of meeting youth from across the State. Participants will enjoy canoeing, swimming, the climbing wall, drama, riflery, archery, arts and crafts, games, special events and more! I am planning on reserving space at camp for July 11-13, 2011. The cost is \$168 for youth. To see other specifics check the website at:

 $\underline{http://texas4hcenter.tamu.edu/summer\_camps\_\&\_programs/} \;.$ 

Any adult wishing to chaperone RSVP early to Karen DeZarn.

# 4-H and Youth Development Volunteers are Needed

Below are explanations of various kinds of volunteers for Extension. Please review and consider one of these positions or inform friends and relatives that volunteers are needed to help the programs expand and grow. Please inform the office of any suggestions.

VOLUNTEERS are essential to the successful implementation of the 4-H program. Volunteers can serve in a variety of roles including *club manager*, project leader, activity leader, event judge, event chaperone, committee member, and mentor. Working directly with youth, 4-H volunteers help youth set goals and reach achievements through various project experiences. To learn more about roles and responsibilities of 4-H volunteers, an online orientation is available at:

http://texas4-h.tamu.edu/volunteers/training/. More information about volunteering with the 4-H and Youth Development Program can also be found at http://texas4-h.tamu.edu/volunteers/.

#### Leadership Advisory Boards

Each county Extension Program has a Leadership Advisory Board (LAB) made up of volunteers that help develop a long-term vision for the County Extension Program, advocates for and interprets the program throughout the county, and helps develop resources for the county program. LABs are critical

to Extension's ability to provide locally relevant educational programs.

#### Program Area Committees

Each Extension program area has a Program Area Committee that is made up of volunteers that help Extension respond rapidly to critical needs and issues. These volunteers are instrumental in ensuring that Extension programs are relevant to local needs by helping identify, plan, implement, and evaluation educational programs. Volunteers that serve on Extension Program Area Committees help strengthen the effectiveness and impact the programs have on the community.

# Volunteer Leader Conference in San Antonio July 29-31

The Texas 4-H and Youth Development Program will be sponsoring a state-wide leader training to be held July 29-31 in San Antonio to prepare the new generation of 4-H volunteers to lead and instruct our members. Highlights of the conference will include:

- \* High energy, dynamic, and engaging conference addressing the emerging issues of youth development and the Texas 4-H Program
- \* A 2 1/2 day conference filled with quality educational workshops and general sessions
- \* Motivational speakers & an update on the state of the Texas 4-H and Youth Development Program
- \* This is on target to become a be-annual event (off years of Texas 4-H Congress).
- \* Conference will include web-based video streaming of some sessions for those that cannot attend in person

Why a volunteer conference? The opportunities for our youth, our volunteers, and our 4-H Program With the growth comes the continue to grow. resources and training possible. As our 4-H Program continues to expand and become more vital to the youth of Texas, it is imperative that we effectively engage and empower our volunteer network. Our volunteers need access to the highest quality educators and resources so they are best equipped to return to their counties and work in partnership with their local County Extension Agents to further This has never been more develop our youth. important as we consider how to most effectively lead our youth.

More to Come! Stay Tuned! There will be more information coming about this great volunteer opportunity in the coming months as the plans for the conference are being finalized. Please save the date and consider attending the conference.

#### 4-H STOCK TRAILER USE

The stock trailer is currently being stored at the Brown's Feed Store back lot. In order to use the trailer one must come to the Extension office during office hours and sign the trailer out. When returning it you will need to come back to office to sign it back in.

# **4-H on the Internet**

Lampasas County 4-H is readily available on the internet. Below are links to many sites you may find useful.

http://lampasas-tx.tamu.edu/ Lampasas County Extension website. http://texas4-h.tamu.edu/ Texas 4-H website.

http://d74-h.tamu.edu/ District 7 website contains information on District events.

https://texas.4honline.com/ State 4-H registration page, 4-H Connect. http://4-h.org/ National 4-H site including the 4-H mall.

http://www.national4-hheadquarters.gov/ National 4-H site.

www.orientaltrading.com We also just found out that you can purchase 4-H novelty items from Oriental Trading.

#### RECYCLE FOR CASH

Triple R Recycling at 1500 FM 580 (512)556-8132 in Lampasas will recycle aluminum cans, white office paper, computer paper, newspaper, plastic, cardboard, and non-ferrous metals. If you designate 4-H as the recipient, they will pay 4-H for the materials brought to them. This is a great way to recycle, keep the environment clean and make money for the 4-H program. Everyone benefits!!

# 4-H Club Meetings\*

#### OAKALLA/KEMPNER 4-H

Next Meeting is Thursday March 3 @ 5:00 PM.

Photography Project meets each Thursday at the OCC at 5:30. Contact Debbie Tschoerner for more info 512-489-2657.

Contact Robin Allen 713-530-6545 to sign up.

#### **TAYLOR CREEK 4-H CLUB**

Club meeting date: Tuesday, March 8th, from 4:15pm

- 5:15pm in the cafeteria

Tentative field trip planned for March 19.

Contact: Alicia Menard at

lampasasinfo@sbcglobal.net or 254-449-2007

#### **SULPHUR CREEK 4-H**

Tuesday, March. 8, 5:00 PM @ Farm Bureau Bldg. Will be learning about public speaking.

Contact Jill Carroll at

<u>lampasaschamber@sbcglobal.net</u> or 512-556-5172

# CLAY BREAKERS Shooting Sports Club

#### **Bertram Shoot:**

For Bertram Range dates and times, Please call Katie Allmand or email at 512-734-1334 or

<u>katie.allmand@gmail.com</u> if you have questions or need directions.

#### Monthly Club Fun Shoot:

### Fort Hood Trap & Skeet League Shoot:

Trap & Skeet League Shoot Sunday *March 6th* at Ft. Hood Time change to 3:00 p.m. for Warm-Up.

Open to Qualified Shooters (email to qualified shooters prior to shoot)

Competition Skeet Rounds start @ 3:30 p.m.

Practice afterwards if interested.

There will be only one more Monthly Fun Shoot on *April 17*.

#### **Club Meetings**

Meetings scheduled for every 3<sup>rd</sup> Monday of the month at 6:00 P.M. in the Farm Bureau meeting room.

Mar. 21

Apr. 18

May 16

**For more information** contact Rick Baxter, Lampasas 4-H Shooting Sports Adult Leader at 512-525-4086 or email <a href="mailto:diamondbax@wildblue.net">diamondbax@wildblue.net</a> or the County Extension office at 512-556-8271 ext. 140.

Sincerely,

Karen DeZarn Karen DeZarn CEA – FCS

