

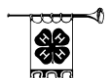


Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

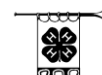
(512) 556-8271, x140

E-mail: lampasas-tx@tamu.edu

Home Page: <http://lampasas-tx.tamu.edu>



4-H News



SEPTEMBER 2011

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

2012 4-H Registration

To maintain the level of programming and opportunities in the Texas 4-H and Youth Development Program, an annual participant fee is necessary for each 4-H member starting with the 2011-2012 4-H year on September 1, 2011. This participant fee of \$25, or \$20 if enrolled from September 1st to **deadline of October 31st**, will hopefully ensure that the Texas AgriLife Extension Service can continue to deliver the highest quality 4-H program in the world. For your convenience you may come by to register your child and pay by personal check **no later than September 19.**

All 4-Hers must re-enroll to verify membership for livestock shows, contests, and for the 4-H mailing list. EVERYONE – Leaders and 4-Hers will need to re-enroll on 4-H Connect at

<https://www.4honline.com/Login>

It is mandatory that all 4-H leaders & youth annually enroll to be eligible to participate in 4-H.

Food Show

Saturday, October 29 in the Lampasas County Conference Room from 2-5pm. Awards will be given in junior, intermediate, and senior levels. District food show will follow on November 19 in Abilene with county entries due to District by November 8.

Fees: \$3 per person. Fees cover the cost of awards and tokens of appreciation for the judges.

Entry Classes: The classes for Junior, Intermediate & Senior age divisions are as follows.

*Main Dish

*Breads & Cereals

*Fruits & Vegetables

*Nutritious Snacks

Please Note: Foods entered in the Nutritious Snacks category can't use an oven in preparation. Also this category is the same for junior, intermediate and seniors and no desserts can be entered in any of the age categories.

Display (for county contest only): Each contestant will be given an area of at least 18-24 inches wide to display their entire recipe. Table decorations are appropriate for display only and will be allowed in that space. Displays are optional as they are not included in the judging process for the food show. The display will be judged separately for the Showmanship Award (see below).

Judging: Tasting entries by judges or anyone else is not allowed. State 4-H Food Show guidelines, rules and regulations will be followed. State guidelines may be found online at

http://fcs.tamu.edu/food_and_nutrition/pdf/2012-state-food-show-guidelines.pdf

Showmanship: Showmanship is a county award only with no opportunity to advance to District competition.

MARK YOUR CALENDAR

Upcoming Due Dates!

10/10 – Chicken orders due but be aware that

Extension office is close that day (Columbus Day)

10/24 – Meat sales orders due to Extension office

10/25 – Sheep/goat validation, also heifers & rabbits

10/31 – 4-H Enrollment – last day to enroll for \$20!

Goes to \$25 11/1

SEE ATTACHED FLYERS

New 4-H Record Book System!

Recordkeeping is a very valuable skill taught to members of the Texas 4-H program. Members are encouraged to keep project records and have these records reviewed annually by submitting a Texas 4-H *Record Book*. In an effort to update the current *Record Book* system, a committee of 4-H faculty has

polled 4-H members, 4-H parents, and Extension faculty to request suggestions to improve the process. It has been highly recommended and requested by many members, parents, and Extension staff that the Texas 4-H recordkeeping system (*Record Books*) be available as an online, data entry system that easily allows for updates, editing, and printing.

So, State 4-H announced.

Important Details:

- There will be three (3) levels of *Record Books* based on 4-H age (junior, intermediate, and senior). Information requested for each level will progressively add on to each other. The junior & intermediate books will be significantly simplified from the current *Record Book*. The senior level book will be similar to the current *Record Book* with some minor edits.
- Parts of the report form will be standardized to allow for ease of completion and judging.
- Much of the data from previous *Record Books* that a member may have saved on their home computer may be 'cut and pasted' into the new forms.
- All 4-H members (juniors, intermediates, and seniors) will begin using the new online forms or new paper forms that will be available for download from the Texas 4-H website beginning with the 2011-2011 4-H Year.
- *Record Books* will still be printed and turned in (in hardcopy form) to be judged by the deadline set by your local County Extension Office.

LOCATION & RESOURCES:

<http://www.4hreports.com>

(AVAILABLE FOR USE STARTING OCTOBER 15)

District 7 4-H Community Service Project

The 2011-2012 Community Service Project for our 4-H district will be to collect funds to purchase premie car seats for the Children's Miracle Network. Be thinking of a way to raise the funds. Each county in the district is being asked to raise \$100 which will purchase one car seat for the Network. Funds are due to the District 6 office by May 1st.

2011 National 4-H Week

National 4-H Week will be October 2nd through the 8th, 2011. The Texas 4-H and Youth Development Program developed this National 4-H Week Kit to help County Extension Offices, 4-H members, and volunteers design a National 4-H Week plan that works for them. Check out ideas for your club at: <http://texas4-h.tamu.edu/news/national4Hweek/index.php>

Livestock Projects

If you need help finding a lamb, goat, or pig let Heath know ASAP! Heath is going to sales and has a lot of contacts with folks that raise show animals across the State.



Oakalla/Kempner Club would like to invite everyone out for the 1Day 4H event at the Oakalla/Kempner Community Center. It will start at 9:00 am and continue till about 3:00 pm October 8 2011. Oakalla/Kempner Club will be doing the adopt a highway clean up, also we will be cleaning up the community center inside and outside. This will include sweeping, moping dusting, window and cleaning out misc items. They will also be doing yard work type of things, weed eating, and mowing. Oakalla/Kempner Club will also be sanding and painting benches and planter boxes. Then they will be putting up new shelving in the library. Oakalla/Kempner Club will also be going over to the fire hall and cleaning up there, where they might even be washing fire trucks. All Lampasas 4-H members are invited to come and enjoy the fun while providing service to the community

If you need more information please contact Debbie Tschoerner at 512-489-2657.

2011 Rabbit Extravaganza

The 2011 Rabbit Extravaganza is scheduled for November 19 in Belton.

If you are interested in participating in the Rabbit Project for the upcoming year, contact Rod Freeman at 254-535-9583.

Quality Counts Verification **MUST PASS TEST BY NOV 1**

Juniors are required to pass the test as a junior and again as a senior.
Seniors are only required to pass it once.

Quality Counts Verification is now active and ready to be used! Moving forward into the 2011-2012 Major Show Season, Quality Counts Verification will be a part of the process for entry in all major shows.

This means youth exhibitors will need to demonstrate their knowledge of the Six Pillars of Character and the Eight Core Concepts presented in the Quality Counts Curriculum. **To do this, they will need to pass an online test on the website (<http://qualitycounts.tamu.edu/>) and acquire a Quality Counts Verification number. Do not lose this number!** You will need it when entering majors. If you lose it then you will have to take the test again and get a new number. You will not be allowed to enter without it.

Things you need to know about Verification:

- 2011 - State Fair of Texas will implement Quality Counts Verification on a voluntary basis.

- 2012 - All Major Livestock Shows in Texas will require Quality Counts Verification at the time of entry - This means youth will need to be verified prior to entry in the fall of 2011.
- A Verification number is obtained by answering 80% of the questions correctly on an online test.

The Quality Counts website (<http://qualitycounts.tamu.edu/>) will serve as your portal to the online test. The website should also answer any questions you have concerning Quality Counts Verification. If you have any other questions please give me a call.

Quality Counts training will be offered this fall, however, you are more than welcome to do the online training version and go ahead and take the test and get verified.

Heath will host trainings for the test on Monday, October 10th at 6:00pm at the Oakalla Community Center. Only 27 4-H members have verified so far!!! GET THIS DONE!!!

2011-2012 4-H FUNDRAISER (MEAT SALES)

Order forms for the fundraiser will be available for pickup from the Extension office on October 7 and will be due back into the Extension office no later than October 24. Approximate delivery date will be November 17. This is the major fundraiser for the Lampasas County 4-H Club, so all 4-H members are encouraged to participate.

County Stock Show Updates

There are major changes coming to the 2012 Lampasas County Youth Livestock Show! This will be the 75th annual show and to commemorate it the Ladies Auxiliary is putting together a cookbook. If you would like to have a favorite recipe or two in it, contact Jill Carroll at the Lampasas Chamber of Commerce.

Also, we will be emailing out a summary of all the changes in a few days so be sure to watch your inbox. We will also have copies available to pick up in the office. Read through them carefully and call Heath if you have questions. Pay particular attention to these divisions: Breeding goats, broilers, and rabbits as their formats have changed. Please also note validation times and dates!

Ideal Hatchery will again supply our County Broilers. The cost per bird SR hatch, on November 9th will be \$1.55 each. This will include vaccination, de beaking, and wing banding. All validation forms, family memberships, & entries due by October 10th along with payment for the chicks. A new order form has been developed and is available at the Extension office or on the county website. You must use this form to place your order! **If you don't order AND**

pay for your chicks by October 10, you will not be allowed to show broilers at county!!! Order forms and payments need to be turned in at the Extension office.

Food and Nutrition

Oakalla/Kempner Club will be having Food and Nutrition classes at the Oakalla/Kempner Community Center starting this coming Monday Sept 26, 2011 and running through October 24, 2011 starting at 6:00 pm for more information please contact Lisa Kepner at 512-489-2275. All Lampasas 4-H members are invited to come.

State 4-H Roundup

The 2012 State 4-H Roundup will be in a new location this year. It will be June 11-14 in Lubbock. You must enter 4-H project competitions and win at the county and district levels to advance to State 4-H Roundup. Begin now planning your project entries.

Shooting Sports Project

Just some information about Shooting Sports this year -- Shooting Sports will become a 4-H Project starting September 1, 2011. This will not be a significant change for most of you that participated last year. The main difference is that there will not be specific Club meetings for Shooting Sports Participants. We will have shooting activities for returning members in the Fall, probably starting in October. This will consist of one or two shoots for folks that participated last year and intend to participate this year. The Shooting Sports Project will open up to new participants in January 2012 and project completion requirements will be determined soon. All of this has been decided by the Lampasas County Extension Agents and the Lampasas County 4-H Adult Leaders during meetings last spring and this past summer.

You must be a member of 4-H to participate and this year that process has changed. Please see the County Extension web site or August Newsletter for details. Mainly it means you have to pay \$20 to join 4-H. As we get closer to January, more information about the Shooting Sports Project will be made available and the different Club meetings in the County. You should join early; I think there is a late fee if you wait till late in the year to join.

For members that wish to attend meetings and receive the development that comes with full participation, you have a couple of choices; the Oakalla/Kempner 4-H Club, Sulphur Creek 4-H Club, or Taylor Creek 4-H Club. Again see the newsletter for more information. The meeting dates, times and locations are listed. For your information, Ryan will be joining the Oakalla/Kempner 4-H Club. Their next meeting is Monday September 12. I do not have information on the next meeting for Sulphur Creek. If you can't decide, then attend a meeting of each to decide which

one is a good fit for you and your family. Both of the Club Contacts are cc'd above on this email. Please contact them for more information. If you have any questions, please contact me at your convenience. Listed below are the Project and Club Contact names.

Shooting Sports Project Adult Leader-Rick Baxter
Shooting Sports Project Adult Volunteer-David Gholson,
Oakalla/Kempner 4-H-Robin Allen,
Sulphur Creek 4-H-Jill Carroll
Taylor Creek 4-H – Alisha Menard

For more information contact Rick Baxter, Lampasas 4-H Shooting Sports Adult Project Leader at 512-525-4086 or email diamondbax@wildblue.net or the County Extension office at 512-556-8271 ext. 140.

Texas Proud of Texas Agriculture Program

The Texas 4-H and Youth Development Program is proud to announce the launch of the Texas Proud of Texas Agriculture Program. This is collaboration between 4-H, FFA, and several Texas agriculture organizations. Its goal is to provide the youth of Texas interested in agriculture an accessible, tangible outlet for supporting agriculture and to motivate any youth to engage their respective communities in various creative, agriculture promotional efforts.

The mission of Texas Proud of Texas Agriculture is to build leadership in youth while helping them move forward with a common, unified message promoting the positives of agriculture across the state of Texas.

This initiative stresses three key messages, all of equal importance, about Texas agriculture:

1. Agriculture is critical to the life of every Texan. Without it, we would not survive. Leaders in agriculture will help shape the future.
2. Agriculture is more than just food and clothing. It contributes to your home, health, lifestyle and economy.
3. America's farming and ranching families care about their animals and their land.

To learn more, visit <http://texasproudoftexasag.org/>.

The website provides valuable resources that will enable youth with an interest in agriculture to promote about the positives of the industry and allow youth to walk through the toolkit to learn more about the three key messages and how to give a speech, write a letter, and/or plan an event.

Also, you can "friend" Texas Proud on Facebook (<http://www.facebook.com/?ref=logo#!/pages/Texas-Proud-of-Texas-Agriculture/107741079327536?sk=wall>) and Twitter (<http://twitter.com/#!/txproudtxag>).

Lampasas 4-H Awards Social

The Lampasas 4-H Awards Social was held Sunday, September 11 at the Farm Bureau Building with more than 50 4Hers and Family members attending. The Gold Star Award was presented to Elizabeth Allen and Fern Pratt, both members of the Kempner Oakalla 4-H Club. The Gold Star Award is the highest county achievement award and is awarded only once in a member's 4-H career. The award is presented to the most deserving young people without regard to sex. A member must be at least 15 and must have completed at least 3 years in 4-H. The 4-H member must submit an awards program recordbook in the year he or she is to be considered for the award, must have completed projects in three different project areas, and must have participated in activities such as camps, educational presentations, leader labs, etc. The Silver Star Award, the second highest county achievement was presented to Teresa Tschoerner, an intermediate age 4-Her, and also a member of the Kempner Oakalla 4-H Club. All 4-Hers were given a certificate showing their activities completed during the year and a 4-H pin with the year completed. This year the Lampasas 4-H program awarded the Friend of 4-H to Lampasas Tractor Supply Company for the wonderful support the company has shown since arriving in Lampasas. A plaque was presented to Jim Harralson, Manager of the local Tractor Supply. The group was entertained by the State 4-H Roundup first place Band winners, the Lometa Sound. Ice cream and appetizers were served. Thanks to the 4-H leaders and volunteers for helping to plan such a successful event. Thanks to Dairy Queen for donating coupons for free ice cream cones to the 4-H members attending the awards social.

Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin.



Pictures L to R Fern Pratt, Elizabeth Long, and Teresa Tschoerner



Pictured with plaque is Jim Harralson, Manager of Lampasas Tractor Supply Company

Texas 4-H Golf Challenge



The Texas 4-H and Youth Development Program is pleased to announce the Texas 4-H Golf Challenge. The Texas 4-H Golf Challenge was developed by county Extension agents, 4-H Specialists, and others to provide youth the opportunity to compete in an outdoor sporting event. While competing, youth also have the opportunity to gain invaluable knowledge in the areas of sports nutrition, golf course and turf grass management, and the rules and etiquette of golf. The Texas 4-H Golf Challenge was developed after a number of important statistics were identified.

- Twenty-three UIL sanctioned events give more than one million student-athletes the opportunity to compete.
- 16.3% of youth ages 2-19 are obese (2003-2006, CDC).
- The United States is losing two acres of mostly prime farmland every minute to development (2002, American Farmland Trust).

Why are all three of these statistics important? Youth love to compete in athletic events, Texas and the U.S. is experiencing a serious obesity problem in youth, and people must become more aware of how urban sprawl is affecting the land around us and the opportunities that are present as a result of this sprawl. Incorporating an event like the Texas 4-H Golf Challenge will give youth the opportunity to compete in an athletic event while understanding, sports nutrition, the rules and etiquette of golf, learn about the opportunities present in golf course and turf grass management. Check this website for the complete 4-H Golf Challenge Manual and other resources:

Powering the Future

4-H National Youth Science Day is the premier national rallying event for year-round 4-H Science programming, bringing together youth, volunteers and educators from the nation's 111 land-grant colleges and universities and the Cooperative Extension System to simultaneously complete the National Science Experiment. Check out this website to view video demonstrations, to register an event, and to order an inexpensive NYSD Kit with this year's experiment *Wired for Wind*.

<http://www.4-h-national-youth-science-day//nsdhome.aspx>

District 4-H Trip Planned for July 2012 to Scotland and Ireland

Parents and 4-Hers can travel to Scotland and Ireland with 4-H. Start planning now to visit Edinburgh, Glencoe, Loch Ness, Glasgow, Belfast and Dublin. The travel size will be 25. If you plan now you can have 20 monthly payments of \$151 after an initial payment of \$275. A 4-H group recently returned from London, Paris, and Rome. They shared great pictures and stories of their trip. Check out the flyer at the county office.

FACEBOOK

Check out Lampasas 4-H on Facebook. Become a friend!

http://www.facebook.com/home.php?sk=group_199928750048104

4-H on the Internet

Lampasas County 4-H is readily available on the internet. Below are links to many sites you may find useful.

<http://lampasas-tx.tamu.edu/> Lampasas County Extension website.

<http://texas4-h.tamu.edu/> Texas 4-H website.

<http://d74-h.tamu.edu/> District 7 website contains information on District events.

<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.

<http://4-h.org/> National 4-H site including the 4-H mall.

<http://www.national4-hheadquarters.gov/> National 4-H site.

www.orientaltrading.com We also just found out that you can purchase 4-H novelty items from Oriental Trading.

Clothing & Textiles Packet (will be updated for 2012)

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

Houston Livestock Show Calf Scramble

<http://www.hlsr.com/access/calf-scramble/participate.aspx>

Share the Fun Information

http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf

Photography Rules (soon to be updated)

<http://d74-h.tamu.edu/district-events/photography-contest>

District 7 4-H Events

<http://d74-h.tamu.edu/>

4-H Record Books

http://texas4-h.tamu.edu/youth/recordbooks/index_youth_recordbooks.php

4-H Shooting Sports

http://texas4-h.tamu.edu/youth/shooting_sports/index.php

4-H Round-Up

<http://texas4-h.tamu.edu/youth/roundup/index.php>

4-H Connect

<http://texas.4honline.com>

Leaders 4 Life

<http://texas4-h.tamu.edu/projects/leaders4life/index.php>

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

At the last Oakalla/Kempner meeting held on Sept. 12, awards of Appreciation were presented to 4-H leaders: Debbie Tschoerner, Tricia Pratt, and Mary Fischer. Our County Extension Agent, Mrs. Karen DeZarn, came to the meeting to talk to us about the many different programs available to us in 4-H.

Oakalla/ Kempner 4-H Club will be meeting at the Oakalla Community Center for "One Day 4-H", from 9am-3pm on Saturday the 8th of October.

We will be doing a Adopt-A-Highway clean-up, cleaning up the Oakalla Community Center and Playground, and painting benches.

All Lampasas 4-H clubs interested are welcome to join us.

Next meeting: is scheduled for Monday, Oct. 10 at 7:00pm in the Oakalla Community Center.

Contact Robin Allen for more info 713-530-6545 or robredeemed@gmail.com

OR

Contact Debbie Tschoerner for more info 512-489-2657 or dtschoerner@yahoo.com

TAYLOR CREEK 4-H CLUB

Club meeting date: Monday, Oct. 10, 5:30 in the Taylor Creek Elementary Cafeteria.

Contact: Alicia Menard at

lampasasinfo@sbcglobal.net or 254-449-2007

SULPHUR CREEK 4-H

Newly elected officers are as follows:

President - Lane Cardenas

Vice President - Casey Gautier

Secretary - Sidney Dishman

Reporter - Angela Beisel

Club meeting date: Tuesday October 18 at 5:00 pm in the Farm Bureau meeting room Hwy 281 N.

Contact: Jill Carroll at

lampasaschamber@sbcglobal.net or 512-556-7435

Sincerely,



Heath Lusty
CEA – AG/NR



Karen DeZarn
CEA – FCS



LAMPASAS COUNTY 4-H KICKOFF

Learn more about these different projects!

- Traditional Livestock
 - (Cattle, Swine, Sheep & Goat)
- Rabbits
- Poultry
- Shooting Sports
- Foods & Nutrition
- Clothing & Textiles
- Photography
- Consumer Decision Making

TUESDAY, OCT. 4

5:30-7:30 in SHOWBARN

*(NORTH SIDE OF LAMPASAS ACROSS
FROM CATTLE SALE BARN WHERE
HWYS 190 & 281 INTERSECT)*

For more info call the
Lampasas County Extension
office at 512-556-8271

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



4-H Hunters Safety Camp

- Rifle
- Hunting Tech./Skills Trail
- Muzzleloader
- Wilderness Survival/1st Aid
- Archery
- Wildlife & Conservation
- Shotgun
- Pistol and More

WHEN

October 14-16, 2011, 7:30 pm Fri.-3pm Sun.

WHERE

Game Warden Training Center in Star, Texas

Who: District 7 4-H members age 12 and up

Cost: \$20 per person, paid in advance

To Register: Contact 4-H Ext. Agent Nicolas Gonzales, at nigonzales@ag.tamu.edu or 325-646-0386.

Registration deadline 4 pm Sept. 30th.

For questions: Contact SS Committee Chairman Lucchese Gordon, at lucchese.gordon@gmail.com or 325-739-2045

Chaperones needed. A limited amount of adults staying the night will be allowed to take the course.

Only 25 spots so register soon!!! (On a first-come, first-served basis)

Junior Leadership Retreat

**November 11-13, 2011
Texas 4-H
Conference Center
Brownwood**

WHO: 4-H members ages 9-14 (and Adult Chaperones)

WHAT: State level leadership development program

WHERE: Texas 4-H Conference Center, Brownwood

WHEN: Friday November 11 arrive 7:30—8:30 p.m. through
Sunday November 13 depart by 11:00 a.m.

COST: **\$105** for youth, **\$70** for Adult Chaperones (includes two
nights lodging, four meals, two evening snacks and program fees)



Junior Leadership Retreat features Texas 4-H Council members conducting hands-on educational workshops with younger 4-H members.

This year, the program will focus on increasing your knowledge and skills in five 4-H project opportunities — Healthy Lifestyles, Agricultural Products, Housing, Record Keeping and Outdoor Challenge.

State 4-H Council members take pride in showcasing their creativity at the Saturday Night Theme Dance — stay tuned for the announcement! You will definitely want to bring a costume. (The theme will be announced October 3; plenty of time to create your own design.)

To Register... Go to the 4-H Center website
texas4hcenter.tamu.edu

Click on [Register Now](#) link

Registration open September 13 through November 4

Remember, each county is responsible for providing Adult Chaperones.

Tentative Agenda

Junior Leadership Retreat November 11-13, 2011 ⌘ Texas 4-H Conference Center

Friday, November 11

- 7:30 p.m. Registration - no meal provided
- 9:00 p.m. Orientation, Get Acquainted Activities
Closing Ceremony
- 9:30 p.m. Adult Chaperone Orientation - Moore County Room

Saturday, November 12

- 7:30 a.m. Flag Ceremony followed by Breakfast
- 8:30 **General Assembly** - Auditorium
- 9:00 Concurrent Session 1 *** see topics below
- 10:30 Concurrent Session 2
- 12:00 Lunch - gather in Auditorium
- 1:30 Concurrent Session 3
- 3:00 Concurrent Session 4
- 4:30 Concurrent Session 5
- 5:45 Free Time
- 6:15 Flag lowering followed by Dinner
- 7:30 State and National Opportunities (***) come dressed in costume for the dance!
Theme Dance
- 10:15 Closing Ceremony
- 10:45 In Dorms

Sunday, November 13

- 7:30 a.m. Flag Ceremony followed by Breakfast
Pack and clean Dorms
- 9:00 Wrap Up and Evaluation (County caucuses, what was learned, action plans)
- 11:00 Adjourn, have a safe trip home!

Concurrent Workshops
Agricultural Products
Healthy Lifestyles
Outdoor Challenge
Record Keeping
Housing