



Lampasas County Extension Office, P.O. Box 231, Lampasas, TX 76550

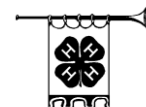
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4-H News



OCTOBER 2014

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

Archery Club

Due to hunting season the Archery club will not begin meetings and shoots until January, so stay tuned for future information. For more information contact Jaimie Smart at

Swine Club

Next meeting will be Tuesday October 7 at 6:00 in the show barn. Brighton Leoffler and Lane Cardenas will be presenting the program on Brigades camps. Don't forget, supper will be provided!

Thanks, Bobby Gene. For more information contact club managers Bobby Gene Carroll 512-525-1540 or Chad Hopson 512-734-2122.

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting is Monday Oct. 13 at 7p.m. in the Taylor Creek Elementary School cafeteria.

For more information contact the club manager Lisa Jorstad at 254-432-6088 or charity9900@yahoo.com if you have any questions.

SULPHUR CREEK CLUB

The Sulphur Creek 4-H Club will be meeting on Oct. 21 at 6:00p.m. in the Lampasas County Show Barn. Rod Freeman will give a talk on showing rabbits. There will be a Halloween Party in conjunction with the meeting. Please bring a snack or dessert to share. Costumes are optional.

For more information contact club managers Becca Dishman becs@sbcglobal.net 512-556-3763 or Gennifer Brister nursegenny1974@hotmail.com 325-628-3209.

LAMPASAS 4-H Food, Fun, & Fashion

The next meeting will be October 28 at 5:30pm in the County Annex conference room.

For more information contact club manager Karen DeZarn 512-556-8271 ext. 140

Horse Club

Lampasas 4-H Horse Club will meet on October 7 and October 14 and October 28 - Horse Judging/Quiz Bowl practice at the extension office 5-6 pm.

October 20 - Monthly Meeting at 6:00 p.m. in the Farm Bureau conference room. For more information contact Shelley Kozma at 817-845-5041 or Kim Pearce at 512-556-3183.

Welcome to the 2014-15 Texas 4-H Year!

It is that time of year for your 4-H enrollment to go inactive and to start re-enrolling for the 2014-15 Texas 4-H year. The 2013-14 year has come to an end and special thanks goes out to all the 4-H members, volunteers, parents, county Extension Agents, and county support staff that helped make it a great year. Go to <https://texas.4honline.com> to enroll today. See attached flyer for enrollment instructions.

When accessing the registration link, use a browser other than MS-EXPLORER, such as FireFox.

Paper Clover Drive October 8th -19th

Tractor Supply Co. continues to support 4-H with their Paper Clover Program and this year they are offering even more incentives! In addition to the money raised from Paper Clover sales, our local store has donated an electric smoker to be given away in a drawing of those who purchased Paper Clovers. Also, they will be giving a 5% discount to 4-H members for project supplies when you show your membership card. If you don't have your membership card, stop by the Extension Office and get more info.

November County Council Meeting

The next open County Council meeting will be held at 5:30 on Monday, November 4th at the County Annex Bldg.

October 11th is OneDay 4-H.

This day has been designated as the official Texas 4-H day of community service across the state. Let's get out into our community and help out. If you have an idea or know of a need let your club leaders or someone on the county council know. This is our opportunity to give back!

For ideas on service project check the OneDay 4-H website: <http://texas4-h.tamu.edu/oneday>

4-H Junior Leadership Retreat slated for Nov. 7-9 near Brownwood

BROWNWOOD – 4-H members ages 9-14 accompanied by adult chaperones will have an opportunity to hone their skills in several program areas during the Junior Leadership Retreat Nov. 7-9 at the Texas 4-H Conference Center near Lake Brownwood.

“The Junior Leadership Retreat features Texas 4-H Council members conducting hands-on educational workshops with younger 4-H members,” said Mark Carroll, center program director.

The 4-H Junior Leadership Retreat at Lake Brownwood will be Nov. 7-9. The program will focus on knowledge and skills in five different project areas. (Texas A&M AgriLife Extension Service photo)

He said this year's program will focus on increasing knowledge and skills in five 4-H project areas — healthy lifestyles, photography judging, agricultural issues, parliamentary procedure/Leaders 4 Life and public speaking.

Retreat registration begins at 7:30 p.m. Nov. 7, followed by general orientation at 9 p.m. and adult chaperone orientation at 9:30 p.m.

Each county sending 4-H youth to the retreat must provide adult chaperones for the weekend.

Nov. 8 activities start at 7:30 a.m., followed by a flag ceremony and breakfast, with the first of the day's three general assembly's beginning at 8:30 a.m. The remainder of the day will have concurrent sessions on the five programming areas.

Evening activities will start at 6:15 p.m. with a flag lowering ceremony and dinner, followed by a 7:30 p.m. presentation on state and national opportunities for 4-H youth and a costumed theme dance.

Adjournment is set for 11 a.m. Nov. 9.

“While this is a learning retreat, the main ingredient for the whole weekend is a sense of fun,” Carroll said. “The State 4-H Council members take pride in showcasing their creativity, which will become apparent at the Saturday Night Theme Dance. This year's theme is ‘Oh, the Places You'll Go,’ where attendees will come dressed up as their favorite Dr.

Seuss character. All the council members plan to be in costume, so it should be fun for everyone.”

After the Saturday evening dance, campers will gather for the closing ceremony and to reflect on the day's activities.

Individual registration is \$115 for youth and \$80 for adult chaperones. The fees include two nights lodging, four meals, snacks and program fees. Online registration is currently available through Nov. 3 at the 4-H center website, <http://texas4hcenter.tamu.edu>. The site also provides a property tour and directions.



2014 National 4-H Week

National 4-H Week will be October 5th through the 11th, 2014. The Texas 4-H and Youth Development Program will be releasing the 4-H Week Kit to help County Extension Offices, 4-H members, and volunteers design a National 4-H Week plan that works for them will be ready for distribution soon. For National 4-H information, go to www.4-h.org/resource-library/promotional-toolkits.

2015 Photography Rules & Guidelines

Watch for emails and Facebook postings for November workshop information. The 2015 Texas 4-H Photography Rules and Guidelines are now available online. The categories have remained the same for the 2015 contest; however, some of the descriptions have been updated to address questions pertaining to what is allowable in each of the categories. The theme for 2015 is: "Inspiration". This optional category will focus on photographs that move and inspire you. Photos can include leaders, mentors, family, friends, things in your community, School, church, or across the country and world.

The 2015 Rules and Guidelines are posted on the Texas 4-H Photography website at: http://texas4-h.tamu.edu/project_photography

The County contest for Jr. & Intermediate requires 8 10 photos to be mounted on a foam board backing which the office can supply.

2014 Annual Pet Appreciation Day



Kids that were there today....We got about \$75 in donations.

Sidney Dishman
Zac Dishman
Dillon Brister
Dean Brister
Kasi Andrews
Amore Zapata

Cassie Wilson
LeeAnn Parker
AJ Nadow
Annabelle Jorstad (not pictured)
Hailey Crites (not pictured)
Koh Stapp (not pictured)

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Congratulations to Clint Lang & Rusty Calk

Clint Lang and Rusty Calk completed the Shooting Sports Project Manager certification training. Clint Lang will be managing the shotgun project. Rusty Calk will be managing the air rifle project. Stay tuned for information on future meeting dates and times.

4-H FOOD SHOW & FOOD CHALLENGE

Practices are every Wednesday or Thursday (choose one) from 4-5:30pm in October & November until contest. Karen DeZarn will pick up from Lampasas schools if requested. Please RSVP. Classes usually held in County Annex conference room or where individuals arrange i.e. class rooms at Lometa or Kempner.

What is the Food & Nutrition project? The food and nutrition project helps participants learn to make healthy food choices, improve energy and alertness, reduce disease and illness risks, and gain knowledge of nutrients. Major learning experiences are centered on nutrition, menu planning, food buying, preparation and food safety, careers, and cultural influences.

A Food & Nutrition project helper(s) is needed. Recipes submitted should reflect this year's theme, **BRINGING TEXAS TO THE TABLE**.

During the scheduled interview time, participants will provide a three-minute oral presentation which is followed by a five-minute interview, leaving one-minute to serve judges the food. Reviewing the recommended resources will enhance interview scores.

The four Food Show food categories align with MyPlate: protein, fruits and vegetables, grains and dairy.

This year's County Food Show will be **Saturday, November 1st** in the Lampasas County Conference Room from 2-4 p.m. **Recipes will be due in the Extension Office October 20.** The District food show will follow on November 15 in Abilene with county entries due to district by November 7th.

Lampasas 4-H is looking for members to be a part of 4-H - **Food Challenge** which is similar to TV's Iron Chef. The 4-H Food Challenge is a contest that allows 4-H members to demonstrate their culinary knowledge and skills. From a set of predetermined ingredients provided, teams of 3 to 5 4-H members must develop a recipe and prepare the dish within 40 minutes. Teams then make a presentation to a judging panel, explaining the preparation steps, serving size, food safety concerns, nutrition value and cost of the dish. The district Food Challenge contest is November 25 in Abilene.

We're also hoping to begin Food and Nutrition Teams of 3-4 to compete in the District **Nutrition Quiz Bowl**. A Quiz Bowl helps 4-H members enhance and demonstrate their knowledge and skills in a

competitive setting. Two teams compete against each other at one time, answering questions related to the subject matter with the use of an electronic buzzer system. http://fcs.tamu.edu/food_and_nutrition/4-h_youth.php The District Quiz Bowl is November 4 in Coleman.

Lampasas County Livestock Association

Validation Dates

Saturday Oct. 25th: Sheep & Goat 10:00am-12noon

Wednesday Nov. 12th: Heifers 4:00-6:00pm

Tuesday, Nov. 25th: Swine & Rabbit 4:00-6:00pm

*All validations are held at the County Show barn.

2015 County Stock Show Schedule

January 8th, 9th, 10th, 2015

Wednesday – Ag Mechanics

Thursday – Chickens

Friday – Swine, Sheep, Goats, Rabbits, Food Fair

Saturday – Heifers & Steers, Buyers Dinner, Premium Sale

QUALITY COUNTS

Quality Counts Verification will be a part of the process for entry in all 2014-2015 major & county shows. This year at the Heart O’ Texas Livestock Show, we will be following along with other Major Livestock Shows across Texas and supporting the Quality Counts Program. Along with the State Fair of Texas, this fall we will be requiring the Quality Counts Verification Number to be included on the entry forms in order for the exhibitors to show at any of our Junior, Jackpot and Scramble Shows.

This means youth exhibitors will need to demonstrate their knowledge of the Six Pillars of Character and the Eight Core Concepts presented in the Quality Counts Curriculum. **To do this, they will need to pass an online test on the website (<http://qualitycounts.tamu.edu/>) and acquire a Quality Counts Verification number.** A Verification number is obtained by answering 80% of the questions correctly on an online test. You will need it when entering majors. If you lose it then you will have to take the test again and get a new number. You will not be allowed to enter without it.

Will You Be a 4-H Member in Good Standing?

- Select one or more projects for in-depth study
- Record what you learn (record book)
- Attends meetings regularly and is an active participant
- Completes a community service project (or becomes involved in a group community service project)
- Participates in some form of public presentation
- If you are elected as a club officer completes duties expected of that office

Parents please support your children to complete these expectations and volunteer to help at club and/or project meetings with such things as supplying drinks, snacks and/or activities. Volunteers are

needed for project management and new club management. Contact Heath or Karen if interested.

Lampasas County 4-H is readily available on the internet

Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.

<http://texas4-h.tamu.edu/> Texas 4-H website.

<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.

<http://4-h.org/> National 4-H site including the 4-H mall.

<http://www.national4-hheadquarters.gov/> National 4-H site.

Clothing & Textiles Packet (will be updated for 2012)

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

Share the Fun Information

http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf

District 7 4-H Events

<http://d74-h.tamu.edu/>

4-H Record Books

<http://www.4hreports.com>

4-H Shooting Sports

<http://texas4-h.tamu.edu/shootingsports/index>

4-H Round-Up

<http://texas4-h.tamu.edu/youth/roundup/index.php>

Leaders 4 Life

http://texas4-h.tamu.edu/project_leadership/leaders

Better Living for Texans

<https://www.facebook.com/BetterLivingForTexansLampasasCounty>



FACEBOOK Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

Sincerely,

Heath Lusty
CEA – AG/NR

Karen DeZarn
CEA – FCS

Welcome to Texas 4-H!

Welcome to the largest youth organization in Texas! Texas has more than 550,000 youth who are involved in 4-H experiences each year and we are pleased that you have decided to join 4-H for the 2014-2015 year! If you are new to 4-H, here is some information about our enrollment process and how we need your partnership in getting your membership entered and active!

Each year on August 15th all membership in Texas 4-H goes to inactive and all youth members and adult volunteers must re-enroll. Youth members are required to pay a \$20.00 participation fee if enrolled by October 31st, and a \$25.00 fee from November 1st to the completion of the 4-H year. Adults pay a \$5.00 volunteer applicant fee starting in the 2014-2015 4-H year. Adults and youth will need to enroll on 4HConnect and be active to be considered an official member of Texas 4-H. An active enrollment is required in order to register and participate in all 4-H activities and events.

Enrollment payment methods, procedures and additional fees may vary in each county, so check with your local county Texas A&M AgriLife Extension Service office for more information. (counties.agrilife.org) When you are enrolling in 4-H and you arrive at the invoice/payment screen, you will be able to add your credit card information into the system or select the club/county (no personal checks allowed) check payment option. If the club/county check option is visible, please make sure you are allowed to use it. Some counties require all enrollment to be paid by credit card. If you are allowed to use the club/county check option you are responsible for writing a check to your club/county 4-H Program which in return will send a club/county check to the Texas 4-H Youth Development Foundation. Once a payment method has been selected and enrollment submitted the payment type cannot be changed.



4HCONNECT is...

- The official Texas 4-H Youth Development Program database for enrolled 4-H members and volunteers.
- A secured database that is in compliance with the PCI Security Standards Council. The Texas 4-H Youth Development Program and the 4HOnline company work closely to monitor and ensure the highest level of protection for information stored on the system. Texas 4-H, nor 4HOnline, does not share or sell any personal information to third party vendors without your knowledge or permission.
- Based on "zero-based enrollment." This means that each year at the start of the enrollment cycle membership in Texas 4-H goes to zero and everyone must re-enroll. This process is based on federal accounting policies.
- A partnership between the 4-H family and the county Extension Office. We encourage all 4-H families to become familiar with 4-H CONNECT in order to prevent "meltdowns" at crucial times of enrollment, animal validation or registration! Please work with the county Extension Office for any questions or problems you maybe experiencing with the system.
- NOT a database for counties/clubs/families to enter family members (i.e. siblings, grandparents, etc) that are not directly involved as a 4-H member or volunteer.



- Most questions can be answered by calling your county extension office. (counties.agrilife.org/)
- You are not a member or a volunteer of Texas 4-H until you have an ACTIVE status listed on your profile in 4-H CONNECT.
- 4-H members CANNOT register for an event/contest until the member profile is ACTIVE. If the county requires paper enrollment forms, that office has to enter enrollment information into the 4-H CONNECT system as well.
- Adult Volunteers are required to be screened through the Texas 4-H Youth Protection Standards program every three years.
- The Texas 4-H Foundation does not accept any personal checks for participation fees, animal validations or event registrations.
- A youth that is 8 years old and going into the 3rd grade must wait until September 1st to enroll for proper fees to be accessed in the system.

To help ensure your first time enrollment, or your re-enrollment, is as easy as possible, this document has been developed to lead you through the process. Please read and contact your county Extension Office if you have any questions prior to you beginning the enrollment process. (counties.agrilife.org/)



TEXAS A&M
AGRI LIFE
EXTENSION



Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.



INSTRUCTIONS

1. Access the 4-H CONNECT on-line system at: <https://texas.4honline.com/>
2. **New Members:** Select [I need to set up a profile].
Returning Members: Select [I have a profile] or [I forgot my password].
Contact County Extension Office for resetting assistance.
3. **New Members:** Select Adult or Youth from the drop down menu and click [Add Member].
Returning Members: Click [Edit] to the right of the inactive member's profile.
4. Once all profile information is current and correct under the Personal Information, Additional Information, Health Form, and Participation areas of enrollment continue to the Invoice page.
5. Review your invoice to ensure that the participation fee has been charged and it is correct. If you have been awarded an award certificate or a scholarship to cover your participation fee, enter the award code in the award code box. Once information has been reviewed, click continue to the Payment screen.
6. **New Members:** If you are new to 4-H, you can add your credit card payment information to 4-H CONNECT and it will be securely stored. Click the orange [Add New Credit Card] link if paying with credit card or select the county club check option.
Returning Members: If the credit card on file has been updated you will need to remove it and add the credit card again using the new information.
7. Select the appropriate method of payment by clicking on the correct button, then click [Select Payment Method.]
8. On the "Confirm page" each person will be required to click the [Pay By Computer Terms and Conditions]. Click [Submit Enrollment]
9. Once an enrollment (new member) or re-enrollment (returning member) has been submitted, it is sent to the county office for review and approval. Once approved and paid for, an email confirmation will be sent to the family email address. Payment by 4-H Check can take up to 2 weeks to process. An active membership status **WILL NOT** be granted until participation fees have been received and marked as paid.



4HConnect Instruction pages can be found online at <http://texas4-h.tamu.edu/connect>

NEW MEMBERS

- Set up **only one (1) FAMILY profile household** on 4-H CONNECT.
- Write down and place in a secure location the email address and password for the account. Contact the local County Extension Office for assistance in resetting the account.
- Add individual youth and adult profiles (members) in your family profile. Adult/Youth and family profiles must be entered for an enrollment to be reviewed and accepted.



RETURNING MEMBERS

- **DO NOT** establish another family or member profile on 4-H CONNECT if you already have one in the system.
 - Contact the local County Extension Office for assistance with the email or password if forgotten.
 - When you access your profile to re-enroll **REVIEW YOUR PROFILE VERY CAREFULLY**. Incorrect information can create problems for you, your family, and the Extension Office when trying to communicate, accessing appropriate fees, acquiring school absences, etc.



4-H Events & Activities