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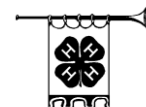
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4-H News



OCTOBER 2012

Learn More About 4-H

<http://texas4-h.tamu.edu/>

Use this link to learn

All about state 4-H programs find publications
(project guides, record keeping information, etc.)

<http://d74-h@tamu.edu>

Use this link to learn about District 7 4-H happenings
(district contests, etc.)

<http://texas4h-ctr.tamu.edu/>

New County 4-H Membership Guide

<http://lampasas-agrilife-org.wpengine.netdna-cdn.com/files/2011/04/Lampasas-4-H-New-Members-Guide-12-132.pdf> (Repeat from September newsletter).

Successful Bake Sale

Thanks to all that made the bake sale items and worked the booth at Tractor Supply on September 15. There were enough items to continue selling at the Paper Clover Campaign on September 22. We made almost \$200!!!

Sheep/Goat Validation

Sheep & goat validation will be held on Tuesday, October 23 from 4-6 pm at the county show barn. All sheep & goats must be validated at this time to be eligible to show at the county show and 2013 majors. If you still haven't enrolled in 4-H for the 2012-2013 year please do so BEFORE October 23. You can enroll online at <https://texas.4honline.com> or if you don't have internet access you can come by the office and Mary can do it for you. You will be required to pay for tags, family dues, and county entry at validation. You will also be required to provide your quality counts verification number at time of entry. **If you do not have a quality counts verification # then you WILL NOT be allowed to enter the county show!!!** Do not let this slip by you! Go to the quality counts website.....

(<http://agrilife.org/qualitycounts/>)

and take the test and get verified ASAP if you haven't already done so. Rabbits and heifers can also be validated at this time and you are required to bring your animal for inspection. Heifers must have registration papers presented to show officials as well.

Food Show – Healthy Holidays

The local Food Show will be Saturday, November 3 in the Lampasas County Annex Conference Room from 1-4 p.m. Awards will be given in junior, intermediate, and senior levels. District Food Show will follow on November 17 in Abilene with county entries due to District by November 8. Check out the District 7 website for additional information.

DUE DATE IS OCTOBER 26. Report to office the Class & Division and turn in recipe with fee the day of event.

Fees: \$3 per person. Fees cover the cost of awards and tokens of appreciation for the judges.

Entry Classes: The classes for Junior, Intermediate & Senior age divisions are as follows.

*Protein	*Grains
*Fruits & Vegetables	* Dairy

Display (for county contest only): Each contestant will be given an area of at least 18-24 inches wide to display their entire recipe. Table decorations are appropriate for display only and will be allowed in that space. Displays are optional as they are not included in the judging process for the food show. The display will be judged separately for the Showmanship Award (see below).

Judging: Tasting entries by judges or anyone else is not allowed. State 4-H Food Show guidelines, rules and regulations will be followed. State guidelines may be found online at http://fcs.tamu.edu/food_and_nutrition/pdf/2012-state-food-show-guidelines.pdf

Showmanship: Showmanship is a county award only with no opportunity to advance to District competition.

District: Those advancing to district there will be a \$5 fee per person. Inform Karen at County competition if you plan to advance to district & pick up forms.

Livestock Judging

Practices and contests will start soon so if you're interested in learning how to evaluate livestock, let Heath know ASAP! The district contest will be in

San Angelo on December 7 but we will go to as many contests this fall as possible.

Junior Leadership Retreat 2012

The Texas 4-H Conference Center will be hosting the Texas 4-H Junior Leadership Retreat November 9-11, 2012 at Lake Brownwood. The program will focus on leadership, team building, new 4-H projects, community service and much more.

There's local interest with Lampasas Chaperones so join them if you can. The goal of the retreat is to empower youth with skills they need to become leaders in their community clubs and county programs. Texas 4-H State Council members will provide leadership for this program and mentor the younger 4-H members. Council members will conduct five concurrent workshops to introduce and strengthen your knowledge and skills in the 4-H program. It is a weekend retreat for learning, sharing and fun.

The retreat is open to junior and intermediate age 4-H members. Participants must be under 14 years of age. Youth registration is \$105 and \$70 for adult chaperones. For registration information visit: texas4hcenter.tamu.edu

Upcoming Festivals

4-H booth at Herb Fest scheduled for October 13 from 9-5. Please call the extension office to schedule your time to work at the booth.

Welcome to the 2012-13 Texas 4-H Year!

It is that time of year for your 4-H enrollment to go inactive and to start re-enrolling for the 2012-13 Texas 4-H year. The 2011-12 year has come to an end and a special thanks goes out to all the 4-H members, volunteers, parents, county Extension Agents, and county support staff that helped make it a great year. It was truly a year for many firsts in our 4-H and youth development program, from participation fees, to Texas 4-H Roundup in Lubbock, to horse validation being on-line. Regardless of the changes, we all continued to make 4-H in Texas the largest and best 4-H program in the country.

As we kick-off the 2012-13 4-H year, a couple of significant changes will be happening to 4-H on the management side. While many of these changes will not directly affect the youth members of our program, the changes will impact every club structure, and our adult volunteers. Here are some of the highlights of the 2012-13 4-H year changes:

- **Club Chartering.** Because of oversight changes at the national level for 4-H and Youth Development, each state has moved forward with a strategy to ensure oversight of their 4-H clubs. Therefore, starting on September 1, 2012, all 4-H Clubs in Texas are now subordinates of Texas 4-H, Inc. This new entity provides a federal IRS tax-exempt status for fully chartered and recognized

clubs. Due to Texas 4-H, Inc, all club managers will need to work closely with their County Extension Agents to ensure all requirements for chartering have been met and submitted by **October 31, 2012**. Because of the new standards, all 4-H clubs for the 2012-2013 year must be fully chartered and recognized as an active club by October 31, 2012. Additional information will be provided to all county Extension Agents in September at district trainings concerning the new chartering process and requirements.

- **Child Protection Training.** Many of us have seen the news of unfortunate situations in which young people have been taken advantage of. In Texas, the last legislative session resulted in Senate Bill 1414 being passed and signed into law, requiring adults who work with youth in camp or over-night program settings to be trained on how to identify and properly report such incidents. As the largest youth development program in Texas, 4-H is committed to ensuring the proper training of our volunteers so we can continue a safe and healthy environment for our youth members. In the coming months, County Extension Agents will be working with adult volunteers in assessing their need to be trained through the Child Protection Program. The training can be completed on-line through 4-H CONNECT and takes approximately 30 to 45 minutes to complete.

- **Texas AgriLife Extension Service changing to Texas A&M AgriLife Extension Service.** We are the same great agency, just with a new name! During the August Texas A&M System Board of Regents meeting, the regents voted to include "A&M" in the names of those agencies under the Texas A&M System. Effective September 1, 2012 you will see this change occurring.

We look forward to continuing the growth and success of our 4-H program in Texas. While the new changes in management and training will affect some of us, it continues to allow the Texas 4-H and Youth Development Program to have some of the most positive, well-trained volunteers working with our youth across this state. Thanks to all our 4-H members and volunteers for their service and involvement in the largest youth program in Texas!

QUALITY COUNTS

Quality Counts Verification will be a part of the process for entry in all 2012-2013 major shows. This year at the Heart O' Texas Livestock Show, we will be following along with other Major Livestock Shows across Texas and supporting the Quality Counts Program. Along with the State Fair of Texas, this fall we will be requiring the Quality Counts Verification Number to be included on the entry forms in order for the exhibitors to show at any of our Junior, Jackpot and Scramble Shows.

This means youth exhibitors will need to demonstrate their knowledge of the Six Pillars of Character and

the Eight Core Concepts presented in the Quality Counts Curriculum. To do this, they will need to pass an online test on the website (<http://qualitycounts.tamu.edu/>) and acquire a Quality Counts Verification number. A Verification number is obtained by answering 80% of the questions correctly on an online test. You will need it when entering majors. If you lose it then you will have to take the test again and get a new number. You will not be allowed to enter without it.

ALL Livestock, Poultry, & Rabbit exhibitors for the County Show- MUST have taken "Quality Counts" certification test. If a student is not "Quality Counts" certified, they will not show!

Heath will hold a Quality Counts training on October 16 in the Annex Conference Room, immediately after the Sulphur Creek club meeting.

District 7 4-H Community Service Project

The 2012-2013 Community Service Project for our 4-H district will be to collect funds to provide gift baskets for families who have a child with pediatric cancer and are staying at Trent's Retreat. Be thinking of a way to raise the funds. Each county in the district is being asked to raise money which will purchase as many of the \$50 gift baskets as possible. Funds are due to the District 7 office by Spring of 2013.

Food Challenge

Lampasas 4-H is looking for members to be a part of 4-H - **Food Challenge** which is similar to TV's Iron Chef. The 4-H Food Challenge is a contest that allows 4-H members to demonstrate their culinary knowledge and skills. From a set of predetermined ingredients provided, teams of 3 to 5 4-H members must develop a recipe and prepare the dish within 40 minutes. Teams then make a presentation to a judging panel, explaining the preparation steps, serving size, food safety concerns, nutrition value and cost of the dish.

COUNTY DUE DATE IS NOVEMBER 1.

Turn in team names to office

Karen DeZarn will hold practices every Wednesday 5-6 and Thursday from 4-5 until the contest in Coleman on November 29. Other practices will be scheduled upon request. She will pick up from Lampasas schools if need be. Anyone wishing to volunteer to help with training let Karen DeZarn know.

2012 National 4-H Week

National 4-H Week will be October 7th through the 13th, 2012. The Texas 4-H and Youth Development Program will be releasing the 4-H Week Kit to help County Extension Offices, 4-H members, and volunteers design a National 4-H Week plan that

works for them will be ready for distribution by Sept.1.

Changes to the Rabbit division for the 2013 County Show

I'm happy to announce that big changes were approved by the board for the 2013 rabbit division at the County Stock Show! Please review the attached rules and contact me or Rod Freeman if you have any questions.

Highlights are:

- *Format changed to 4-class/6-class system. This should be a familiar format to those of you that show rabbits anywhere else.*
- *Breeds greatly expanded! You now have the option to choose from over 40 different breeds instead of the 3 we had in the past.*
- *Added sale slots! All first place rabbits will qualify for the premium sale for a total of 12. In addition, showmanship winners will sell!*

Be sure to thank your Board of Directors for approving these changes. I sincerely believe they will make the rabbit project and show more fun and interesting but most importantly be more appealing to kids who don't show, which will help the rabbit project grow! *SEE RULES AT END OF NEWSLETTER.*

If you are interested in participating in the Rabbit Project for the upcoming year, contact Rod Freeman at 254-535-9583.

Attention Swine Exhibitors

The 2012 Texas fair and rodeo season is right around the corner. The Texas Pork Producers Association, the Texas Animal Health Commission and the Texas A&M AgriLife Extension Service would like to share important information to help ensure that show hogs remain healthy.

Influenza or "flu" occasionally can be transmitted from people to pigs and pigs to people. Texas has not had any cases of the H3N2v (variant). Remember: Pork is safe. You can't get flu from eating or handling pork and pork products.

Here are some simple recommendations to help keep you and your animals healthy:

- *If anyone in your family has flu-like symptoms, please do not attend fairs/exhibitions for 7 days after symptoms begin or until you have been fever-free for 24 hours without the use of fever-reducing medications, whichever is longer.*
- *If any of your pigs show signs of flu-like illness on the farm, check with your veterinarian before bringing your pigs to the fair/exhibition.*

While at the show, follow these simple precautions to protect yourself and others:

- Wash your hands often with soap or use an alcohol-based hand cleaner, especially after you cough or sneeze or have contact with animals.
- Cover your nose and mouth with a tissue when you cough or sneeze. If a tissue is not readily available, use your elbow joint to minimize hand contact.
- Avoid touching your eyes, nose or mouth.
- Do not eat or drink near animals or animal pens.
- During the fair/exhibition, monitor your pigs for any signs of illness and report any illness to the veterinarian on-call.
- When you come home from a fair/exhibition, be sure to quarantine your hogs, disinfect your trailer and equipment (show boxes, feed pans, etc.), and watch for any illness in your pigs.

For more information, refer to the *Biosecurity and your Pig Project Guide*

<http://www.pork.org/filelibrary/NPB%20A%20Champions%20Guide%20to%20Youth%20Swine%20Exhibition.pdf>

Useful information can also be found on the *Good Habits that Keep You and Your Pigs Healthy Information Sheet*

<http://www.pork.org/filelibrary/ExhibitionPosterExhibitorCopy2012%2008.09.12.pdf>

Other Useful and Helpful Information for Swine Exhibitors

- **Swine Exhibitor Fact Sheet**
- **Understanding Influenza**
- **Exhibition Poster Visitor**
- **Exhibition Poster Exhibitor**

State 4-H Newsletter

http://texas4h-tamu-edu.wpengine.netdna-cdn.com/files/2012/08/TX4H_Standard_August_2012.pdf

4-H on the Internet

Lampasas County 4-H is readily available on the internet. Below are links to many sites you may find useful.

<http://lampasas.agrilife.org/> Lampasas County Extension website.
<http://texas4-h.tamu.edu/> Texas 4-H website.
<http://d74-h.tamu.edu/> District 7 website contains information on District events.
<https://texas.4honline.com/> State 4-H registration page, 4-H Connect.
<http://4-h.org/> National 4-H site including the 4-H mall.
<http://www.national4-hheadquarters.gov/> National 4-H site.
 Clothing & Textiles Packet (will be updated for 2012)
<http://fcs.tamu.edu/clothing/4h/packet/index.php>
 Share the Fun Information
http://texas4-h.tamu.edu/library/files/youth_roundup_resources_share.pdf
 District 7 4-H Events
<http://d74-h.tamu.edu/>
 4-H Record Books

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.
 The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

<http://www.4hreports.com>
 4-H Shooting Sports
<http://texas4-h.tamu.edu/shootingsports/index>
 4-H Round-Up
<http://texas4-h.tamu.edu/youth/roundup/index.php>
 Leaders 4 Life
<http://texas4-h.tamu.edu/projects/leaders4life/index.php>

FACEBOOK

Check out Lampasas 4-H on Facebook. Become a friend!

<http://www.facebook.com/groups/199928750048104>

4-H Club Meetings*

OAKALLA/KEMPNER 4-H

The next meeting will be on Monday, October 8 at 6:00 p.m. at the Oakalla Community Center.
 Leaders: Robin Allen at 713-530-6545 & Steffani Seaver at 254-238-2532.

TAYLOR CREEK 4-H CLUB

Next meeting is 5:00 p.m. October 2 at the Taylor Creek Elementary School Cafeteria. Leader: Alicia Menard at 254-449-2007.

SULPHUR CREEK 4-H

Next meeting will be Tuesday, October 16 at 5:30 p.m. in the County Annex conference room.
 Contact: Becca Dishman becs@sbcbglobal.net or 512-556-3763 or Mandy Gautier 713-504-5223 for additional information.

(NEW) Lampasas 4-H Club **(including Clover Kids for K-2)**

First meeting will be Tuesday, October 16 at 5:00 p.m. at the Lampasas Boys & Girls Club (do not need to be a member of Boys & Girls to be member of 4-H club). Leaders: Karen DeZarn and Karen Longoria at 512-556-8271.

(NEW) Swine Club

First meeting will be Tuesday, October 2 at 5:30 p.m. in the Lampasas County Youth Livestock Association (LCYLA) Showbarn. Leaders: Judy Kennedy 512-734-0180 and Heath Lusty 817-584-6628.

Sincerely,



Heath Lusty
 CEA – AG/NR



Karen DeZarn
 CEA – FCS