

Lampasas County 4-H News

May 2016

4-H Club Meetings

Oakalla/Kempner Club

The Oakalla/Kempner Club will meet on Monday, **May 16th** at 6pm at Taylor Creek Elementary. We will be electing officers for next year and having a presentation about the dog project. For more information, contact Lisa Jorstad at 254-432-6088 or charity9900@yahoo.com or contact Melody Miserlian at 541-227-3256 or miserlian@hotmail.com.

Lometa 4-H Club

Lometa Club meeting will be May 23rd, 5:30 at the Garden Club building. We will have officer elections and a pot luck dinner. Please bring your favorite pot luck dish. For more information, contact Megan Lusty at 940-507-2079.

Sulphur Creek Club

Sulphur Creek Club will have an end of year meeting on May 17th at 6 p.m. Bring a potluck dish and drinks for your family. We will have officer elections, games, and fun! If anyone has questions, they can call Angie Andrews at 512-734-3860.

County Council/Parent Leader Meeting

There will be a County Council/Parent Leader Meeting on Thursday, May 19th at 5:30 p.m. at the County Annex Building. Please make plans to attend.

Project Information

4-H Shooting Sports Projects

- The **Air Rifle Project** We will meet Saturday, May 7th & May 21st at 9 a.m. at the show barn. Contact Rusty Calk at 915-478-7681 or rusty.calk@yahoo.com
- **Shotgun Project** - Watch for information in an email and on Facebook or contact Clint Lang at 512-734-1300 or langfam1106@gmail.com.

Rabbit Project

- No meetings this month. For more information contact Angie Andrews at 512-734-3860.

Dog Project

- The **Dog Project** will meet May 10 and 24. Both days from 6 to 7pm. Location to be decided. Please contact Sarah Rugo at 979-627-5511 if you have any questions.

Inside this issue:

Recipe Rally Winner! 2

Duds to Dazzle Winners! 3

Jewelry Workshop 4

Recordbooks 5

Calendar 6

Leadership Lab 8

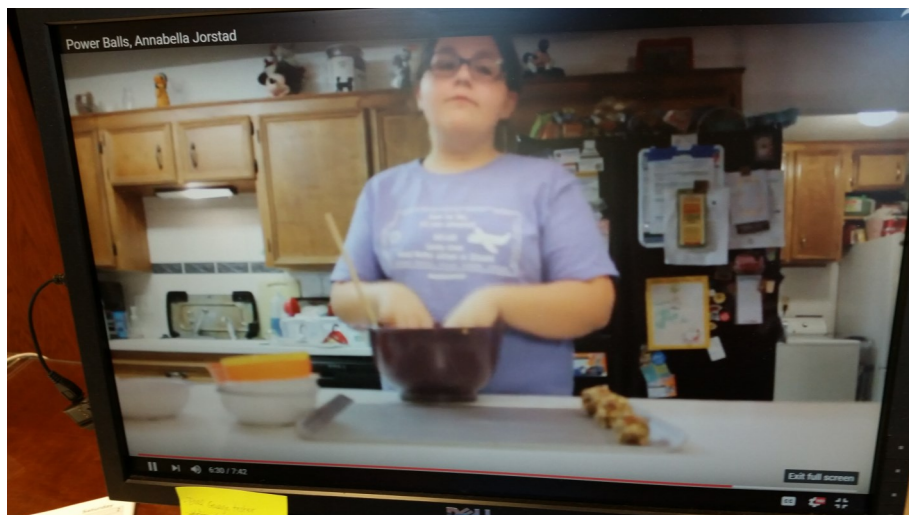
Workshops & Camps 9-11

Recipe Rally Winner

Annabella Jorstad had an entry in this year's Recipe Rally and won a spot to perform her entry at this year's State Roundup! Here is the link to her video:

<https://www.youtube.com/watch?v=tg-lxlrjHzo>.

Pictured at right is Annabella in her video.



Texas 4-H Roundup

Texas 4-H Roundup is a qualifying and invitational event for youth between the ages of 11 and 18 that have successfully placed in a qualifying event at the district level or signed up to compete in an invitational event at the state level. County and district Roundup's are open to all ages of 4-H members from 9 to 18. Texas 4-H Roundup includes approximate-

ly 50 different contests and workshops that test 4-H members on life skills in such attributes are decision making, public speaking, organization, and working with others. These contests include such things as Fashion Show, Food Show, an assortment of judging contests, and educational presentations. The 2016 Texas 4-H Roundup will be held in College Station, Texas on

the campus of Texas A&M University from June 6th to June 10th, 2016. <http://texas4-h.tamu.edu/roundup>

The qualifying event is the District 7 4H Roundup to be held on May 7 at the West Texas Training Center in San Angelo. The county deadline for submission is April 15th so be getting ready.

Photography Judging Contest

Besides entering photos in the 4-H photography contest there is an option for youth (Intermediate or Senior) to take part in a judging contest. It is an invitational contest so there is not elimination. It will take part on Tuesday, June 9 as

part of Texas 4-H Roundup at College Station. Judging teams will consist of 4 members or individuals can participate.

See the following link for complete contest rules. <http://texas4-h.tamu.edu/projects/photography-video/>



Duds to Dazzle

We had 3 great teams for the Duds to Dazzle competition this year! Pictured at right is the Junior team who placed 3rd: Gemma Carroll, Emily Lusty, Avery Hopson, & Ali Lord. Below is the intermediate team that placed 2nd: Alissa Parra, Adalee Hale, Jayme Wills, and Mikaila Fortner. Below & Left is the Intermediate team that placed 1st: Catherine Hicks, Gavin Ramirez, Katelyn Sather, & Shelby Case.



Juniors & Intermediates Fashion Show/Clothing Project

County Deadline is July 1.

The work dates are after school, (call to schedule) and any time arranged in June. Contact Karen if anyone needs a ride.

⇒ Fashion Show Construction

Categories

- Everyday living (casual)
- Refashion (*means modifying existing clothing or fabric items, such as table cloths or curtains, into something more fashionable. The main purpose of ReFashion is creativity as well as sewing skills.*)
- Semi-Formal/Formal (dressy)
- Special Interest (theatrical/costume)

- ⇒ Fashion Show Natural Fiber
- ⇒ Fashion Show Buying Categories

- Everyday living (casual)
- Fantastic Fashions under \$25
- Semi-formal/Formal (dressy)
- Special Interest (theatrical/costume)

⇒ Jewelry Making

- Sets
- Individual Pieces
- ⇒ Non Apparel Sewing
- Pillows
- Quilts or Throws
- Tote Bags
- Small Electronic Device Cover

- Aprons
 - Other (of your choice)
 - ⇒ Fashion Storyboard
- The theme this year is **#4HFashionStoryboard2016**, sculpture, painting, taxidermy ... or any other visual art form that sparks your imagination and creativity. Will post D-7 link to guidelines soon.

Categories

- Wearable
- Accessory
- Jewelry
- Non-Wearable
- Pet Clothing

Be watching for emails and Facebook posts for more information.

Dinner Tonight— Healthy Cooking School

Our 2016 Spring Dinner Tonight! Healthy Cooking School will be held in Burnet on April 28, 2016 from 6-9 p.m. at the Hill Country Community Foundation Building. For anyone interested, there is no cost to be a vendor, however, if you would like to donate an item for a door prize that would be great. Please spread the word for both the cooking school and for possible vendors. See flyer on page 15.



Jewelry Making Workshop

There will be a jewelry making workshop June 21st, from 10:00a.m.-12:00p.m. RSVP if interested.

The junior/intermediate sets or individual pieces can be turned in before July 15th for the District Jr./Int. 4-H Fashion Show contest. Any 4-H'er can enter this show. Remember, the County Fair also has a jewelry category. Check the County website for the County Fair catalog or stop by the office.

County Fair

The Lampasas County Fair will be July 5-8 as a part of the Spring Ho Festival. Entries are due July 5 at the County Annex Building from 4-7 p.m. The categories are: Art, Baked Goods, Canned Goods, Crafts/Textiles, Horticulture, and photography. The 2016 County Fair Catalog can be picked up at the Extension Office at 409 S. Pecan Street or go to our website at <http://lampasas.agrilife.org>. We have so much talent in our county so let's showcase it. Please spread the word and help others meet the deadline for entry. Be watching for the Spring Ho information at: <http://springho.com>

Leadership Lab

Hey 4-Her's 13 and up! This year's Leadership Lab will be at the Texas 4-H Conference Center in Brownwood June 22-24.. Registration will be on 4-H Connect from May 16th to June 6th. **BUT SPACE IS LIMITED!!!** Registration will be limited to the first 100 people that sign up! **See attached flyer on page 8.**



LCYLA Annual Meeting

The Lampasas County Youth Livestock Association will be meeting **Sunday, May 15 at 5 pm** at the show barn. This will be the ANNUAL membership meeting so all exhibitors and parents should attend. We will have a meal and parents are asked to bring a side, chips, or dessert. New directors will be elected. Please make plans to attend!

4-H Summer Camps

We have a great summer planned at the Texas 4-H Center! Two new camps this year are 4-H Fishing Camp and 4-H Beginning Shooting Sports Camp. For our older 4-H members looking for more of a challenge, we are once again offering Prime Time Xtreme. We will also be hosting our traditional County Camps, Prime Time I, Prime Time II and Horizons. <http://texas4hcenter.tamu.edu>
See page 10 for more information.

4-H Enrollment

Please enroll in 4-H if you haven't already done so this year. Go to <https://texas.4honline.com> to enroll today. Enrollment fee is \$25 per child now that the Oct. 31 deadline has passed. When accessing the registration link, use a browser other than MS-EXPLORER, such as FireFox.



Recordkeeping is a very valuable skill taught to members of the Texas 4-H program. Members are encouraged to keep project records and have these records reviewed annually by submitting a Texas 4-H Record book. The primary purposes of completing a record book are for a young person to develop the skills necessary to set goals, work toward achieving those goals, reflect on his/her experiences, and set new and higher goals for themselves. A secondary benefit is to prepare young people for the process of completing quality academic scholarship applications.

It also qualifies the 4-Her for local and district awards. If you haven't gotten yours started, now's the time! Recordbooks will be due to our office on **June 20th**. **There will be a training on Thursday, June 2nd at 6 p.m. in the County Annex Conference Room.** <http://texas4-h.tamu.edu/recordbooks/>
You may also make an appointment with Heath or Karen for any help.

May 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 *Air Rifle meeting @9 @showbarn *District Roundup
8	9	10 Dog Project Meeting @ 6 p.m.	11	12	13	14
15 LCYLA Year end meeting/ Meal @ 5 @ show-barn	16 Oakalla/ Kempner club meeting @6 @ Taylor Creek	17 Sulphur Creek club meeting @ 6 @ show-barn	18	19	20	21 Air Rifle meeting @9 @showbarn
22	23 Lometa club meeting @ 5:30 @ Garden Club building	24 Dog Project Meeting @ 6 p.m.	25	26	27	28
29	30	31				

TEXAS A&M AGRI LIFE EXTENSION

Lampasas County Extension Office,
P.O. Box 231, Lampasas, TX 76550
(512) 556-8271, x140
E-mail: lampasas-tx@tam.u.edu
Home Page: <http://lampasas-tx.tam.u.edu>



FACEBOOK Check out
Lampasas 4-H on Facebook.
Become a friend!
[http://www.facebook.com/
groups/199928750048104](http://www.facebook.com/groups/199928750048104)



4-H motto: To Make The Best Better

**Lampasas County 4-H is readily available on the internet
Below are links to many sites you may find useful.**

***Lampasas County Extension website—<http://lampasas.agrilife.org/>**

***Texas 4-H website—<http://texas4-h.tamu.edu/>**

*Use this link to learn all about state 4-H programs & find publications
(project guides, record keeping information, etc.)*

***State 4-H registration page, 4-H Connect—<https://texas.4honline.com/>**

***National 4-H site including the 4-H mall—<http://4-h.org/>**

***Clothing & Textiles Packet—**

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

***Share the Fun Information—<http://texas4-h.tamu.edu/events/roundup/>**

***District 7 4-H Events— <http://d74-h.tamu.edu/>**

***4-H Shooting Sports— http://texas4-h.tamu.edu/project_shooting/**

***4-H Round-Up— <http://texas4-h.tamu.edu/youth/roundup/index.php>**

***Leaders 4 Life— http://texas4-h.tamu.edu/project_leadership/leaders**

***Better Living for Texans—**

<https://www.facebook.com/BetterLivingForTexansLampasasCounty>

***Texas 4-H Conference Center—<http://texas4hcenter.tamu.edu/>**

Will You Be a 4-H Member in Good Standing?

* Select one or more projects for
in-depth study

* Record what you learn (record
book)

Attends meetings regularly and is
an active participant

* Completes a community service
project (or becomes involved in a
group community service project)

* Participates in some form of pub-
lic presentation

* If you are elected as a club officer
completes duties expected of that
office

Parents please support your chil-
dren to complete these expecta-
tions and volunteer to help at club
and/or project meetings with such
things as supplying drinks, snacks
and/or activities. Volunteers are
needed for project management
and new club management. Con-
tact Heath or Karen if interested.

District 7 and District 10 4-H Leadership Lab

Texas 4-H Conference Center, Brownwood, Texas

June 22-24, 2016



Carrying the Torch Home

Districts 7 and 10 Council Teams have joined forces to create a Leadership-Lab experience you will never forget! This year's Theme is "Lighting the Fire Within". The event will be held June 22nd -24th at the one and only Texas 4-H Conference Center in Brownwood, Texas. Come and join other 4-Her's from District 7 and 10 and enjoy three days and two nights of fun as we work together to build leadership skills and character necessary for success! There will be outstanding and innovative workshops & activities, instilling skills that you can take back to you counties. These include:

- ✿ Communication/Inclusion
- ✿ Meeting Basics/Parli Pro
- ✿ Service Learning
- ✿ Challenge Course & More!

**District 4-H Council
Officer Elections and
Business Meeting...**

4-H members who are eligible according to their District by-laws can run for a District Office on their District Council. Each District is looking for a strong group of candidates to run and lead District 7 or District 10 for the 2016-2017 year! If you are interested in running for an office or learning how you can pursue this in the future, talk with you Country Extension Agent before it is too late. Applications for District 7 are due June 7, 2016.



Texas Section Society for Range Management 62nd *Youth Range Workshop*

Join participants from across Texas June 26 – July 1, 2016 at the Texas Tech University Campus in Junction, TX for the nation's longest running natural resources workshop for youth.

At the TSSRM Youth Range Workshop, participants gain useful knowledge and skills in the areas of ecology, inventory practices, management and evaluation of resources. Experts from across the state are recruited to teach the participants in fields ranging from watershed management, to prescribed burning, to soil health, and many areas in between.

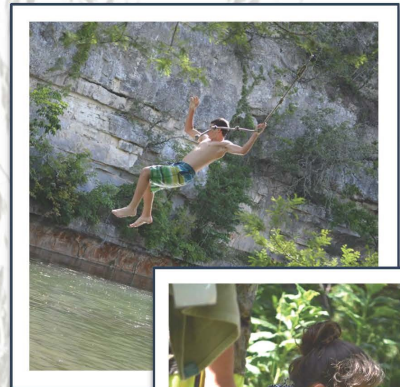
Additionally, youth are trained in the areas of public speaking, advocacy, and leadership, so that they are armed with the knowledge they need to effectively educate others in the area of rangeland management, regardless of the career path they ultimately choose. The workshop is open to youth who are 14-18 years old, and have completed the 8th grade, but have not graduated from high school. .

The workshop is \$350, and includes all meals, lodging, and educational materials needed during the week. Participants are encouraged to seek out sponsorships from various sources, including soil and water conservation districts or local ranches, and are then asked to go back after the workshop to present what they learned to those sponsors.

For questions regarding the workshop, please contact:
Hoyt Seidensticker – (210) 414-6603
Jenny Pluhar – (806) 679-8729
Paul Loeffler – (432) 386-3101

Applications can be found at
<http://www.texasglc.org/media/1070/youth-range-workshop-app.pdf>
and we encourage you to “like” our Facebook page to check out pictures from previous year's workshops!
<https://www.facebook.com/TSSRMYouthRangeWorkshop/>

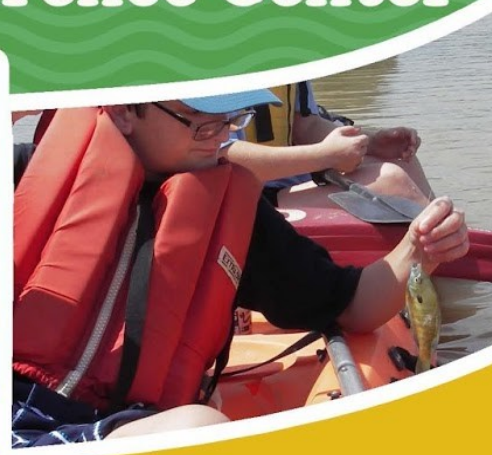
Training tomorrow's leaders today in rangeland management and the stewardship of natural resources.



2016

SUMMER PROGRAMS

Texas 4-H Conference Center



Which camp is for YOU?

CAMP	GRADE	ARRIVAL	DEPARTURE	YOUTH FEE	ADULT FEE
Horizons	4th - 8th	June 27 @ 2 pm	July 1 @ 11 am	\$280	\$135
County Camp I		June 27 @ 2 pm	June 29 @ 11 am	\$180	\$85
County Camp II		June 29 @ 2 pm	July 1 @ 11 am	\$180	\$85
Mission Possible Mentor Training		July 5 @ 2 pm	July 6 @ 2 pm	\$100	
Mission Possible		July 6 @ 2 pm	July 8 @ 3 pm	\$175	\$100
County Camp III		July 6 @ 2 pm	July 8 @ 2 pm	\$190	\$90
Beginner Shooting Sports Camp I		July 11 @ 10 am	July 13 @ 10 am	\$180	\$85
Prime Time Extreme	8th - 11th	July 11 @ 2 pm	July 14 @ 11 am	\$230	\$110
Beginner Shooting Sports Camp II		July 13 @ 2 pm	July 15 @ 2 pm	\$180	\$85
Prime Time I	5th - 8th	July 17 @ 2 pm	July 20 @ 10 am	\$230	\$110
Prime Time II	2nd - 5th	July 20 @ 2 pm	July 23 @ 10 am	\$230	\$110
Fishing Camp	3rd & up	July 25 @ 2 pm	July 27 @ 11 am	\$180	\$85

To register, go to:
Texas4HCenter.tamu.edu
"Camps" page and click on
REGISTER NOW button.

All camp enrollment is based on grade completed in Spring 2016
4-H membership is NOT required to participate in any camp
Pre-order t-shirts
Send a link to friends to register for the same camp
Pay a deposit by June 14th or full amount
Discount for registering by June 14th

PINEY WOODS CONSERVATION ADVENTURE CAMP

TEXAS A&M
AGRI LIFE
EXTENSION

 PRAIRIE VIEW
A&M UNIVERSITY
COLLEGE OF AGRICULTURE
AND HUMAN SCIENCES
Cooperative Extension Program

WHEN

July 12th (noon) - July 15th (1pm)

WHERE

Rayburn Country

2376 Wingate Blvd, Jasper, TX 75951

FEATURING • Hands-on Activities • You Pick your Track •
Recreation time: swimming/shooting range • Spotlight
Counts • Electroshock boat activities • Career Exploration •
Small Class Size • 5-Star Facilities • And Much More...



United States
Department of
Agriculture

ATTENDEES

**4-H MEMBERS
AGE 14 & UP***

*Must have at least 1 year of
high school remaining

REGISTRATION

**\$300 /person
includes meals & lodging**

*No money is to be sent until confirmation
of acceptance is received

SPACE LIMITED

40 PARTICIPANTS TOTAL
20 youth - Wildlife Track
20 youth - Fisheries Track

SPEAKERS

Texas A&M AgriLife Extension

PVAMU Extension

Texas Parks and Wildlife

Texas A&M Forest Service

USDA-NRCS

The Nature Conservancy

Private industry

LIFEGUARD?

If you are a certified
lifeguard, let us know.

You *maybe* eligible for
reduced registration.



Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.



Eli's Fund

A Memorial for
Lance Corporal
Colton Rusk and
Eli, his service dog



November 2015 – June 2016

Eli, a bomb-sniffing military working dog was assigned to US Lance Cpl. Colton Rusk. In December, 2010, Lance Cpl. Rusk was killed by sniper fire in Afghanistan. Eli, ever faithful to his handler was left depressed and alone. He would not leave Lance Cpl. Rusk's cot at the base for several weeks. In February 2011 Lance Cpl. Rusk's family in South Texas was allowed to adopt Eli. The Texas Veterinary Medical Foundation (College of Veterinary Medicine, CVM) has pledged to cover all of Eli's veterinary care for the rest of his life. The CVM established Eli's Fund as a source of financial support for active duty service men and women, medically retired veterans' service animals and retired military animals.

Goal: \$15,000

How to Donate

- From November 2015 through Texas 4-H Roundup in June 2016, Texas 4-H Council challenges all 4-H members and families to financially donate to Eli's Fund.
- 4-H clubs can collect donations, have a bake sale, a car wash or other event; the collected funds would then be donated online

<http://vetmed.tamu.edu/giving/opportunities/elis-fund>

To read more about Lance Cpl. Rusk and Eli

<http://news.nationalgeographic.com/news/2014/05/140523-dogs-war-canines-handler-military-marine-labrador-afghanistan-family-mourn/>

- Tell others about Eli's Fund and encourage them to donate.
- To track the donations made on behalf of Texas 4-H, in the *Additional comments or instructions* box of the online donation form include :
#Texas4H and your County
- All donations go directly to the Texas A&M Foundation. A minimum \$25 donation is required.
- To GIVE NOW, you can scan the QR Code



regard to race, color, sex, religion, national origin, age, disability, genetic information or veteran status.

TEXAS A&M
AGRI LIFE
EXTENSION

Educational programs of the Texas A&M AgriLife

Extension Service are open to all people without



Texas 4-H Council 2015-2016

Darlene Locke dl Locke@ag.tamu.edu 979-845-6533



Healthy Cooking School

Thursday, April 28, 2016
Hill Country Community Foundation Building
402 E. Jackson Street - Burnet, Texas

Doors open at 5:30 p.m.
Cooking School: 6:00—9:00 p.m.

\$15.00 pre-registration by **noon April 28, 2016**
\$20.00 at the door with limited seating available.

For more information, contact Texas A&M AgriLife Extension Service:

Burnet County
512-756-5463

Lampasas County
512-556-8271

All participants will receive high quality menu cards, gift bag, and a chance to win door prizes including a chance to win a useful kitchen small appliance.



Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, national origin, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, US Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.