



Lampasas County 4-H News

October 2016

4-H Clubs & Projects

Lometa 4-H Club

Lometa Club will be meeting on Monday, October 24th, at 6:00 p.m. at the L&M Garden Club. There will be a potluck dinner, so bring a dish to share! Contact: Megan Lusty at 940-507-2079.

Oakalla/Kempner Club

O/K club will have their meeting on October 10th at 6 p.m. at Taylor Creek Elementary School. Bring a dish to share! Program TBD
Contacts: Lisa Jorstad at 254-432-6088 or
charity9900@yahoo.com
or contact Melody Miserlian at 541-227-3256

Sulphur Creek Club

The next Sulphur Creek club meeting will be Tuesday, October 18th at 6:00 p.m. at the showbarn. Potluck meal, everyone bring a dish. Drinks provided. Melody & Ruger Miserlian will be doing a goat presentation.
Contact: Gennifer Brister at 325-330-2895 or nursegen-ny1974@hotmail.com.

County Council/Parent Leader Meeting

There will be a County Council & Parent Leader meeting on Monday, October 17th at 6:00 p.m. at the County Annex. All parents and 4-Hers are invited to attend. Club officers & delegates are expected to attend!

Project Information

4-H Shooting Sports Projects

- **Air Rifle Project** - Next meeting will be Sunday, October 9, at 3:00
Contact: Rusty Calk at 915-478-7681 or rusty.calk@yahoo.com
- **Shotgun Project** - Watch for information in an email and on Facebook or contact Clint Lang at 512-734-1300 or langfam1106@gmail.com.

Rabbit Project

- The next rabbit project meeting will be **October 24th at 6 p.m. at the showbarn**. Contact: Angie Andrews at 512-734-3860

Dog Project

- The Dog Project will have a meeting on October 19th at 6:00 p.m. The meetings will be at Sarah Rugo's house. She has a fenced 1/2 acre to use. Those interested need to contact her for the address. All dogs **MUST have rabies AND current vaccinations. Please bring copies of records.** Contact: Sarah Rugo at 979-627-5511

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2016-2017 4-H Enrollment

It's time to enroll in 4-H! The enrollment fee is \$20 per child until **Oct. 31** where it will increase to **\$25** per child. There are 3 clubs in which to enroll this year - Sulphur Creek Club, Oakalla/Kempner Club, and Lometa Club. Current members will only need to log into their family profile on 4-H

Connect:

<https://texas.4honline.com/Login.aspx?403D4079444C6D387A6E595A2F6F3D>

New members will need to create a family profile.

Halloween Party

The Sulphur Creek 4-H Club will be hosting a Halloween Costume Party on Saturday, October 29th, from 6-9 p.m. at the Showbarn.

All 4-Hers from every club are invited!

Please see the flyer on Page 9 for more information.



Food & Nutrition Project

The next 4-H FOOD & NUTRITION meeting will be Thursdays, beginning **October 6th at 4:00 p.m. in the county annex conference room.**

Practices will be Thursdays from 4-5:30 pm in October & November until contest. Karen DeZarn will pick up from Lampasas schools if requested. Please RSVP. Classes usually held in County Annex conference room or where individuals arrange i.e. class rooms at Lampasas ISD, Lometa, or Kempner.

What is the Food & Nutrition project? The food and nutrition project helps participants learn to make healthy food choices, improve energy and alertness, reduce disease and illness risks, and gain knowledge of nutrients.

Major learning experiences are centered on nutrition, menu planning, food buying, preparation and food safety, careers, and cultural influences. One option is to do a Food & Nutrition poster display. This year's theme, Family Favorites also applies. It can be any dish that families enjoy - made in a more healthy way. Consider family heritage and focus on a dish that represents this. Let the office know if you plan on participating in the Food & Nutrition project by mid-October. The District **Food Show** will be on Thursday, November 17th in Abilene with county entries due to district in early November. Recipes are due to Karen by the end of October. Check the

District-7 website for the format at <http://d74-H.tamu.edu> (under events). Lampasas 4-H is looking for members to be a part of the **4-H Food Challenge** which is similar to TV's Iron Chef. The district Food Challenge contest is in San Angelo during the stock show on January 25th. The District **Nutrition Quiz Bowl** helps 4-H members enhance and demonstrate their knowledge and skills in a competitive setting. <http://fcs.tamu.edu/foodandnutrition/4-hyouth.php> The District Quiz Bowl is November 8th in Coleman.

Paper Clover Drive

Tractor Supply Co. continues to support 4-H with their Paper Clover Program which is one of our main fundraisers each year. This year's program starts October 5th and runs through the 16th. 4-Hers will be selling clovers all throughout the drive but are especially needed on Saturdays of the 8th & 15th. If you can be at our local Tractor Supply Co. to sell paper clovers, please contact

the office and let us know the day(s) and times. We usually go for 2 hour time slots but you are welcome to go longer if you would like.
512-556-8271 ext. 140



Lampasas County Youth Livestock Show Validation Dates/Entry Deadlines

Steers:

Thursday, June 16, 2016: 4:00-6:00 pm (*Atkinson Ranch*)

Heifers:

Tuesday, October 25, 2016: 4:00-6:00 pm (*Showbarn*)

Sheep/Goats

Tuesday, October 25, 2016: 4:00-6:00 pm (*Showbarn*)

Broilers

Orders due by October 1st

Date and time: TBA (*High School*)

County show entry forms and fees due at chick validation/pick-up

Swine

Tuesday, November 22, 2016: 4:00-6:00 pm (*Showbarn*)

Rabbits

Monday, November 28, 2016: 4:00-6:00 pm (*Showbarn*)

Bring registration papers if the rabbits are pedigreed

Ag Mechanics/Food Fair

Entries due by Wednesday, November 30, 2016 (entry forms will be available at the swine validation on November 22)

***All county show entry applications and all fees due by November 30th.

No applications will be accepted after November 30th.

No exceptions!!!

The county stock show catalogue has been sent to all members emails. It is also available online at:

<http://lampasas.agrilife.org/files/2015/06/2017-Livestock-Show-Catalogue-FINAL.pdf>

National 4-H Week Proclamation



On Monday, September 26th, members of the 4-H County Council were on hand at the Lampasas County Commissioners Court to have a proclamation approved declaring October 2-8 as National 4-H Week. Pictured front row from left, Heath Lusty, Sydney Dishman, Kasey Andrews, Emily Hobson-Lusty, Dianne Ledford, & Karen DeZarn. Back row from left were commissioners, Mark Rainwater, Lowell Ivey, County Judge Wayne Boultinghouse, Jim Lindeman, & Bobby Carroll.

Junior Leadership Retreat

The Junior Leadership Retreat is coming up soon! See Page 8 for more information. To sign up, go to: texas4hcenter.tamu.edu

Livestock Judging Practice

Livestock judging practices for this month will be from 4-5 p.m. at the county extension office on October 12th & 19th.

Heifer, Sheep, & Goat Validation

Heifers, Sheep, & Goat validation for the County Stockshow will be Tuesday, October 25th from 4:00 - 6:00 p.m. at the showbarn. Be sure you have enrolled in 4-H and have your Quality Counts Verification number. Validation fees, LCYLS family dues, and entry fees will be paid at this time.

Rabbit Palooza

Lampasas County 4-H will be hosting a rabbit show on November 19th that will be open to all 4-H and FFA students. Please see the flyer on page 10 for more information. You can find the entry form on our website at: <http://lampasas.agrilife.org/4-h-4/> We are asking our 4-Hers for items for a raffle at this event. Please contact Angie Andrews at 512-734-3860 for those donations.



SATURDAY, OCTOBER 8, 2016

The 4-H County Council and Parent Leaders decided to give thank you baskets to our first responders for our One Day 4-H project. At each club meeting in September, we collected items to put in gift baskets to be taken to all county first responders (Lampasas, Kempner, Lometa &

Adamsville Fire, Police, Sheriff, and EMS departments).

Sulphur Creek Club will deliver their baskets on October 7th. Please meet at the Extension office at 4:00 p.m. to the appropriate places.

Lometa Club will meet at the Lometa ISD Football Field on Saturday, October 8th, at noon to

present first responders with their baskets.

Oakalla/Kempner Club will meet on Saturday the 8th at 3:30 p.m. at Kempner Park. They will assemble the baskets and then go on to deliver from there.

Everyone is welcome and encouraged to be involved in this community service project.

Photography Contest

The 2017 Texas 4-H Photography Contest rules are now available. The categories have remained the same for the 2017 contest; however, some of the descriptions have been updated to address questions pertaining to what is allowable in each of the categories.

The County contest for Jr. & Intermediate requires the 8 by 10 photos to be mounted on foam board backing which the office can supply.

The theme this year is: "Reflections". These are photos shot off any natural or artificial reflective surface. A well-executed shot will be able to show perfect symmetry or a slightly distorted shot. Examples of photographs in the theme would be, but not limited to, photos from lakes, a window pane, a mirror, or a polished/wax car. 4-H members are encouraged to be creative when thinking about reflections in everyday life and where they are

seen.

Watch for emails and Facebook postings for November workshop information.

Seniors will submit digital photos directly to state. Entry Period: April 1, 2017 to April 15, 2017 through 4-H CONNECT. be sure to read the rules online at:

Rules can be found online <http://texas4-h.tamu.edu/projects/photography-video/>

Quality Counts

Quality Counts Verification will be a part of the process for entry in all 2016-2017 major & county shows. We will be requiring the Quality Counts Verification Number to be included on the entry forms in order for the exhibitors to show at any of our Junior, Jackpot and Scramble Shows.

This means youth exhibitors will need to demonstrate their knowledge of the Six Pillars of Character and the Eight Core Concepts presented in the Quality Counts Curriculum. **To do this, they will need to pass an online test on the website: <http://qualitycounts.tamu.edu/> and acquire a Quality Counts Verification number.** A Verification number is obtained by answering 80% of the questions correctly on an online test. You will need it when entering majors. If you lose it then you will have to take the test again and get a new number. You will not be allowed to enter without it.

October 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5 6 Paper Clover Drive begins	6 Food project meeting @ 4:00 in con- ference room	7	8 One Day 4-H
9 Air Rifle meeting @3 @ Show- barn	10 Office closed Oakalla/ Kempner Club meeting @ 6 @Taylor Creek School	11	12 Livestock Judging @4 @ co. office	13 Food project meeting @ 4:00 in con- ference room	14	15
16 Paper Clo- ver Drive ends	17 County Council meeting @ 6 @ county annex	18 Sulphur Creek Club meeting @ 6 @ Showbarn	19 Livestock Judging @4 @ co. office *Dog Project meeting @ 6 @ Sara Rugo's	20 Food project meeting @ 4:00 in con- ference room	21	22
23	24 Lometa Club meeting @ 6 @ Gar- den Club *Rabbit Meet- ing @ 6 @showbarn	25 Sheep, goat, & heifer Valida- tion from 4-6 @ showbarn	26	27 Food project meeting @ 4:00 in con- ference room	28	29 Halloween Party from 6-9 @ Showbarn
30	31					

TEXAS A&M AGRI LIFE EXTENSION

Lampasas County Extension Office,
P.O. Box 231, Lampasas, TX 76550
(512) 556-8271, x140
E-mail: lampasas-tx@tamu.edu
Home Page: <http://lampasas-tx.tamu.edu>



FACEBOOK Check out
Lampasas 4-H on Facebook.
Become a friend!
[http://www.facebook.com/
groups/199928750048104](http://www.facebook.com/groups/199928750048104)



4-H motto: To Make The Best Better

Lampasas County 4-H is readily available on the internet Below are links to many sites you may find useful.

***Lampasas County Extension website—<http://lampasas.agrilife.org/>**

***Texas 4-H website—<http://texas4-h.tamu.edu/>**

*Use this link to learn all about state 4-H programs & find publications
(project guides, record keeping information, etc.)*

***State 4-H registration page, 4-H Connect—<https://texas.4honline.com/>**

***National 4-H site including the 4-H mall—<http://4-h.org/>**

***Clothing & Textiles Packet—**

<http://fcs.tamu.edu/clothing/4h/packet/index.php>

***Share the Fun Information—<http://texas4-h.tamu.edu/events/roundup/>**

***District 7 4-H Events— <http://d74-h.tamu.edu/>**

***4-H Shooting Sports— http://texas4-h.tamu.edu/project_shooting/**

***4-H Round-Up— <http://texas4-h.tamu.edu/youth/roundup/index.php>**

***Leaders 4 Life— http://texas4-h.tamu.edu/project_leadership/leaders**

***Better Living for Texans—**

<https://www.facebook.com/BetterLivingForTexansLampasasCounty>

***Texas 4-H Conference Center—<http://texas4hcenter.tamu.edu/>**

Will You Be a 4-H Member in Good Standing?

* Select one or more projects for
in-depth study

* Record what you learn (record
book)

Attends meetings regularly and is
an active participant

* Completes a community service
project (or becomes involved in a
group community service project)

* Participates in some form of pub-
lic presentation

* If you are elected as a club officer
completes duties expected of that
office

Parents please support your chil-
dren to complete these expecta-
tions and volunteer to help at club
and/or project meetings with such
things as supplying drinks, snacks
and/or activities. Volunteers are
needed for project management
and new club management. Con-
tact Heath or Karen if interested.

JUNIOR LEADERSHIP RETREAT

NOV. 11-13



ABOUT JLR

Junior Leadership Retreat is designed for kids between the ages of 8 and 14 to learn to lead. All programming is led by Texas Council members. This year's theme is Under the Sea.



EDUCATIONAL SESSIONS

- Leadership
- Food Challenge
- STEM Lab
- Dance Culture

COST AND REGISTRATION

Cost is \$120

Sign up at
texas4hcenter.tamu.edu



TEXAS A&M
AGRI LIFE
EXTENSION

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity.

★ ★ ★
You're Invited
To a Screamin' Fun 4H CLUB
HALLOWEEN
COSTUME PARTY



Saturday
October 29th
6PM - 8PM

LCLA SHOW BARN

GAMES FOOD FUN

ALL clubs invited!!!

For More Info:

Gennifer Brister 325.330.2895

RabbitPalooza

NON-SANCTIONED YOUTH RABBIT SHOW

SPONSORED BY LAMPASAS COUNTY 4-H

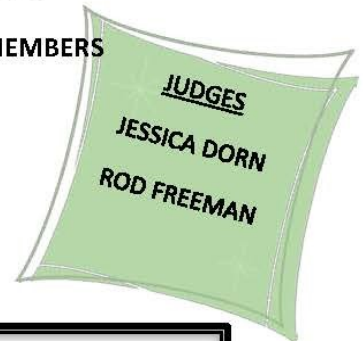


OPEN TO ALL CLOVER KIDS (SHOWMANSHIP ONLY), 4-H, AND FFA MEMBERS

NOVEMBER 19, 2016

LAMPASAS COUNTY YOUTH LIVESTOCK CENTER

283 N Hwy 183
LAMPASAS, TEXAS 76550



BARN OPENS AT 6:30 AM CHECK IN AT 7:00 AM JUDGING STARTS AT 9:00 AM

SHOWMANSHIP WILL START AT 8:00 AM (REGISTER BY 7:30 AM) WITH CLOVER KIDS AGE DIVISION

EARLY ENTRY SHOW/NO COMMENT CARD SHOW ONLY: ALL ENTRIES MUST BE POST MARKED BY NOVEMBER 1ST.

Mail Entries and payment to:

Lampasas County 4-H

409 S. Pecan Suite 102, Lampasas, Texas 76550

ENTRY FEES:

\$5 PER RABBIT (No limit)

2 FREE SUBSTITUTIONS: \$3 a SUBSTITUTION AFTER THAT

Email Substitutions to megan.lusty83@gmail.com

AWARDS:

Best in Show: Embroidered Chair

Reserve in Show: Embroidered Chair

2nd Reserve in Show: Embroidered Chair

BOB and BOSB: Rosettes

1st thru 3rd place class winning receive ribbons

FOR MORE INFORMATION CONTACT:

ANGIE ANDREWS** 512-734-3860** angie.andrews02@gmail.com



OCTOBER 2016

District 7 4H Photography October Newsletter

4Hers, Fall is right upon us along with a new Photography year. Fall is a season of pumpkins, football, family, & camera clicking! This is a wonderful time of year to capture images that are seasonal and heartwarming.



Fall Photo Ideas

- Family Gatherings
- Sport activities
- Food (pies, turkey, or cobbler)
- Nature changing seasons
- Scarecrows
- Hay rides

Upcoming Dates, Competitions, & News:

- National Geographic International
Photography Contest 2016 for Kids
(site) kids.nationalgeographic.com
Deadline: October 15



Meet the 2016- 2017 District 7 4H Photography Committee

Chairman:

Kaitlyn Callaway

County: Taylor

Years in 4H: 4

Personal Photo

Inspiration:

Livestock, sports,
ranching lifestyle,
& people.

Vice Chairman:

Kasi Andrews

County: Lampasas

Years in 4H: 3

Personal Photo

Inspiration:

Nature & animals.

Secretary:

Cheyenne

Martinez

County: Menard

Years in 4H: 10

Personal Photo

Inspiration:

Nature & animals

For more information
about the 4H
Photography project,
contact your county
extension office.



GAK CAMP

GRANDPARENTS AND KIDS

OCTOBER 21-23, 2016

WHAT IS GAK CAMP?

GAK Camp is a brand new program designed as a retreat for grandparents and kids to connect on a new level. Activities are geared towards bonding and communication between the generations.



HOW TO REGISTER

texas4hcenter.tamu.edu

or

click the "sign up" button on our Facebook page:

Texas 4-H Center - Lake Brownwood

COST

\$120 per person - dorm lodging

\$150 per person - hotel-style lodging



Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in this program are encouraged to contact the Texas 4-H Center to determine how reasonable accommodations can be made. Educational programs of the Texas A&M AgriLife Extension are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status. The Texas A&M University System, The United States Department of Agriculture and the County Commissioners Courts of Texas cooperating.